

the osteopath

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CPD: using patient feedback

"It's nice to know that my approach is appreciated by my patients"

How to handle complaints

Plus report reveals main causes of complaints

Osteopathic Practice Standards

What do you think of the draft updated standards?

PLUS How NCOR can support your professional development



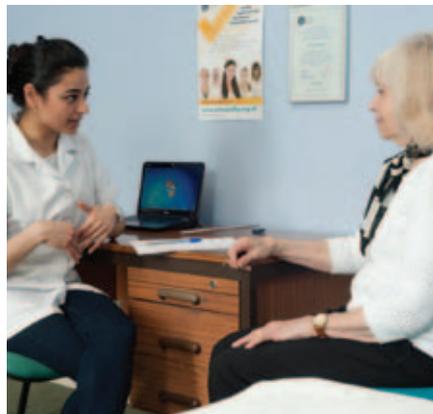
General
Osteopathic
Council

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Will the updated *Osteopathic Practice Standards* be easier for you to use in practice? Do you like the structure and is the content clear? Is anything missing? This is your chance to have your say before the updated standards are published next year. You can comment as much or as little as you want but we do want to hear from you now. Find out more about the consultation and how to take part on pages 8-10.

Handling complaints effectively can stop them from escalating and you may even learn things from your patients that can help to improve your practice, during the process. Turn to page 16 for tips and resources to help you deal with complaints and improve communication. While in GOsC's annual complaints report on page 14, you can find out about the most common causes of complaints to the GOsC and how they were dealt with.

In our Countdown to new CPD series, osteopath Maria Hayes shares her account of how she gathered patient feedback and used the information to enhance her patients' experience (page 11).

Have you checked out the new CPD website (cpd.osteopathy.org.uk) yet? You'll find information about the new CPD scheme and lots of resources, FAQs, case studies, templates and worked up examples, to help you prepare.

Did you know that the National Council for Research (NCOR) team facilitates research hub meetings round the UK and gives talks at regional osteopathy groups? Find out what else NCOR does and how its work can support your CPD and professional development on page 18.

We hope you enjoy reading this edition and welcome your feedback.

**Clare Conley
Managing Editor**

Email: editor@osteopathy.org.uk

Consultation on *Osteopathic Practice Standards*: see page 8

OPS

the osteopath

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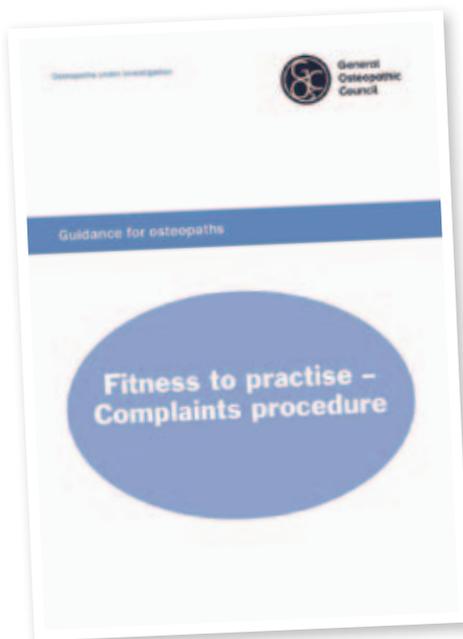
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New guides for osteopaths under investigation

Two new guidance booklets explaining the fitness to practise complaints procedure and detailed guidance about preparing for and attending a hearing, are now available online.

While the GOsC's core objective is to protect patients, an important part of that role is providing support and information to osteopaths under investigation in our fitness to practise procedures. The two 'osteopaths under

investigation' booklets have been produced, incorporating feedback, from a three-month consultation held earlier this year.



- 1. Fitness to practise – Complaints procedure:** explains the GOsC's fitness to practise procedures generally and sets out what an osteopath needs to do if a complaint is made about them. This booklet will be provided to osteopaths at the point they are notified of a complaint. See: bit.ly/gosc-ftp-complaints-procedure
- 2. Hearings guidance for osteopaths:** contains detailed guidance about preparing for and attending a hearing. It will be provided to osteopaths if their case is referred for a hearing. See: bit.ly/gosc-ftp-hearings-guidance-osteopaths

The GOsC consults on 'consensual disposal' of complaints

We are inviting views on updated guidance on the circumstances when fitness to practise cases can be concluded by agreement following the investigation stage of a complaint, without going to a full hearing. This process is referred to as 'consensual disposal'.

Consensual disposal is an alternative to referring a case forward for a full hearing, where the Professional Conduct Committee has reviewed the evidence and considers that the complaint should be dealt with by admonishing the osteopath. In some instances, this may be

considered to be the most appropriate and proportionate way of dealing with a complaint.

The updated guidance, designed for use by fitness to practise committees, is set out in draft Professional Conduct Committee Practice Note: Consensual Disposal: Rule 8. It explains the procedure to follow and criteria to be used in order to identify those cases suitable for consideration for consensual disposal. Examples of cases which are unlikely to be, or may not be, appropriate for consensual disposal are also provided.

While we are asking some specific

questions that we would like responses to, any comments on the draft Practice Note are welcome. All feedback will be taken into consideration.

The consultation runs until 4 September 2017. To take part, go to our consultations page:

bit.ly/Consensual-disposal-consultation

Hung Parliament puts regulation reform in doubt

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The outcome of the General Election on 8 June 2017 has put the prospect of early reform of healthcare professional regulation in doubt (see *the osteopath* April/May 2017 at gosc.org.uk/theosteopathmagazine).

The Conservative manifesto at the election included a pledge to 'legislate to reform and rationalise the current outdated system of professional regulation of healthcare professions'. However, there was no mention of such legislation in the Queen's Speech on 21 June 2017, setting out the Government's legislative programme for the next two years.

All of the healthcare regulators have been pressing the Government to introduce reforms which would streamline regulatory processes and make them more efficient and effective.

Although the prospect of primary legislation affecting *the Osteopaths Act* is on the back burner, the GOsC will be working with the Department of Health (England) to seek changes to its statutory rules to improve its processes for the benefit of registrants and patients.

The GOsC passes professional standards review

The GOsC has been given a clean bill of health for its work as a regulator for the seventh year in succession by the Professional Standards Authority for Health and Social Care (PSA).

The PSA is the body that sets standards for healthcare professional regulators and carries out an annual review of their performance, which it then reports to Parliament. It also audits the outcome of every GOsC fitness to practise hearing and oversees the process of appointments to all regulators' councils.

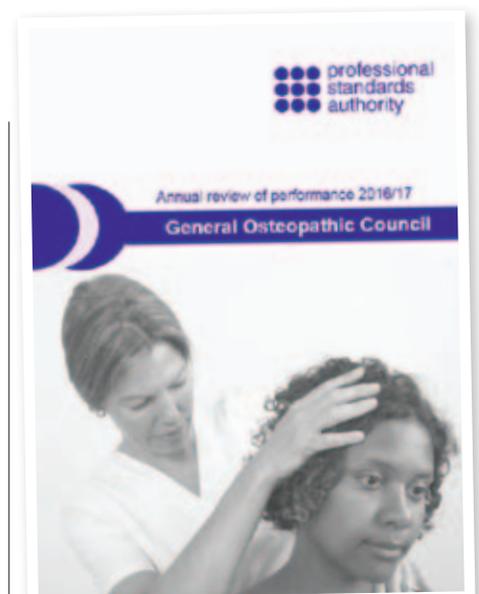
In its assessment of the GOsC, the PSA highlighted in positive terms a number of areas of our work, including:

- Our approach to the review of the *Osteopathic Practice Standards*
- The publication of new student fitness to practise guidance

- Further progress towards the implementation of our new CPD scheme
- Our new Guidance on Drafting Determinations
- Development of new Complaints and Hearings Guidance for Registrants

Tim Walker, the GOsC's Chief Executive, welcomed the report, saying: "We are pleased that the PSA has recognised the important work we have done to continue to protect the public and promote confidence in standards of osteopathic practice."

 You can read the full report of the PSA's 2016-17 Performance Review on the GOsC at: bit.ly/PSA-gosc-report2016-17



 professional standards authority

Marjon course clears final hurdle

The new osteopathy course at the University of St Mark and St John (Marjon) at Plymouth has obtained approval from the GOsC Council and will now be formally recognised by the Privy Council.

Marjon will be delivering a four-year full-time and a six-year part-time Master's programme in osteopathy, with the first students enrolling in September 2017. It is the first course to be recognised at a new provider since 2011.

Speaking after a recent visit to Marjon, Tim Walker, the GOsC Chief Executive, said: "I was really impressed to see the facilities at Marjon and to meet everyone who has been working hard to ensure that the course can commence this autumn. We welcome the establishment of this new programme and wish them every success."

i See: www.marjon.ac.uk/courses/osteopathic-medicine-degree/



Learn more about emerging models at iO Convention 2017

Emerging Models' is the main theme for the Institute of Osteopathy's (iO) Convention, 20-22 October, in London.

A day of presentations and panel discussions on Saturday 21 October will explore how osteopaths can move beyond the limitations of the mechanical model, and the possibilities that open up for patients and practice when this happens.

Workshop subjects will include: emerging models of pain; biomechanics and rehab, and the latest research illuminating Still and Littlejohn's approaches.

The iO says that each session is designed to bring osteopaths up to date with the latest developments and to empower them with the tools to put it into practice.

You can book a place now for the convention, which will be held at Grange St Paul's Hotel, near St Paul's Cathedral, for the same price as last year's convention, at: www.osteopathy.org/convention-2017

The iO is also calling for nominations for its annual awards, which will be announced at the gala dinner and awards ceremony in the evening of Saturday 21 October, at the iO 2017 Convention. All

shortlisted nominees will be invited to the event.

You can make as many nominations as you want by the closing date of 25 August 2017, in the following categories:

- Principal of the Year
- Associate of the Year
- Research in Practice Award
- Communities of Practice Award
- Practice of the Year

i You can find more information about the categories and make nominations at: www.osteopathy.org/the-io-annual-awards/



Leadership and mentoring projects move forward

Two Osteopathic Development Group (ODG) projects are in full swing this summer with a new cohort joining the Leadership Programme and a pilot taking place of the new Mentoring Programme for recent graduates.

The Leadership Programme (bit.ly/odg-leadership-programme) is now in its third year and on 24 June, 19 osteopaths attended the programme's first workshop at Osteopathy House in London. Over the summer they will be working together, looking at leadership priorities for the osteopathy profession and completing a 25-hour elearning leadership course with the Open University, before a final workshop in the autumn.

By the end of this third year, nearly 60 osteopaths (more than one per cent of the profession) will have participated in the Leadership Programme. Towards the end of the year, the ODG Board will consider whether to continue the programme in future and in what form.

Another of the ODG's projects that



is coming to fruition this year is around mentoring for new and recent graduates (bit.ly/odg-mentoring). A team from the GOsC, the iO and the osteopathic educational institutions, has developed a mentoring toolkit for osteopaths, which contains guidance on being an effective mentor and, in particular, giving feedback to mentees.

This toolkit is being piloted by nearly 30 osteopath mentors (and their mentees) over the next six months, after they received an introduction to mentoring from the ODG team. Their feedback will be used to refine the toolkit, which will then be made available online for wider use within the osteopathic profession.

Call for patients to share views in consultation on updated OPS

Do you know any patients who would like to share their views in the consultation on the draft updated *Osteopathic Practice Standards* (OPS)?

We have updated the OPS, using feedback from the call to evidence review in 2016, to make them easier to use in practice and to ensure that they work to benefit both osteopaths and patients (see page 8-10 for full details of the consultation). We are now carrying out the final consultation on the updated OPS, before they come into effect as the

new standards for the profession.

We are looking for patients to take part in a patient focus group on 14 September at the GOsC head office in London, from 6pm until 7.30pm. Reasonable



expenses will be paid and participants will be offered a £25 retail voucher to thank them for their time. If you know any patients who would like to take part, please ask them to contact Stacey Towle on stowle@osteopathy.org.uk or call 020 7357 6655 x257.

Patients can also share their views on the main OPS consultation website, where osteopaths and other interested parties can give feedback too, at: standards.osteopathy.org.uk The consultation runs from 1 August to 31 October 2017.

Tell us what you think of the revised *Osteopathic Practice Standards*

We have updated the *Osteopathic Practice Standards* to make them easier to use in practice. We are now carrying out the final consultation before we publish the revised standards, and welcome your feedback

We have updated the *Osteopathic Practice Standards* using information gathered from a call to evidence review in 2016. The review did not intend to radically change the standards but, rather, aimed to reduce unnecessary repetition, enhance clarity and generally support effective application in practice. We are carrying out the final consultation on the draft updated standards from 1 August to 31 October 2017 on our dedicated website at: standards.osteopathy.org.uk. We'll tell you more about how you can feed back at the end of this article.

Here is the background to explain how we got to this point and what happens next:

Why have the *Osteopathic Practice Standards* been reviewed?

The current *Osteopathic Practice Standards* (OPS) were introduced in 2012. It's good practice to review standards regularly to ensure that they remain

relevant and to reflect any changes in contemporary healthcare, research, regulation, or changes in the law. For example, The Montgomery Judgment in 2015 now requires all health professionals to have a dialogue with patients to make sure that they have all the information they want and need, to make a decision about their care (cpd.osteopathy.org.uk/resource/what-is-valid-consent/). There are now more explicit requirements of healthcare professionals in relation to the duty of candour – telling patients when things go wrong (bit.ly/gosc-duty-of-candour). These need to be reflected in the standards.

How did we gather feedback to update the *Osteopathic Practice Standards*?

We want to ensure that the views of osteopaths are taken into account at each stage. So we started the process with a call for evidence in 2016 inviting osteopaths and other interested parties, to comment on the current *Osteopathic Practice Standards*. We also listened to a range of stakeholders including: the osteopathic

educational institutions; the Institute of Osteopathy (iO) and local osteopathic groups. The four key questions we asked were:

- Which standards could be presented and explained more clearly?
- Which standards might hinder rather than support good osteopathic practice?
- Are there any areas not covered that would benefit osteopaths, patients and the public?
- Does the guidance that supports the standards need to be clarified?

In addition, we reviewed the standards of the other UK healthcare regulators to see how the OPS compared to them. And research that we commissioned, exploring osteopaths' views on compliance with standards in practice¹, also gave helpful insights into the views of osteopaths in relation to the implementation of standards in practice.

How was this feedback used?

There has been broad input into the review process from across the profession. With the feedback and evidence received, we



have worked with a Stakeholder Reference Group involving the profession and patients, to develop the updated *Osteopathic Practice Standards* for consultation.

What are the main revisions to the *Osteopathic Practice Standards*?

While feedback indicated that many osteopaths are generally supportive of the standards and broadly happy with them, the call to evidence also revealed some areas that could be improved. Too much repetition and a lack of clarity at some points within the current standards were identified by many respondents. And some felt that this potentially made some of the standards difficult to navigate, understand and apply with confidence.

The four existing themes of the *Osteopathic Practice Standards* have been retained, but the introductory statements have been revised to make them clearer.

We've reduced the number of standards from 37 to 29. This has been done by combining some standards into one revised standard, or moving some of the current standards into guidance where



'It's good practice to review standards regularly to reflect any changes in contemporary healthcare, research, regulation, or changes in the law'

this seemed appropriate. We have also reviewed the supporting guidance in relation to each standard to ensure that this adequately supports the standard. Some of the standards have been moved into a different theme – for example, from ‘Professionalism’ to ‘Safety and quality in practice’ – where this better reflected the intent of the standard.

We have revised guidance around consent (updated A4), boundaries (updated D2), and management of patient records and information (updated D5). There is now a specific standard relating to the duty of candour (updated D3), and we have altered the wording of some standards so that their meaning is clearer. We have combined the current B1 and B2 standards in relation to the knowledge and skills required to be an osteopath. This means that references to osteopathic philosophy, principles and concepts of health are now

contained within the guidance to the updated B1, rather than in a standard.

In the current *Osteopathic Practice Standards*, the Standards of Proficiency and Code of Practice were presented within one document for the first time, although they are separately differentiated. In the updated consultation version, we have taken this a stage further by having one set of standards which represents both the Standards of Proficiency and Code of Practice at the same time.

1 See: bit.ly/research-effective-regulation

‘We’ve reduced the number of standards from 37 to 29’



‘There is now a specific standard relating to the duty of candour’

Share your views in the consultation

From 1 August until 31 October we will be seeking feedback on the proposed changes to the *Osteopathic Practice Standards* via:

- Our consultation website at: standards.osteopathy.org.uk
- You can also share your comments via email to: standards@osteopathy.org.uk
- Or fill in and post a paper consultation response form.

We would welcome any comments you have on the updated standards, but have set out specific questions on the website, particularly:

- Is the content easy to use and clear?
- Do you like the structure of the standards and the location of standards within the four themes?
- Will the updated guidance help you to implement the standards in practice?
- Is anything missing?

Any feedback that you are able to give – you can send short bullet points or more in-depth comments – will help us to ensure that we produce an effective set of standards that works across the profession to ensure and enhance the safety and well-being of patients.

We’re planning a range of activities during the consultation period with various stakeholder organisations, groups and individuals in order to get as much feedback as possible.

Feeding back could count for your CPD

Taking part in this consultation provides an opportunity to become more familiar with the updated standards, and could also count towards CPD in your current CPD year. In the new CPD scheme, to be implemented from autumn 2018, you will need to demonstrate how your CPD activities map to the themes of the *Osteopathic Practice Standards* in place at the time, so looking at them early provides a great preparation for the new CPD scheme. Why not discuss the updated standards with colleagues in your local society or practice and send in a group response?

When will the new standards come into force?

Once the consultation is over, we will review all feedback received, and with input from the Stakeholder Reference Group, will produce a final version for approval by Council, and publication during 2018.

The final updated standards will come into effect in 2019, a year after they are first published.

What do your patients really think?



Maria Hayes: exploring the benefits of patient feedback

BSc(Hons)Ost PG Dip Med Ed

Maria qualified from the London School of Osteopathy (LSO) in 2004. She now has a clinic in London and is also a clinic tutor and teacher at the LSO.

Gathering feedback can help you learn more about your patients and your practice

You'll need to include at least one 'objective activity', which involves providing feedback from others on your practice, in the CPD scheme that will be introduced from autumn 2018. Gathering patient feedback is a good way to do this and groups of 'Early Adopters' – osteopaths who have volunteered to try out the new elements of the new CPD scheme – have been looking at ways to gather feedback. The aim is to explore your practice from different perspectives and then show how you've used this feedback to improve patient care. Early Adopter, Maria Hayes, shares her experience.

"I joined nine other osteopaths from around the UK for a series of four webinars led by the GOsC's Professional Standards team. The group discussed:

- why feedback is essential to us as primary healthcare practitioners
- possible areas of practice we need feedback on
- how we can obtain feedback and
- what we can do with the feedback we collect.

Some members of the group had never formally collected patient feedback and were apprehensive about aspects

"I decided to focus on getting feedback that would give me a better understanding of my ability to communicate in a way that developed and encouraged a two-way relationship throughout the therapeutic encounter"

of the process – from the practicalities of designing a form, to how to manage negative feedback.

However, through collective discussion, we recognised the value of feedback from patients to monitor our performance across all aspects of our interactions with patients. This can include: the booking process; the premises and equipment; provision of treatment and advice; devising a management plan for each patient, and the important communication skills.

Paper or electronic?

Various methods of information collection were discussed, with much debate over collecting feedback electronically or using paper-based methods. As patients often have very busy schedules, we wanted to take this into account when deciding how to distribute feedback questionnaires to obtain the most replies.

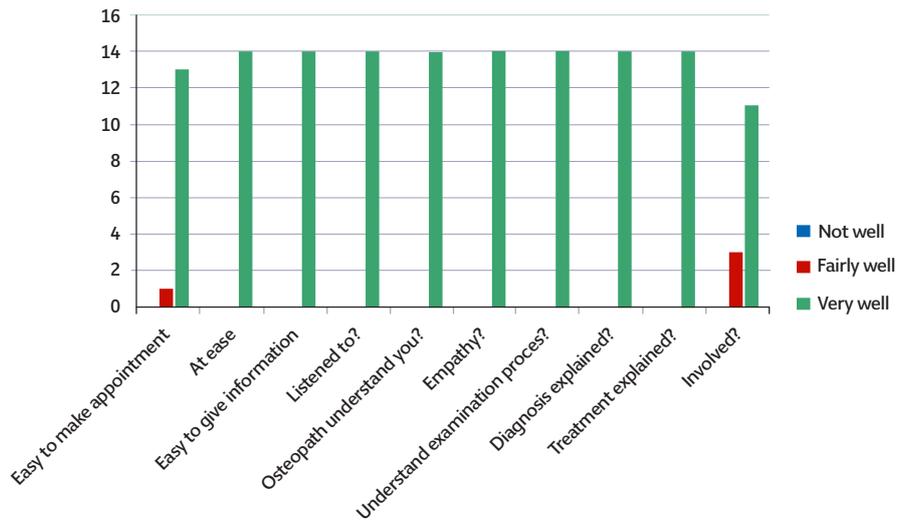
We also talked about how the *Osteopathic Practice Standards* (OPS) could provide a good starting point to guide which questions to ask our patients to enable us to assess the quality of our performance.

Identifying a focus for feedback

I decided to focus on seeking feedback that would give me a better understanding of my ability to communicate in a way that developed and encouraged a two-way relationship throughout the therapeutic encounter. I developed 13 questions, based on the OPS relating to Communication and Patient Partnership. The first 10 gave tick box scales – not very well, fairly well and very well – while the last three questions asked for comments.

I included an explanatory paragraph at the start of the questionnaire: 'It is

Questionnaire results



The 10 tick-box questions were:

1. Did you find it easy to make an appointment at this clinic?
2. Did you feel you were made comfortable and at ease during the consultation?
3. Did you find that you were easily able to give the osteopath all the information you wanted to?
4. Did you think that the osteopath listened to you?
5. How well did you think the osteopath understood the information you gave?
6. How well did the osteopath demonstrate empathy towards you?
7. How well was the physical examination explained to you, so you understood the process?
8. How well was the diagnosis explained to you in a way that you understood?
9. How well were the treatment techniques explained to you?
10. Did you feel you were involved in decision-making throughout the consultation?

important to me that I ensure that I continually review and enhance your experiences as a patient. Using the questionnaire below, please tell me about your experiences in this clinic. The information that you provide will be anonymous and will be used to enhance practice in the clinic'. I also prepared a Patient Information Sheet explaining this and thanking patients for taking the time to respond, which I handed out with the questionnaires.

Distributing questionnaires

I printed out questionnaires on A4 paper, plus separate Patient Information Sheets, then inserted one of each into an envelope with a stamped addressed envelope to my practice. Over the course of one working day, I gave them out to 14 of my patients.

Over a period of two to three weeks, I received 100 per cent response from those 14 patients and compiled the results of the survey into a simple bar chart (see above).

Comments from patients

It was also interesting to read the comments made by patients in answers to Q11-13, which included:

Q11. What did you like about your osteopathic consultation?

“Caring manner. Her knowledge of anatomy and physiology is excellent. She is creative in her treatment techniques.”

“I feel very physically and emotionally comfortable during the sessions and feel that Maria is very involved in her work.”

“Extensive knowledge. Continual explanation of adjustments. Homework!”



Q12. Was there anything which could have improved your osteopathic consultation?

“I would love to take away a sheet with some exercises I could do to keep my back more mobile.”

“Small point – but daylight in the treatment room would be preferable.”

“Sometimes previous sessions can over run if people are late.”



Q13. Any other comments?

“I very much appreciate the reduced fee for the session.”

“It would be nice to have quicker access (i.e. if more slots were available).”

“A very personable and professional practice. I have no hesitation in recommending this service to others.”

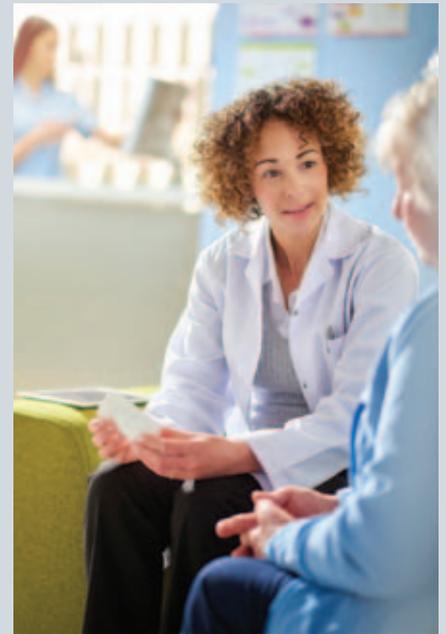


How will I use the feedback?

This was the first time I have formally sought feedback from my patients and I found it to be an extremely useful and informative process. It is nice to know that my approach to

practice is appreciated by my patients and I've also reflected on the information gathered, in order to plan steps to improve certain aspects to enhance their experiences.

For example, based on the feedback,



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which suggested that patients would like to take away print-outs of exercises to do at home, I have started to compile a series of exercises. This requires careful consideration as treatment and rehabilitation needs to be specifically tailored to the individual, rather than just providing a generic set of exercises.

I also plan to produce and distribute a further questionnaire in 6-8 months, to ensure the changes I make produce positive feedback. I would highly recommend this aspect of CPD as it has illustrated how important it is to have a dialogue with patients in order to improve practices and continue to develop our professional approach.”

Find out more about gathering patient feedback:

- The CPD in Action part of the new CPD website has information about how to collect patient feedback including; examples of forms; analysis templates, and worked-up examples, at: bit.ly/cpd-objective-activity
- In Thought Pieces in the CPD Connect section of the new CPD website, other osteopaths share their experiences of the patient feedback process and you can also read about the patient perspective, at: bit.ly/cpd-thought-pieces

Considering complaints

Our annual fitness to practise report shows the main causes of complaints and how they were dealt with

Many cases, complaints or concerns can be dealt with at a practice level – see pages 16-17 for information and advice on communication and handling complaints. However, if it's not possible to resolve at this level, or the nature of the complaint is very serious, the GOsC has processes in place to deal with this. You can find more information on the complaints process at:

bit.ly/gosc-complaints-process

The most common causes of complaints from patients during the year 1 April 2016-31 March 2017 were about: transgressions of boundaries; communication; behaviour issues; concerns about treatment, and we also had a large number of concerns about advertising reported to us.

How are complaints handled by the GOsC?

1. Screening

When we receive a concern, we carry out an initial assessment to identify whether this is something we can investigate. A 'Screener', who is an osteopathic member of the Investigating Committee, reviews the concern and decides if the Investigating Committee has the power to investigate the concern. In reaching this decision, the Screener will consider whether the concern falls into one of the following four categories:

- unacceptable professional conduct
- professional incompetence
- convictions for relevant criminal activities
- health matters that may seriously impair an osteopath's ability to practise

If the concern does fall into one or more of these categories, it's referred to the Investigating Committee.

2. Investigating

At this stage, we write to the osteopath to inform them that a complaint has been made against them and invite them to respond to it. In most cases, we then disclose the response from the osteopath to the complainant and invite their comment.

The Investigating Committee (IC)

meets to consider the case in private and will reach a decision on the papers. The Committee is assisted by a Legal Assessor who provides advice on the law. If the Committee decides that the osteopath has a case to answer, it refers the case on to be heard by either or both of the following Committees, which are each made up of osteopaths and lay members:

- **The Professional Conduct Committee (PCC)** hears cases that involve allegations against an osteopath's conduct or competence, or a criminal conviction.



- **The Health Committee (HC)** considers cases involving an osteopaths' physical or mental health, which may affect their ability to practise.

Considering complaints

Over the year, the Investigating Committee met eight times and reached the following decisions:

| IC Decisions | Number of cases |
|------------------------|-----------------|
| No case to answer | 15 |
| Referred to PCC | 40 |
| Referred to HC | 1 |
| Referred to PCC and HC | 0 |

Hearings

The PCC made the following decisions in 2016-2017:

| Decision/sanction | Number of cases |
|------------------------|-----------------|
| Not proved | 12 |
| Admonishment | 9 |
| Conditions of practice | 1 |
| Suspension | 1 |
| Removal | 4 |
| Total | 27 |

What were the main causes of concerns we received?

106 concerns about advertising

During 2016-17 we received 106 concerns about advertising, which is less than half the number received in 2015-16. The advertising concerns related to the content of information contained on osteopaths' websites. By the end of March 2017, 94 per cent of those received had been closed as they did not meet the threshold of unacceptable professional conduct. At the end of the review period only two cases were awaiting review by a 'screener'. Ten of the 106 complaints were screened in and were referred for consideration by the Investigating Committee.

We wrote to all registrants with information about the new advertising guidance, in relation to marketing claims for treating pregnant women, children and babies, by the Advertising Standards Authority (ASA) and their associated

Committee of Advertising Practice (CAP), last November. You can read more about this and how all the information you provide to patients on your website, in practice literature, and via social media, service directories and marketing material must comply with the *Osteopathic Practice Standards*, on the **o** zone at: bit.ly/ozone-advertising

Which cases resulted in sanctions?

Removal from the Register

The Professional Conduct Committee (PCC) determined that the concerns about four osteopaths were so serious that removal from the Register was required to ensure public protection and confidence in the profession of osteopathy.

Two cases concerned the transgression of professional boundaries and sexually motivated behaviour. In both cases, the Committees were satisfied that the registrants' conduct and behaviour was: 'fundamentally incompatible with continued registration'.

Another case involved the conduct and behaviour of a registrant who sent abusive and threatening correspondence to the GOsC. The Committee determined that the registrant demonstrated a deep-seated attitudinal problem and a serious and persistent lack of insight.

The final case concerned a conviction for fraud which the Committee concluded undermined public confidence in the profession and brought it into disrepute. The Committee noted the registrant was guilty of serious dishonesty and his failure to demonstrate a lack of insight and remorse was incompatible with continued registration.

Suspension from the Register

During 2016-17 there was just one case where it was decided that a suspension from the Register was sufficient to protect the public. The case concerned a failure to obtain and maintain indemnity insurance cover as required by Rule 3 of the GOsC (Professional Indemnity Insurance) Rules 1998, and a failure to engage with the GOsC investigation. The Committee decided that these were both serious matters and, due to the continued risk of repetition, the registrant was suspended for four months.

How quickly did we deal with complaints?



*Median figure from receipt of formal complaint to decision across all cases considered by the Committee for the year ending 31 March 2017.

We continue to receive a number of concerns about professional indemnity insurance (PII). If you are a practising osteopath you are required by law to have appropriate professional indemnity insurance in place at all times, without any breaks where you're not covered – Section 37 of the *Osteopaths Act* states that a failure to comply with the indemnity requirements constitutes unacceptable professional conduct.

Conditions of practice imposed

The Committee also imposed conditions of practice on one osteopath in 2016-17 due to record keeping and consent concerns. Due to the registrant's insight and previous good character, the Committee imposed

conditions for six months. However, following a review hearing, the original conditions were varied and extended for a further six months.

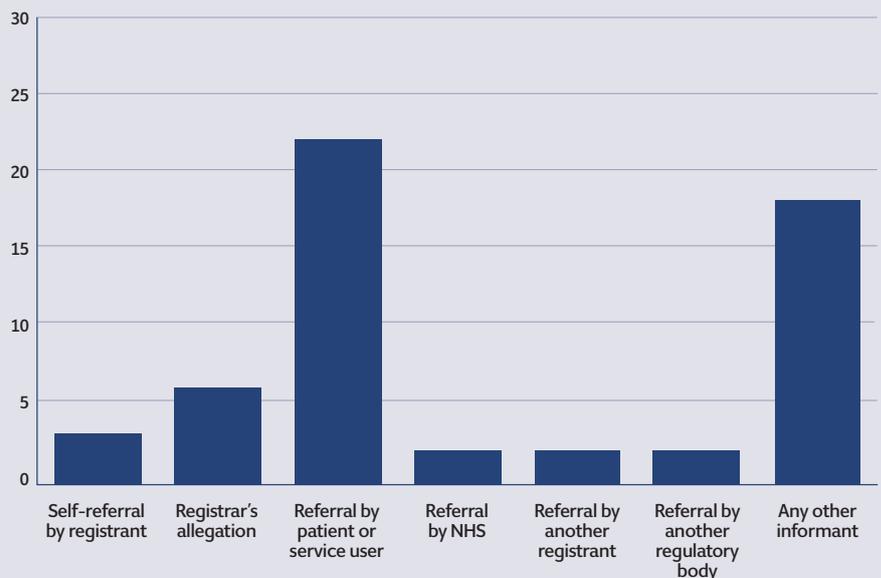
Admonishments

Admonishment was considered the appropriate sanction in nine cases considered during 2016-17. Six of the cases considered related to a lack of appropriate professional indemnity insurance. Two cases concerned a conviction and a failure to notify the GOsC of the conviction, the other case concerned treatment provided to a patient. Admonishments are published on the GOsC website for a period of six months at:

bit.ly/gosc-complaints-decisions

Who makes complaints?

Sources of formal complaints received, excluding complaints about advertising



Who makes complaints?

Please note that complaints referred to the GOsC may occur, for example: when patients raise concerns about treatment; when we become aware that an osteopath is not properly insured; we hear of concerns about them through the media, or we are notified that they have received a police caution or conviction.

Improving communication and handling complaints

Communicating with patients can help you avoid complaints and assist with resolving them effectively if they do arise



Complaints can arise from a wide range of situations. While nobody likes receiving a complaint, it can offer an opportunity to review current practice, reassure the patient by providing further explanation of the treatment and to learn more about patients' needs and requirements. Sometimes, complaints can be an opportunity to improve the patient/osteopath relationship and result in improved patient care.

Communication breakdown often causes complaints

A major contributor to patient complaints is a breakdown in communication between

osteopath and patient. Patients can complain when they feel their expectations are not met. For example, they may feel dissatisfied with their experience or unhappy with the results of the treatment. And patients often complain to the GOsC about poor communication including a lack of empathy, poor listening skills, inappropriate conversation topics or a lack of awareness of personal boundaries, as well as not being satisfied with the outcomes of their treatment.

Communication is a continuous two-way process which requires both talking and listening. It's important to listen to the patient's ideas, concerns and expectations and to give them the information they

need in a way that they can understand. There are resources and research articles available about communication both from the perspective of osteopaths and patients at: cpd.osteopathy.org.uk

We understand that receiving a patient complaint can be a challenging and stressful experience. However, it's important to respect the concerns of patients and be open and honest when dealing with complaints.

It's important to be aware of your responsibilities as a registered professional and to seek advice, help and support, and give patients the right information about complaints. Further information about this is available below.

Communicating effectively

The way osteopaths communicate with patients plays an important role in their treatment. Good communication can help manage expectations and enhance patient understanding of the treatment process. A few ways to communicate effectively with patients include:

- **Clear language:** avoid technical terms and tailor language to patients' understanding, needs and wishes.
- **Flexible consultation style:** adapt your approach to the individual patient.
- **Apologise when things go wrong:** this can help to avert conflict.
- **Empathise and listen:** try to understand what the patient is experiencing, summarise and check understanding with your patient.

What do the *Osteopathic Practice Standards* say about handling complaints?

It is important to have a complaints policy in place and available to all patients. Examples of policies are available from the Institute of Osteopathy and may be available from other organisations too.

Dealing with a complaint to you

What is your procedure for managing complaints? Often patient complaints can be resolved directly with the patient, or by offering the patient the option of speaking to another osteopath – either within the practice or by pairing up with a practitioner in another practice if you are a sole practitioner.

Such options can demonstrate that the patient experience is important to you and that you are keen to listen to and address the patient's concerns at the earliest opportunity. This approach can help to prevent the complaint from escalating further.

Resolution can take many forms and you could outline the various methods for handling a complaint and take the patient's preferred method into consideration. A few of the methods you could consider are:

- **Face-to-face meeting:** this can create an opportunity for the patient to discuss the reasons why they feel unhappy and for you to respond directly, so that a swift and immediate resolution may be reached.
- **In writing:** some patients may prefer to raise their concerns in writing, which could mean addressing the complaint

'Patients often complain about poor communication including poor listening skills'

in a more formal manner. You can then seek advice and assistance from your insurers in order to provide a full and detailed response to a patient's concerns.

- **Via the practice principal or through an osteopath in another practice:** Such an approach can provide the patient and the original osteopath with a degree of objectivity and impartiality.

Providing information for patients before their first visit can help patients understand the nature of the treatment and minimise concerns about treatment.

Information that patients tell us they find helpful include:

1. The nature of osteopathic treatment and any other techniques likely to be used (eg acupuncture) and the reasons for touch and physical examination.
2. What the treatment is likely to include in the first appointment.
3. Why patients may need to undress and explain that they can bring suitable clothing, like shorts, for example.
4. The option of bringing a chaperone.
5. The costs of the treatment.

If you do receive a complaint, the *Osteopathic Practice Standards*, set out how an osteopath is required to handle a patient complaint.

Standard D7 states: 'Be open and honest when dealing with patients and colleagues and respond quickly to complaints' (bit.ly/gosc-ops). The guidance relating to D7, outlines ways that this could be achieved including to:

- Provide information to patients about how they can make comments, including compliments, about the service they have received.
- Operate a procedure for considering and responding to any complaints about your practice.
- Make sure that staff are familiar with the practice complaints procedure and know who is responsible for dealing with patient complaints.
- Act constructively – allow patients the opportunity to express their dissatisfaction, and in response, provide sensitive explanations of what has happened and why. By doing this, you may prevent the complaint from escalating.
- Inform your professional association and professional indemnity insurers immediately if you receive a complaint.
- Ensure that anyone making a complaint knows that they can refer it to the GOsC and you should cooperate fully with any external investigation.

i You can find more information about how to deal effectively with patients' initial concerns or complaints on the **o zone** in the Standards and guidance section. See: bit.ly/ozone-managing-complaints



ISTOCK.COM / ANDREI.R

Annual report: how NCOR can help you



Dawn Carnes, the National Council for Research (NCOR) Director, sets out some of its achievements over the past 12 months. Find out more about the research and activities that could support your CPD and professional development

NCOR has continued to have a very busy year supporting the development of research in the osteopathic profession and responding to the growing public interest in the evidence for osteopathy.

How we provide information to osteopaths

An important part of our work is disseminating research findings and providing information to osteopaths and osteopathy students. Much of this takes place via our well-used website but also through our regular articles in osteopathy magazines, our monthly ebulletins and via social media.

The small NCOR team gives regular talks at regional osteopathy groups and at osteopathic colleges, and we facilitate discussions at our four research 'hubs' in Exeter, Bristol, Leeds and Haywards Heath (www.ncor.org.uk/getting-involved/hubs/). This year we also held an extremely successful conference attended by 85 delegates (full capacity) on *How to help chronic pain patients help themselves*. See speakers slides and information at: www.ncor.org.uk/conference/

Developing the new CPD scheme

We have also been active this year in supporting the development of the GOsC's new CPD scheme, supporting 'early adopters' with trying out clinical audit activities as well as the NCOR-developed Patient Reported Outcome Measures (PROMs) tool. There are a growing number of osteopaths registered to use PROMs and, as the number of patient returns grow, we will be able to provide valuable data about the effect of osteopathic practice for our patients. See: bit.ly/CPDConnect-PROMs

Reviewing evidence for manual therapy

A key project for NCOR in 2016-17 was the completion of a systematic review looking at the evidence for manual therapy for unsettled, distressed and excessively crying infants, which is highly relevant to those practising paediatric osteopathy. We are hoping that the paper will be accepted for publication in the near future. This and our related work will also support ongoing dialogue about claims that osteopaths can make on websites and elsewhere.

Full report out later this year

A full report of this year's activities will be published after the NCOR AGM later this year. Meanwhile, if you want to learn more or give your support for NCOR's work, please do visit the NCOR website at www.ncor.org.uk





What's in the latest edition of IJOM?

Carol Fawkes, Senior Research Officer at the National Council for Osteopathic Research, summarises research and content in the latest edition of IJOM

The latest edition of the *International Journal of Osteopathic Medicine* (IJOM), Vol 24, June 2017, contains a broad range of topics and research designs. The research reports include a qualitative study of patients' perceptions of the language used by student osteopaths (Thomson and Collyer), and a mixed methods evaluation (Carnes et al).

Osteopathy Mindfulness and Acceptance Programme (OsteoMAP)

The mixed methods evaluation by Carnes et al studied the implementation of the Osteopathy Mindfulness and Acceptance Programme (OsteoMAP) developed by Dr Hilary Abbey at the British School of Osteopathy. The evaluation also explored the extent to which the OsteoMAP programme had an effect on patients with chronic musculoskeletal pain. A total of 208 patients were enrolled on the study, and 86 per cent attended three or more OsteoMAP sessions. This study found that at six months there were clinically important changes of 58 per cent in the Bournemouth Questionnaire (a composite score for pain, function, mood and coping), and significantly higher psychological flexibility scores. Overall, the evaluation identified that the OsteoMAP programme was feasible, well received and delivered some beneficial effects to patients.



CREDIT / JAN CHEBLUK

How back pain patients interpret their diagnosis

Thomson and Collyer's qualitative study uses semi-structured interviews with nine patients at an osteopathic educational institution. It explores how patients with either acute or chronic low back pain interpret the language used when explaining their diagnosis and the impact this can have on their attitudes and beliefs about low back pain. Medical terminology, metaphors and analogies, in addition to giving reassurance, were identified as being important factors in influencing the

extent to which patients engaged with their pain management.

Role of Acceptance and Commitment Therapy in management of chronic pain

In keeping with the management of pain, a review has been published by Simpson et al in this edition of IJOM examining the role of Acceptance and Commitment Therapy in the management of non-malignant chronic pain in adults. Further research looking at osteopathic practice is also included in this volume.

Access IJOM and six other journals for free

All osteopaths and third and final-year osteopathy students have access to the full IJOM online and six other professional journals for free, via the **zone at: bit.ly/ozone-journals**

Bookshelf

A selection of illustrated reference books for osteopaths

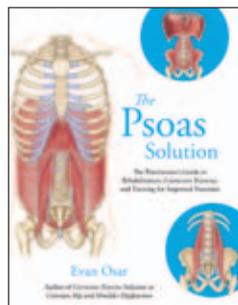
The Psoas Solution: The Practitioner's Guide to Rehabilitation, Corrective Exercise, and Training for Improved Function

Evan Osar

Lotus Publishing (2017)

ISBN 978 1 905367 78 8

192 pages



This book discusses the function of the psoas in posture, movement and exercise – including corrective exercises for integrating the psoas into daily activities, such as standing and sitting. It identifies the functional anatomy, biomechanics and motor control of the psoas and its role in core and hip stabilisation. The book also provides a review of research available on the psoas and full-colour images throughout.

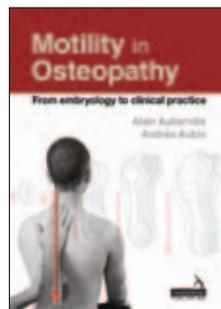
Motility in Osteopathy – From Embryology to Clinical Practice

Alain Auberville and Andrée Aubin

Handspring Publishing (2017)

ISBN13:978-1-909141-66-7

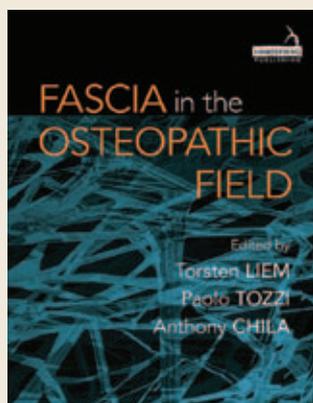
176 pages



A systematic definition of motility – which relates to the vital energy of human tissues – based on the movement of all the body's structures during embryogenesis. The book describes a new model of practice based on motility and developed by Dr Alain Auberville, the originator of this concept, which aims to assist the therapist to expand their therapeutic techniques and improve clinical effectiveness and outcomes. Translated from the French, it is illustrated with line drawings and photographs.

i If you would like to review any of these titles (in exchange for a free copy), email: editor@osteopathy.org.uk

Book reviews



Fascia in the Osteopathic Field

Torsten Liem, Paolo Tozzi, Anthony Chila (editors)

Handspring Publishing (2016)

ISBN: 971-1-909141-27-8

Reviewed by Alastair Dunbar, MOST

In Osteopathy: Research and Practice, originally published in 1910, A T Still remarked: 'We can see all the beauties of life on

exhibition by that great power with which the fascia is endowed.' Fast-forward more than 100 years and it seems that fascia is being studied with renewed vigour – possibly in an attempt to establish it in the evidence-based culture underpinning modern practice of medicine and manual therapy.

In *Fascia in the Osteopathic Field*, an international cohort of contributors – comprised of doctors, surgeons, engineers, academics and manual therapists – present fascia possibly as you have never seen it before. The book draws on research and clinical practice to shed light on the anatomical arrangement of fascia,

and its embryological development and biomechanical properties, as well as therapeutic considerations and manual techniques.

As this collective knowledge is the result of interdisciplinary dialogue, it is not surprising to find some discord – particularly related to definition: what exactly do we mean when we talk about fascia? The first section addresses this question by appealing to historical context, embryology and histology.

Next, the physiology and function of fascia are presented over nine chapters in the second section. Luminaries of the field discuss fascia as a sensory organ, its role in immunity, and expand on biomechanical models as they are currently taught, incorporating the

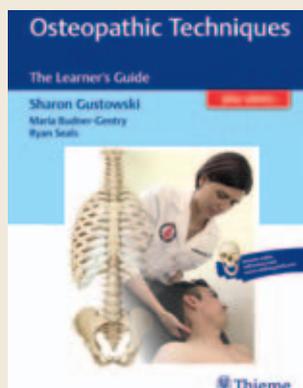
omnipresence of fascia to justify the tensegrity of the body structure.

Eight chapters in section three explore the anatomy and structure of fascia throughout the human body. By breaking the subject down into discrete regions or areas – trunk, viscera, dura mater and peripheral nervous system, for example – there is comprehensive coverage of fascial anatomy.

The final section is further subdivided into two sections: therapeutic considerations (11 chapters) and manual techniques (22 chapters).

With many colourful images, charts and schematics, *Fascia in the Osteopathic Field* has an appealing layout, and is an invaluable anthology for students, researchers and clinical practitioners.

Book reviews



Osteopathic Techniques The Learner's Guide

Sharon Gustowski with Maria Budner-Gentry and Ryan Seals
Thieme Publishers (2017)
ISBN: 9781626234253

Reviewed by Susana Weiner,
BSc (Hons) Ost PGCE
Curriculum Coordinator,
College of Osteopaths

This is a spiral-bound book which is useful as a teaching aid for the lecturer of osteopathic techniques for the beginner student, as well as for students to use themselves.

It starts with a brief explanation of history and general updated information on osteopathy, covering all important aspects.

Later chapters include active and passive examinations and all the usual spine and extremities technique styles taught in osteopathic colleges. All are synthesised in a highly organised and logical way.

What makes this book different is that each

technique style covered is accompanied by a short (two minutes) online video – 160 in total – with very clear instructions.

The process of registration and access to the online material is simple. For the lecturer of techniques, this facility makes it invaluable, as it's always difficult to replicate technique steps as they appear in textbooks.

It is especially useful for lecturers of junior students when repetition of technique styles is needed to facilitate building the students' own confidence in replicating the techniques taught.

Each chapter has learning outcomes, chapter summary and review questions. Pictures and

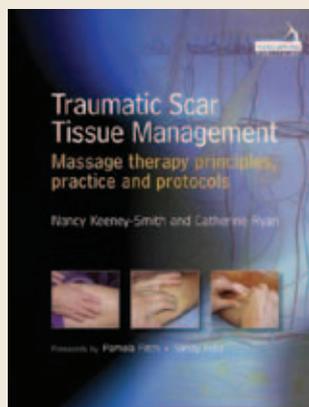
diagrams are simple but very effective, making it a very approachable book.

Useful clinical cases are given with multiple-choice answers, allowing a lecturer to discuss them in the classroom setting, for active learning.

Students would also benefit from this book and being able to watch the videos in their own time.

The last three chapters cover cranial, visceral and counterstrain techniques, once again with very useful short video demonstrations. In addition, it provides access (with a password in the book) to nearly 100 relevant online questions and answers.

In conclusion, a brilliant book for teaching and learning.



Traumatic Scar Tissue Management: Massage Therapy Principles, Practice and Protocols

Nancy Keeney Smith and Catherine Ryan
Handspring Publishing (2016)
ISBN: 978-1-909141-22-3

Reviewed by Sally Wade,
BSc (Hons) Ost

Having spent a lot of time working with women postpartum who have undergone caesarean

sections, I have always had a keen interest in the far-reaching effect that scar tissue can have on the body. This book aims to act as a practical manual for anyone treating patients who have scars, providing a concise guide to develop clinical expertise and ability to work safely with scar tissue.

The book contains a lot of scientific information, but it is set out in a way that is easy to read and you won't be put off by long chapters of 'dry science'. Each chapter contains relevant pathophysiological considerations, as well as clinical applications set out in easy-to-digest chunks. The addition of applicable clinical anecdotes breaks up the text nicely and helps you to apply the knowledge to your own practice.

The first few chapters

focus on the physiology and pathophysiology of scars and scar tissue, looking at: the effect on the skin and fascia; the lymphatic system; and the neurological system. There is then a detailed chapter on wound healing and scar chronology, including what can go wrong during the healing process. Again, all the information is easy to read and clearly referenced, in case you are looking for more information on the subject.

Next, the authors explore trauma and the therapeutic relationship. There is some useful information on the stress response and how this affects tissue healing. Again, the information is laid out in such a way that it can be easily applied to a clinical setting and could easily be adapted to help educate patients. The inclusion of a chapter on the therapeutic

relationship is a nice addition, especially considering the focus on the use of harmful vs helpful language when talking to patients.

The final chapters focus on assessment and treatment of scars. The aim of the book appears to be to promote an evidence-informed approach, in order to improve the delivery of care within this field. I think the authors have gone a long way to achieving this in this chapter. All assessment and treatment advice has been well supported and there are some good photo descriptions for all the techniques described.

This is a useful manual for anyone who wants to begin treating scar tissue and brush up on their physiology in a clear and concise manner. Overall, it's an easy and informative read.

Courses 2017

Courses are listed for general information; inclusion does not imply approval or accreditation by the GOsC. For a comprehensive list of courses, see the events diary on the **o** zone at: bit.ly/ozone-events

September

2-6

SCCO Pathway module 2: Osteopathy in the cranial field

Speaker: Pamela Vaill-Carter
Venue: Columbia Hotel, London W2
Tel: 01453 767607

admin@scco.acscco.ac

4

The vital glutes and psoas masterclass

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

5

Kinesiology taping for the athlete

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

7-10

Pelvis, sacroiliac joint and lumbar spine masterclass

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

9

Bump to baby, part 1: Pubis, pelvis, coccyx and lumbar spine

Speaker: Miranda Clayton
Venue: London School of Osteopathy, London SE1
Tel: 07792 384592
mumandbabyCPD@gm.com
bit.ly/mumandbabycpd

9-10

Headache skills

Venue: The Alexander Techniques, London SW6
corinnejones.mih@gmail.com

molinari-institute-of-health.org

9-10

Functional lower extremity

Speaker: Chris Wilkes
Locker 27, Addlestone, Surrey
Tel: 07971 917151

chris@thirst4function.com
www.thirst4function.com

11

Spinal manipulation and mobilisation technique

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

14

Muscle energy techniques

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

14-17

Acupuncture techniques for sports injuries – Level 1

Speaker: Bernard Nolan
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

18

Neurological testing masterclass

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4

Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

20-21

Advanced soft tissue techniques masterclass

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

25

Knee joint masterclass

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

25-27

Rule of the artery, part 1

Speaker: Tim Marris
Venue: Hawkwood College, Stroud, Gloucestershire
Tel: 01453 767607

admin@scco.ac
www.scco.ac

26

Hip and groin masterclass

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

27

Cervical spine masterclass

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

28

Shoulder joint masterclass

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

30

An osteopathic approach to exercise prescription

Speaker: Dr Eyal Lederman
Venue: Whittington Education Centre, London N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

30

Chronic pain treatment: Improving outcomes – the missing link

Speaker: Georgie Oldfield
Venue: Whittington Education Centre, London N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

30

Kent and East Sussex Osteopaths – Headaches and Migraine

Speaker: Helena Bridge
Venue: European School of Osteopathy, Boxley, Maidstone, Kent

kentandeastsussexosteopaths@gmail.com
www.keso.org.uk

October

1

First Aid Appointed Person

Speaker: Steven Bruce DO
Venue: Latvian Guest House, 72 Queensborough Terrace, London W2 3SH
Tel: 07000-785778

info@cranio.co.uk
www.cranio.co.uk

7-8

SCCO Pathway module 1: Foundation course

Speaker: Penny Price
Venue: Crista Galli Osteopathy, London W2
Tel: 01453 767607

admin@scco.ac
www.scco.ac

7-8**Fascial dysfunction: management in manual and physical therapies**

Speaker: Leon Chaitow
Venue: Whittington Education Centre, London, N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

9**The miserable baby, part 3: Clinical applications**

Speaker: Miranda Clayton
Venue: London School of Osteopathy, London SE1
Tel: 07792 384592

mumandbabyCPD@gm.com
bit.ly/mumandbabycpd

17**The vital glutes and psoas masterclass**

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

18**Kinesiology taping for the athlete**

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

21-22**Functional spine and pelvis**

Speaker: Chris Wilkes
Locker 27, Addlestone, Surrey
Tel: 07971 917151

chris@thirst4function.com
www.thirst4function.com

21-22**Hartman's masterclass in manipulative techniques: upper body**

Speaker: Professor Laurie Hartman
Venue: Whittington Education Centre, London N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

21-22**Functional stretching**

Speaker: Dr Eyal Lederman
Venue: Whittington Education Centre, London N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

25-29**Biodynamic Craniosacral Therapy – Two-Year Practitioner Training**

Speakers: Michael Kern DO BCST ND and others
Venue: Skylight Centre, 49 Corsica Street, London N5 1JT
Tel: 07000-785778

info@cranio.co.uk
www.cranio.co.uk

November

4**The nervous system of the fluid body**

Speakers: Clare Ballard and Mary Monro
Venue: New Oriel Hall, Bath
Tel: 01453 767607

admin@scco.ac
www.scco.ac

4-5**Functional stretching**

Speaker: Dr Eyal Lederman
Venue: Whittington Education Centre, London N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

5**Bump to baby, part 2: Abdomen, thorax and peripheries**

Speaker: Miranda Clayton
Venue: London School of Osteopathy, London SE1
Tel: 07792 384592

mumandbabyCPD@gm.com
bit.ly/mumandbabycpd

10-12**SCCO Pathway module 6: Living, breathing bone**

Speaker: Jane Easty
Venue: Columbia Hotel, London W2
Tel: 01453 767607

admin@scco.ac
www.scco.ac

12**Managing the crisis of healing**

Speakers: Howard Beardmore, Stephen Gamble and Dr Jayne Donegan

Venue: Reading, Berkshire
Tel: 01189 885293

biosteoltd@gmail.com
<https://v1.bookwhen.com/72k3q>

13**Muscle energy techniques**

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

15**Kinesiology taping for the athlete**

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

18**SCCO Pathway module 10: Integrating cranial into practice**

Speaker: Alison Brown
Venue: British School of Osteopathy, London SE1
Tel: 01453 767607

admin@scco.ac
www.scco.ac

18**Nutritional management of age-related declines in musculoskeletal health/ Holding back the years: diet and exercise strategies**

Speaker: Professor Adam Cunliffe
Venue: Whittington Education Centre, London N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

18-19**SCCO Pathway module 1: Foundation course**

Speaker: Penny Price
Venue: Shrewsbury, Shropshire
Tel: 01453 767607

admin@scco.ac
www.scco.ac

18-19**Hartman's masterclass in manipulative techniques: lower body**

Speaker: Professor Laurie Hartman
Venue: Whittington Education Centre, London N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

22-23**Advanced soft tissue techniques masterclass**

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

22-24**Barral's advanced abdomen and pelvis**

Speaker: Jean-Pierre Barral
Venue: Whittington Education Centre, London N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

24-26**Harmonic technique**

Speaker: Dr Eyal Lederman
Venue: Whittington Education Centre, London N19
Tel: 020 7263 8551

cpd@cpdo.net
www.cpdo.net

25-26**Functional upper extremity**

Speaker: Chris Wilkes
Locker 27, Addlestone, Surrey
Tel: 07971 917151

chris@thirst4function.com
www.thirst4function.com

27**Knee joint masterclass**

Speaker: John Gibbons
Venue: University of Oxford Sports Complex, Oxford OX4
Tel: 07850 176600

john@johngibbonsbodymaster.co.uk
bit.ly/jgbodymaster

Classifieds

Osteopath required: Derbyshire

We will develop you into a great osteopath. Come and join us! Enthusiastic osteopath with good structural skills required to join friendly, well-established, growing practice in Derbyshire. Mentoring and one-to-one technique development provided. Initially 1-2 days a week with a desire to build patient list. New graduates welcome to apply. Please send your CV and a covering letter to info@almaosteopathicpractice.co.uk or call **01246 866947**

Osteopath required: Norwich

Established, forward-thinking, award-winning practice, in historical university city in Norfolk, seeks progressive, focused individual for flexible minimum two days per week. Mainly structural approach essential but acupuncture and/or paediatric skills advantageous. Good interpersonal and patient-management skills essential plus desire and ability to grow patient list and contribute to development of practice. Graduates welcome and training/support programme offered to develop skills. Contact Ayshea Christian **01603 504508** or manager@norwichosteopathicclinic.co.uk

Associate osteopath required: Colchester, Essex

Self-motivated, hard-working individual required to join a busy, well-established practice. Must be a team player and keen to use the support system in place to develop themselves as a practitioner. Will require excellent communication skills and good structural techniques. Three days a week are initially being offered, with the potential to grow into more. Please call David Kennett on **01206 548899** or email david@mersearoadclinic.co.uk

Associate osteopath required: Epsom Downs

Epsom Downs Clinic is looking for associate, initially three sessions per week, including Saturday morning, with view to expand. Mainly structural in approach. Enquiries and CVs to simeonmilton@aol.com

Associate osteopath required: Ipswich

Opportunity for motivated and reliable osteopath with good structural ability to join practice with existing list, two days per week. Must be willing to work alongside experienced osteopath as part of a mentoring scheme. Email CV to jon.shaw34@gmail.com

Associate osteopath required: Lichfield, Staffordshire

Vacancy for associate osteopath three days a week, to start as soon as possible, in a busy, well-established practice of 34 years in the cathedral city of Lichfield. Practice within walking distance of train station for Birmingham (40 mins) and London (1hr 45 mins). Practice currently comprises four osteopaths, and full reception cover. There is potential for a full working week as a shared associate, between the Lichfield practice and that of a colleague. Mentoring at both practices. Applications to: Jayne H Scratchley **01543 252673** or **07572 228173** lichfieldosteopaths@outlook.com jaynecoxon@hotmail.co.uk

Associate osteopath required: Lincolnshire

Enthusiastic associate required in August for friendly, well-established multidisciplinary Lincolnshire practice. Four to five days between two sites. Interest in IVM and treatment of children helpful, and providing treatment for a range of ages and conditions. Own transport essential. Please contact Fiona Pinder, Practice Manager, Stella Arden and Associates **01507 608166** fiona@stellaardenassociates.onmicrosoft.com

Associate osteopath required: Royal Wootton Bassett, Wiltshire

We need someone who is friendly, caring and concerned for the patient to be an associate in this busy practice. The position is for Monday afternoons and evenings, and alternate Saturdays, but we can be flexible with times and days. Email with CV please to dbrunskill@btinternet.com

Associate osteopath required: South West

Part-time associate osteopath required for long-established, busy practice in South West. Starting with two sessions per week with scope to expand. Good structural and soft-tissue skills and patient management essential but can mentor if less-experienced applicant. Apply with CV please to stwest@hotmail.com

Associate osteopath required: West Norfolk

An associate required for busy West Norfolk family-based practice, three days with already established list. IVM or visceral skills required. Mentoring with Averille Morgan in pregnancy/paediatric clinic. Enthusiastic team-player required. Call Averille **01485 571559**, averille001@gmail.com

Associate osteopath required: West of Ireland.

Fantastic opportunity for associate osteopath in West of Ireland available across three clinics, all within one hour's drive of each other. The successful applicant will have the opportunity to work with three established therapists. Brian Drumm is looking for an associate osteopath to join a very busy practice in Westport, Co Mayo. Initially two to three days, possibly leading to more. Applicants will need to be competent in structural techniques. Liam Moffatt, chartered physiotherapist, is looking for an associate

osteopath to join The Mayo Sports Clinic – a state-of-the-art multidisciplinary sports medicine clinic based in Ballina, Co Mayo. The associate osteopath would work one to two days in the clinic to complement the work done by Liam and his team. Dr Julie Ellwood is also looking for an associate to join her clinic in Strandhill Co Sligo. Initially one to two days, with potential for more. The applicant should be seeking a long-term position. For further information, or to apply, please contact bdrummclinic@gmail.com

Practice for sale: North West

North West England practice for sale due to retirement. Established 25 Years. Excellent location and local reputation, loyal patient base but scope for further growth. Currently two osteopaths. Principal willing to remain for handover period to maintain continuity, if desired. Enquiries: nwosteo17@btinternet.com

Treatment room for hire: London

Consulting Room, London, Holland Park (W11). Consulting room in Hillcrest Pharmacy available with very affluent customer base. Business-orientated and outgoing osteopath required to target customers in the area. Significant marketing help provided. Set up your own practice on site. Call Romil Patel on **07958 355825**

Animal osteopathy course

The next one-year course in osteopathy for horses and dogs, with Stuart McGregor, starts in September 2017. Learn how to treat horses and dogs using traditional osteopathic techniques without the use of sedation or anaesthetic. For course information please contact The Osteopathic Centre for Animals: wantageclinic@msn.com Tel: **01235 768055**

Buteyko Breath Training and Nutritional Assessment in a Holistic Osteopathic Practice

Led by: Michael Lingard BSc Hons DO
Date: Saturday 11 to Sunday 12 November 2017
Cost: £295 (includes lunch and refreshments) - **Limited early bird discounts**

This workshop aims to give osteopaths additional clinically proven therapeutic aids to enhance their holistic practice. The breath work, dietary screening and physical therapy will provide a powerful therapeutic service for all your patients that will help them take more responsibility for their own health.



Psycho-emotional Aspects of Osteopathic Treatment

Helping you establish and maintain a healthy work-life balance

Led by: Dr Robert Shaw
Date: Saturday 24 to Sunday 25 February 2018
Cost: £280 (includes lunch and refreshments)

This course will help practitioners better understand the psychological aspects of osteopathic practice and some of the difficult interactions that can sometimes occur. It will provide some psychological tools that will help practitioners protect themselves emotionally, aid the management of therapeutic relationships and help to establish and maintain a healthy work-life balance.



Serge Paoletti presents; The Fascia

Some dates for your diary

Date: Part 1: Friday 21 to Sunday 23 September 2018
Part 2: Friday 25 to Sunday 27 January 2019
Cost: £400 for each Part (includes lunch and refreshments) - **Limited early bird discounts**

The purpose of this course is to demonstrate the subtleties of fascia, their mode of operation and action. Through embryological, anatomical, physiological and biological study delegates will discover various treatment options and will discuss the latest research to allow us to push back our therapeutic possibilities. For full course details please visit the ESO website.



ANIMAL OSTEOPATHY (Canine and/or Equine) Diploma courses start October 2017

This exciting new programme is designed for those who have already undertaken training in animal osteopathy* and are able to demonstrate a thorough understanding of basic osteopathic assessment and treatment (including gait analysis, articulation, soft tissue and stretching). **Delivered over 5 months**, our Diploma course provides hours of hands-on practical with live animal models. It is intended to enhance participants' knowledge of functional anatomy, neurology (and neurological testing) and pathology; orthopaedics (with associated osteopathic testing) and integrated thinking. This course will teach students how to evaluate their clinical findings, test appropriately and treat with advanced techniques, such as Balanced Ligamentous Tension/fascial techniques, toggles and low velocity thrusts.

Canine pathway: October 28, December 2 2017, January 6, February 10 & March 17 2018

Equine pathway: October 29, December 3 2017, January 7, February 11 and March 18 2018

Choose one 5-day pathway (Canine or Equine) for £999 / attend both for £1,998 (flexible payment option available)

* Includes ESO foundation courses. For those without formal qualifications, an RPEL (Recognition of Prior Experiential Learning) process is available. Please note if you are not an osteopath, you may not use the term 'osteopath' or any such variation when advertising your services in the UK. Due to higher running costs, all animal courses are subject to sufficient delegate bookings.

CONTACT US:

European School of Osteopathy, Boxley, Maidstone, Kent, ME14 3DZ
Tel: +44 (0)1622 760816 or Email: cpd@eso.ac.uk

www.eso.ac.uk

EuropeanSchoolofOsteopathy ESOMaidstone



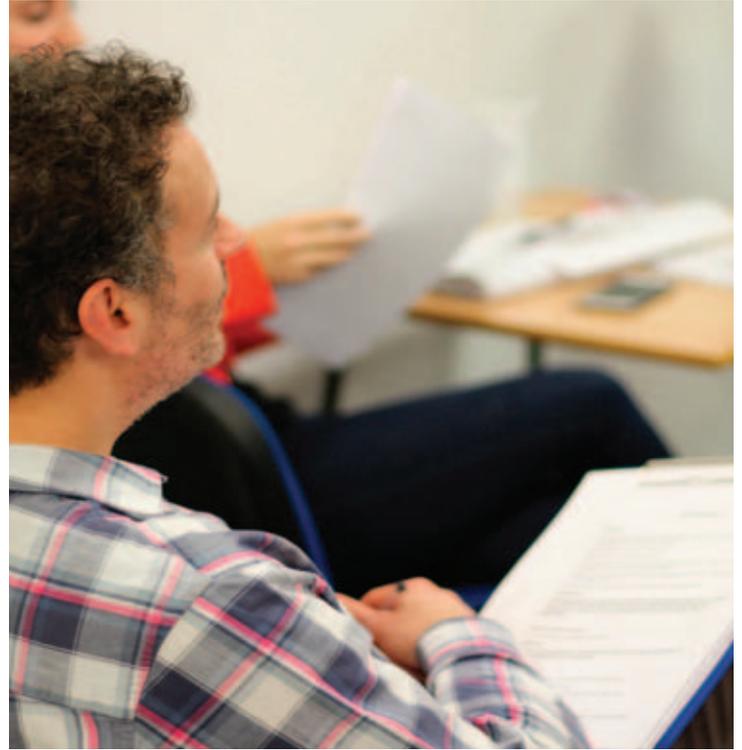
Postgraduate Studies

Did you know that BSO offers postgraduate certificates in paediatric care, the management of older patients and osteopathic education?

Each of our Postgraduate courses are taught part-time over the course of a year through a mixture of contact hours and independent learning, making it possible to balance studies alongside practice life and other commitments. The next cohorts begin in September 2017.

We also offer discounts of between 10-15% to BSO alumni and recent graduates of other UK institutions, as well as payment plans to help spread the cost of course fees over nine months.

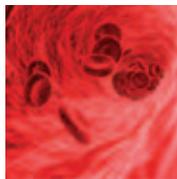
To find out more visit www.bso.ac.uk/PG, email admissions@bso.ac.uk or call 020 7089 5316.



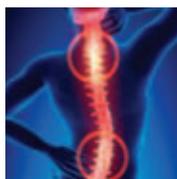
Upcoming CPD courses at the BSO



Introduction to diagnostic ultrasound - 22 September
This growing area of osteopathic medicine is introduced in this accredited course, including practical sessions for the knee, ankle and shoulder.



Blood sugar: dysregulation and advice - 7 October
Understand the causes and signs of blood sugar dysregulation, and learn some simple strategies to assist patients who are displaying symptoms.



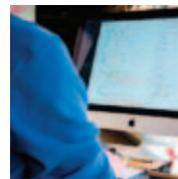
Cervical spine risk assessment & consent - 14 October
This popular course addresses practitioners' concerns about treating the neck in the context of evaluating risk and receiving consent.



Clinical risk in older adults conference - 14 October
The first conference of its kind, exploring a multidisciplinary approach to care for older adults. Themes include fall risks, nutrition, dementia and consent.



Pain and pharmacology - 10 November
Taught by Dave Baker, a non-medical prescriber, this course will increase your knowledge of pharmacology, and enable you to better treat, educate and advise patients on pain medication use.



Advanced ergonomics - 25 November
Led by David Annett, this course will build on existing knowledge and focus on applied practice, ensuring delegates can support patients effectively in the work environment.



Clinical mat-based pilates: foundation course - 28 & 29 October
A brand new two-day course for those who would like to be able to incorporate pilates rehabilitation exercises into their clinical management of patients.

For more information about our CPD courses and to book visit www.bso.ac.uk/cpd, call 020 7089 5333 or email cpd@bso.ac.uk

275 Borough High Street London SE1 1JE | www.bso.ac.uk



CPDO 2017-18

Professional Development for Manual and Physical Therapists

☎ 0207 263 8551
cpd@cpdo.net

| Date | Topic | Lecturer | Cost | Deposit | CPD points |
|------------------|---|----------------------|------|---------|------------|
| 30 Sept | Chronic pain treatment: improving outcomes - the missing link | Georgie Oldfield | £125 | £125 | 7 |
| 30 Sept | An Osteopathic Approach to Exercise Prescription | Dr. Eyal Lederman | £125 | £125 | 7 |
| 7-8 Oct | Fascial dysfunction: management in manual and physical therapies | Leon Chaitow | £315 | £250 | 14 |
| 21-22 Oct | Hartman's master class in manipulative techniques: upper body | Prof. Laurie Hartman | £355 | £250 | 14 |
| 4-5 Nov | Functional stretching | Dr. Eyal Lederman | £275 | £150 | 14 |
| 18 Nov | Nutritional management of age related declines in musculoskeletal health & Holding back the years Diet and exercise strategies to increase health-span | Prof. Adam Cunliffe | £125 | £125 | 7 |
| 18-19 Nov | Hartman's master class in manipulative techniques: lower body | Prof. Laurie Hartman | £355 | £250 | 14 |
| 22-24 Nov | Barral's advanced abdomen and pelvis | Jean-Pierre Barral | £680 | £375 | 18 |
| 24-26 Nov | Harmonic Technique | Dr. Eyal Lederman | £385 | £200 | 20 |
| 28 Feb -2 Mar 18 | Barral's vascular-visceral manipulation | Jean-Pierre Barral | £695 | £395 | 20 |
| 14-15 Apr 2018 | Hartman's master class: upper body | Prof. Laurie Hartman | £375 | £250 | 14 |
| 2-3 Jun 2018 | Hartman's master class: lower body | Prof. Laurie Hartman | £375 | £250 | 14 |
| 3-4 Nov 2018 | Hartman's master class: upper body | Prof. Laurie Hartman | £375 | £250 | 14 |
| 1-2 Dec 2018 | Hartman's master class: lower body | Prof. Laurie Hartman | £375 | £250 | 14 |
| 5-7 Dec 2018 | Barral's vascular-visceral manipulation | Jean-Pierre Barral | £695 | £395 | 20 |

CPDO at Home - online CPD

Free video:

www.cpdoathome.com

Leon Chaitow & Laurie Hartman Comparison of Neck Management



For [acupuncture](#) and [dry needling](#) courses see:

www.cpdaonline.com



Get ready for the changes in CPD requirements: Join a supervision/tutorial/peer group with Dr. Eyal Lederman
cpd@cpdo.net / 0207 263 8551



Courses venue: Whittington Education Centre, Whittington Hospital
Gordon Close, off Highgate Hill, London N19

CPDO Ltd. 15 Harberton Road, London N19 3JS, UK / 0044 (0) 207 263 8551

email: cpd@cpdo.net For more information and booking visit www.cpdo.net

50% discount available to students on most courses (see www.cpdo.net for further details)

Leading the World in Rehabilitation Pilates Teacher Training Courses.

Unique courses designed by Physiotherapists specifically for those in the field of rehabilitation.

Become a Pilates Instructor with APPI



| MATWORK LEVEL ONE - The Foundation | |
|--------------------------------------|--------------------------------|
| 02 Sep (2day) | Falkirk |
| 16 Sep (2day) | Manchester |
| 16 Sep (2day) | Nuneaton |
| 23 Sep (2day) | London |
| MATWORK LEVEL TWO - Class Instructor | |
| 26 Aug (2day) | Dublin |
| 31 Aug (2day) | Falkirk |
| 04 Sep (2day) | London |
| 09 Sep (2day) | Bristol / London |
| 16 Sep (2day) | Coleraine |
| 30 Sep (2day) | Manchester |
| MATWORK LEVEL THREE - Inter/Advanced | |
| 19 Aug (2day) | London |
| 09 Sep (2day) | Harrow |
| 18 Sep (2day) | London |
| 07 Oct (2day) | Glasgow / Nuneaton / Coleraine |

CPD Courses

Contact us for your nearest CPD courses!

| CPD Courses in the United Kingdom & Ireland | |
|---|------------------------------------|
| 15 Sep | Pilates for Hypermobility |
| 16 Sep | Neuro Pilates |
| 22 Sep | Healthy HIT 1 |
| 29 Sep | Pilates & Small Equipment |
| 04 Oct | Pilates for Scoliosis |
| 07 Oct | Pilates for Osteoporosis |
| 04 Aug | Healthy HIT 2 |
| 07 Oct | Neuro Pilates |
| 08 Oct | Reformer on the Mat with Tube Band |
| 11 Oct | Stretching for Mobility |
| 14 Oct | Pilates for Runners |



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NEW! **Online courses** are now available...
appihealthgroup.com/Online

Contact us NOW for further dates, courses & locations info@appihealthgroup.com | 0345 370 2774



MOLINARI INSTITUTE OF HEALTH "OSTEOPATHY EXCELLENCE" Advanced Clinical and Professional Excellence Starting January 2018



This new postgraduate programme is dedicated to the life and work of Prof Peter Blagrove (1932 – 2017)

The course has been developed by **Prof Renzo Molinari** after observing postgraduate students all around the world for years. It answers clinical and practical needs allowing practitioners to reach their optimal level and give them the confidence to deal with the most difficult and complex clinical cases. The modular structure of the course allows each practitioner to fulfil their individual needs. The modules are complemented by clinical supervised experience and a mentoring system. The structure and learning outcomes of this brand-new course correspond to the new osteopathic practice themes and CPD standards. Validating two modules will entitle the delegates to receive a Postgraduate Diploma in Clinical Excellence (PGD CE).

Introductory weekend – Saturday 20 and Sunday 21 January 2018

Integrative approach – Intelligent Organisation of the Body. Compartments of pressure approach

Module 1: Advanced Technical Development (4 seminars of 2 days in London between March and November 2018)

Technical excellence – Making techniques easy under the tuition of senior lecturers

Module 2: Healthy Visceral (3 seminars of 3 days in a medical university in Nice and 1 seminar in London between June and October 2018). The lectures by Prof Renzo Molinari, Mr François Allart and other senior osteopaths will be complemented by one day of dissection on fresh cadavers performed by Prof Patrick Baqué, Dean of the Nice medical school.

Places on this course are limited. For more information and to apply please contact Corinne Jones at: corinnejones.mih@gmail.com or visit our website. Please note our slightly changed website address:

www.molinari-institute-health.org



To book, visit: www.scco.ac, email admin@scco.ac or call **01453 767607**

LEADERS: HILARY PERCIVAL
& MARK WILSON

VENUE: Hawkwood College, STROUD
[single room guaranteed]

ENTRY: Module 2 & Module 9

WEEKEND 1: 27-29 OCTOBER 2017



BY POPULAR DEMAND

We have relaunched our **Paediatric Pathway!** The new two-track way to deepen your knowledge and skills: the **PAEDIATRIC DIPLOMA** or **PAEDIATRIC CERTIFICATE**.

- For either option you can now:
- ✓ study at your own pace,
 - ✓ study to a level that suits you
 - ✓ join without a large initial payment
 - ✓ book workshops individually

Paediatric weekends can be taken in any order although we highly recommend taking Weekend 1 first.

The years through childhood to adulthood are exciting and challenging. Intrauterine and subsequent experiences, alongside his or her genetic constitution, shape a child's physical, mental and moral journey. We grow not only by our own genetic programme, but by our experiences in life. Osteopathy holds a unique potential to support the health, growth and fulfilment of each child. As Sutherland said:

“As the twig is bent so doth the tree incline”

THE CERTIFICATE involves course-directed study where you will need to...

- Complete all six weekend workshops
- Complete Module 4: Balanced Ligamentous Tension
- Complete Module 8: The Functional Face

THE DIPLOMA involves both course-directed and self-motivated study where you will need to...

- Complete the Certificate requirements, as above **plus**
- Undertake 20 clinic visit sessions
- Write 6 paediatric case studies
- Write 2 reports (1 each to colleague & professional)
- Write 1 reflective action plan
- Write 1 evidence-based practice report

THE SIX PAEDIATRIC WEEKENDS

| | | |
|-------------------------------|-----------------------|---------------|
| P1: Obstetrics & Safeguarding | 27-29 OCT 2017 | **£899 |
| P2: Neurology | 3-4 FEB 2018 | *£599 |
| P3: Orthopaedics | 28-29 APR 2018 | *£599 |
| P4: Endocrine & Chromosome | 15-16 SEP 2018 | *£599 |
| P5: Respiratory & Cardiology | 2-3 FEB 2019 | *£599 |
| P6: GIT & Kidneys | 6-7 JUL 2019 | *£599 |

*2 days / **3 days

What some of our previous paediatric students have said...



“We have returned to our practices after every weekend with new information, new approaches and renewed enthusiasm for osteopathy and how it can help our young patients.”

“Excellent, inspiring and clear teaching and felt that I came away with some concrete techniques that I could use straight away.”

“Over the whole weekend the level of knowledge passed on to us, the pace, the professionalism and the care given to us was superb and invaluable. You cannot read the stuff I learnt in any textbook.”



It is expected that you are already treating children in your own practice. Course fees quoted are residential, please contact us for non-residential options. You will be required to have a current DBS certificate and Safeguarding of Children level 2 or above, a copy of which must be supplied to the SCCO office.

Diploma in Paediatric Osteopathy (DPO)

With more than 25 successful years, the DPO is a two year programme that offers the opportunity to gain expert paediatric knowledge and work with leading paediatric osteopaths in a unique clinical environment.



Clinical training begins in November 2017

For a prospectus and details of the application process, visit www.fpo.org.uk or contact us on 020 8875 5293 / admissions@fpo.org.uk



Postgraduate Certificate in **ANIMAL OSTEOPATHY** (PGCert AO)

Duration: 1 Year part-time
Location: Osteopathic Centre for Animals
(Oxfordshire)
Course Leader: Stuart McGregor DO
Validating Body: British School of Osteopathy

**We are currently accepting applications
for September 2017 entry.**

If you would like to apply or have any questions please email admissions: wantageclinic@msn.com or call OCA admissions on: **01235 768055**



THE BRITISH SCHOOL OF OSTEOPATHY

BioBasics WORKSHOP 2017 FOR TRADITIONAL OSTEOPATHY

The Body is a Unit of Mind, Body and Spirit.

21-22 October 2017

15% off
EARLY BIRD DISCOUNT
EXTENDED DEADLINE
£170 for registered
osteopaths if paid
before 23rd Sept
2017

The Body is a Unit of Mind, Body, Spirit. 'First, there is the material body; second, the spiritual being; third, a being of mind which is far superior to all vital' A T Still. Over this weekend we will explore the meaning of these words both in theory and practice.

This two-day course is an introduction to the work of Dr. James Jealous DO, for osteopaths of all levels who are interested in using a biodynamic approach to diagnosis and treatment. It is open to osteopathy students and registered osteopaths, and is relevant to GOsC Osteopathic Practice Standards.

Seven speakers: including John Lewis, Karen Carroll, Rick Allen, Christian Sullivan, Emily Dux, Mary Bolingbroke, Diego Ortuso.

The BioBasics team: Hazel Williams, Fabiano da Silva and Emily Dux.

Venue: St Charles Catholic Sixth Form College, St Charles Square, London, W10 6EY

Price: Price: £200 for qualified osteopaths. Early bird discount before the 23rd Sept 2017 and undergraduate students £170. Concessions available.

To book your place visit our website: www.biobasics.co.uk/registration

For further details contact us on: **01279 813371**

Find us on: www.facebook.com/BioBasicsUK

Follow us on Twitter: [@biobasicsuk](https://twitter.com/biobasicsuk)

Email: team@biobasics.co.uk

POSITIVE FEEDBACK FROM BIOBASICS WEEKEND 2016 – STRUCTURE AND FUNCTION

The Biobasics team and tutors were very pleased with all the positive feedback from last year’s Biobasics weekend.

It gives us encouragement to continue with these events, as people enjoy them so much and learn a great deal in the process.

We also feel that – in these difficult times – it is so important to garner the passion and enthusiasm of the osteopaths who attend these weekends, and harness this passion to share the work of Dr James Jealous and his invaluable contribution to osteopathy.

We feel it is important to keep the price of the weekend as affordable as possible so new graduates and 4th-year students can come and get inspired.

This area of osteopathy is quite different from what is learnt at undergraduate level, but it gives a taste of what can be achieved in future practice, with inspiring lectures and one tutor per table for the practicals.

We are proud to be part of a community that loves what we do so much.

All the tutors volunteer to give up their time and expertise to teach and – in the oral tradition of osteopathy – pass on their love of the work to the next generation.

The osteopaths who come as tutors are testament to what osteopathy is all about – sharing our knowledge and skills in order to do the the best we can for the students and, of course, our patients.

Every year the students unanimously agree how exciting it is:

“Great to hear different perspectives during the practicals and the feedback from each other.”



What the students have to say about the tutors:

“He kept it simple and was encouraging.”

“Gave good feedback, encouraging, reassuring of anything palpated.”

“Found both really helpful and interesting, hearing about their experiences, what they feel.”

“Patient and encouraging, great to have somebody at hand to confirm what I am feeling.”

“New way of thinking and working with the vascular system.”

“The vast potential of working with the fluid as a whole.”

“The sheer scope of biodynamics and health of our patients.”

“Exploring a different aspect of cranial osteopathy and meeting people sharing the same vision in osteopathy from all over the world.”

“So many like-minded people – such encouragement.”

“The combination (perfect by the way) between theory, new concepts and practicals. It introduces new ideas and ways of treating and builds on ways I already use. Such encouragement.”

“It’s also fascinating to talk to other osteopaths (tutors and fellow osteopaths on this course).”

This year we will continue exploring the theme of the osteopathic principles with: **The body is a unit of Mind, Body and Spirit (Dr AT Still)**

We expect to be fully booked so fill in your registration form asap to ensure a place on the course: **Biobasics 2017 – 21 and 22 of October 2017**

 To book your place visit our website: www.biobasics.co.uk/registration



Bringing together the osteopathic profession at the 2017 iO Convention

iO
THE INSTITUTE
of OSTEOPATHY

20th – 22nd October
Grange St Paul's Hotel - London

iO Convention is the biggest and best known osteopathic training and networking event in the UK osteopathic calendar, featuring an excellent range of workshops, networking opportunities, and an outstanding line-up of speakers. Prominent figures from the world of osteopathy and beyond will be sharing the cutting-edge research transforming our understanding of osteopathic practice.

94% agreed that
the 2016 Convention
was enjoyable

According to survey responses



Outstanding speakers including...

Eyal Lederman and **Matthew Wallden**
Beyond the mechanical model

Devan Rajendran
Biomechanics of the hip

Clive Lathey
New developments in back rehab

...and more than 20 masterclass and CPD sessions.

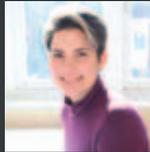
Book your place by visiting

www.osteopathy.org/convention-2017

or calling 01582 488 455



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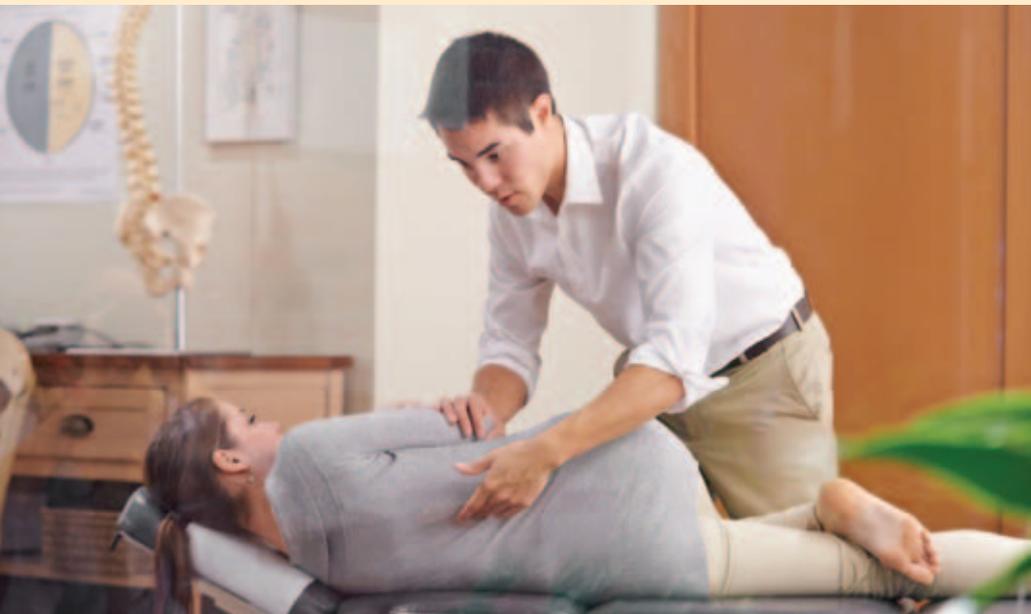
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