



Trevor Jefferies

Osteopathy is Trevor Jefferies' second career. He worked first in telecommunications engineering and its management and then started studying osteopathy in 1994, graduating in 1998.

Trevor worked in private practice in locations around Kent and Sussex, both as a sole practitioner and as an associate in several practices, multi-disciplinary and purely osteopathic.

He was a volunteer at the Osteopathic Centre for Children before becoming involved in osteopathic education. This involvement gradually increased, and he is now a full-time senior lecturer and clinic team leader at the University College of Osteopathy (formerly the British School of Osteopathy). As well as clinical supervision, the role includes teaching diagnostic clinical procedures and reasoning, supervising research dissertations, teaching osteopathic technique, and clinical competence assessments.

Trevor also runs a demonstration clinic and uses a variety of osteopathic treatment modalities including structural, visceral and cranial approaches on both adults and children.