



Get a head start with the new CPD scheme

Become an Early Adopter!

We are inviting osteopaths to become Early Adopters to try out the new CPD scheme, before it becomes mandatory.

As part of the community of Early Adopters, you will have access to support and advice that will help you meet the requirements of the new CPD scheme. These 'Early Adopter' activities can count towards your current CPD.

What does being an Early Adopter involve?

You will be able to:

- link in to networks of Early Adopters, sharing ideas, learning and experiences of the new CPD scheme. Help each other to choose, plan and undertake CPD activities that will enrich your practice.
- access personal support, advice lines and 'bite-size' webinars designed to help you meet the requirements of the new scheme.
- learn more about the Peer Discussion Review, with opportunities to practise undertaking a review. Build 'safe spaces' with colleagues to share the challenges of practice.
- invite the GOsC and other osteopathic organisations to your local osteopathic group or community, to explore new opportunities for CPD that promotes quality in osteopathic practice.
- get support in planning, developing and running CPD sessions in your own community.

We will be asking Early Adopters for their feedback on learning resources we and other osteopathic organisations are developing as part of the new scheme.

To become an Early Adopter of the new CPD scheme, and/or if you have any questions, please email EarlyAdopter@osteopathy.org.uk or complete and return the enclosed form.

We look forward very much to working with you.

Tim Walker

GOsC Chief Executive and Registrar

What is the new CPD scheme?

In partnership with osteopaths and osteopathic organisations, the GOsC has developed a new CPD scheme with engagement, support and community at its heart.

While the scheme builds on what osteopaths are already doing, there are new requirements that all osteopaths must incorporate into their CPD. Over a three-year CPD cycle, you will need to undertake:

CPD across all the themes of the *Osteopathic Practice Standards*:

- A. Communication and patient partnership
- B. Knowledge, skills and performance
- C. Safety and quality in practice
- D. Professionalism

At least one 'objective activity' to assess the quality of your practice:

- patient feedback
- peer observation
- clinical audit
- case-based discussion

You must be able to demonstrate how this has influenced your CPD and improved your practice

At least one CPD activity in communication and consent

Maintain an annual CPD folder with documented evidence

Peer Discussion Review

By the end of the three-year CPD cycle, arrange a Peer Discussion Review with a colleague to discuss your CPD and practice. This review will complete your CPD cycle, but it is not about 'passing' or 'failing': it is about showing that you have engaged with the scheme and that your CPD has developed your practice.

Find out more about the new CPD scheme on our [public website](#)

