



COVID-19 Update

A message from Matthew Redford, Acting Chief Executive and Registrar

When I wrote to you last week, I noted that the profession was facing enormous challenges, but that we would all continue to put the interests of patients at the heart of what we do. I was therefore heartened to learn from the Institute of Osteopathy (iO) that a large number of osteopaths have signed up to support the NHS. Irrespective of whether you are a member of the iO, you can [read more about this on the iO's website](#).

If you are interested in learning more about volunteering, please see the information below about how to go about this.

We continue to follow Government guidance about homeworking and my staff team are all working remotely and will continue to do so for the foreseeable future. During this evolving situation we are developing and updating our published guidance which is informed by questions you have asked us. The published guidance is available on [our main COVID-19 webpage](#) and I would encourage you to look at this page for any information you might need. But do please get in touch if you have further questions that you think we may be able to help you with.

If you do get in touch with us, please note that the COVID-19 inbox will not be monitored over the bank holiday weekend, so please do allow extra time for a response next week.

I very much hope that you are staying as well as you can, and are coping with the very challenging circumstances affecting us all.

NHS welcomes osteopaths

Osteopaths are being welcomed by the NHS in a range of roles during the current crisis in all four countries of the UK, with large numbers already signing up to show their interest. The available roles may vary, from clinical to administrative, but there will be value in however you might be able support the NHS at this unprecedented time. [Find out more](#)

Get the latest COVID-19 guidance from the GOsC

You can find all our latest updates plus key advice from government and other useful information in relation to COVID-19 collated together on the [COVID-19 section of our website](#).

Carrying out CPD remotely

A number of osteopaths have been in touch with us to ask how they can carry on with their CPD and especially the 'learning with others' requirement, in the current circumstances. Engagement, support and community are key features of the CPD scheme and we are keen to help you to keep in touch with others in this time of social isolation. There are lots of ways to do your CPD remotely, with others and for free, for example:

- think about joining or setting up a [virtual CPD group](#)
 - carry out a [case-based discussion](#) on the phone or via video call with colleagues
 - try out a practice [Peer Discussion Review](#) with a colleague
 - explore the free CPD resources on the GOsC's [CPD site](#), including a [series of workbooks](#)
 - make use of your free access to the International Journal of Osteopathic Medicine and other [research journals via the o zone](#)
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Free COVID-19 e-learning from HEE

Health Education England (HEE) has created a free-to-access e-learning programme for the UK health and care workforce to help them respond to the COVID-19 situation. Content includes essential guidance from the NHS, UK Government and the World Health Organization. They have also added resources for staff being up-skilled or redeployed and the programme is now accessible for international users. HEE will continue to add more content in the coming days and weeks. [Find out more](#)

Looking after your own mental health and wellbeing

Taking care of your mental health and wellbeing is important for everyone especially during this challenging situation. We have collated some free resources that you might find helpful. [Read more](#)

Remember your Professional Indemnity Insurance

It's a legal requirement to have Professional Indemnity Insurance (PII) whether you're seeing patients or not. This legislation is there to protect patients and ensures you're indemnified against liabilities. If you change your status to 'non-practising' (which means you're not seeing or speaking to patients), you need to have 'run-off' cover. You'll need to discuss this with your insurance provider.

[Find out more](#)

Displaying your GOsC registration

A number of osteopaths have been in touch about updating their websites during the lockdown. If you want to promote your GOsC registration online, please remember:

- the 'I'm Registered' Mark is for individual osteopaths and includes your unique GOsC registration number
- the 'We're Registered' Mark is for principal osteopaths to display in a group practice
- registration marks are available in English and Welsh
- you should no longer be using the old 'Safe in our hands' Certification Mark as the Registration Marks have replaced these

[Find out more and request your Registration Mark via the o zone](#)

If you need to get in touch with us

If you have any COVID-19 related queries, you may find the answer on the [COVID-19 section of our website](#). If you still can't find the answer you are looking for, please email: covid19@osteopathy.org.uk but please note, the inbox will not be monitored over the bank holiday weekend. Our staff are continuing to work remotely and it may take us a little longer to respond at present. All your questions are important to us and our staff are working hard to respond as quickly as they can.



Visit the GOsC website at osteopathy.org.uk

The GOsC is a charity registered in England and Wales (1172749).

GOsC's ebulletins contain important information for registrants on maintaining high standards of practice.

Make sure you don't miss out - let us know if you are changing your contact or practice details by emailing: registration@osteopathy.org.uk

The below is a standard MailChimp feature, but as a registrant of the GOsC, we have a duty to supply you with the information you need, therefore we would ask that you don't unsubscribe.

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).
