



General
Osteopathic
Council

My CPD record

Name:

Registration No:

Current CPD cycle

Start date:

/ /

End date:

/ /

Activities in this record relate to the following years of my CPD cycle:

Year one

☐

Year two

☐

Year three

☐

Record Overview

Finished using this record? Complete your record overview ►

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

CPD activity summary

Start date:

 / /

End date:

 / /

Subject / Topic:

Activity type:

Learning on my own (hrs / mins):

 /

Learning with others (hrs / mins):

 /

Venue:

Summary including reflections on impact:



Brief summary of up to 500 words

Osteopathic Practice Standards theme:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme

Select any that apply

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐

Record Overview

Time period covered:

Activities in this record relate to the following years of my CPD cycle:

Year one

☐

Year two

☐

Year three

☐

Total hours of CPD completed:

Total hours spent learning with others:

Themes of the Osteopathic Practice Standards covered in this record:

Please select all that apply

A. Communication and patient partnership:

☐

B. Knowledge, skills and performance:

☐

C. Safety and quality in practice:

☐

D. Professionalism:

☐

Elements of the CPD scheme completed in this record:

Objective activity:

☐

Communication and consent

☐

Peer Discussion Review

☐