#### Self-assessment tool

Once you have reflected on the questions, you should indicate your level of ability to demonstrate achievement.

There are three options: green, amber or red. You should work your way through the self-assessment questions and tick the colour that you feel applies.

**GREEN** I am confident I can provide evidence to support achieving the Revalidation Criteria.

AMBER I am not fully confident I can provide enough evidence to support achieving the Revalidation Criteria, and I may need to do some further work on this aspect of my practice.

RED I am not confident I can provide enough evidence to support achieving the Revalidation Criteria. I will definitely need to do some further work on this aspect of my practice.

#### Theme of osteopathic practice

Theme 1
Communication and patient partnership

#### **Revalidation Criteria** Can you provide evidence to show that you: 1.1 Create relationships with patients that acknowledge the patient's strengths and knowledge. 1.2 Empower patients to be involved in their healthcare. 1.3 Gain informed consent, as appropriate, in a manner that is understandable to the patient, carer or parent and that is in accordance with legal requirements for consent and the GOsC's Osteopathic Practice Standards. 1.4 Involve the patient in understanding the assessment and decisions about their care.

Level of ability to provide supporting evidence					
Green	Amber	Red			

# Theme of osteopathic practice

Theme 2 Knowledge, skills and performance

Revalidation Criteria	Level of ability to provide supporting evidence		
	Green	Amber	Red
Can you provide evidence to support that you:			
2.1 Promote high standards of osteopathic care through your educational activities.			
2.2 Apply osteopathic principles, evidence-based practice, where appropriate, and health sciences in an integrated fashion in your patient care.			
2.3 Use your clinical judgement and decision-making skills to determine appropriate osteopathic management plans.			
2.4 Determine the boundaries of safe osteopathic practice.			
2.5 Liaise with other practising healthcare professionals as appropriate.			

# Theme of osteopathic practice

Theme 3
Safety and quality in practice

Revalidation Criteria	Level of ability to provide supporting evidence		
	Green	Amber	Red
Can you provide evidence to support that you:			
3.1 Critically gather and record a broad range of sufficient verbal and non-verbal evidence in a professional, patient-centred fashion.			
3.2 Make robust and safe assessments, recognising the need for clinical tests when appropriate.			
3.3 Apply a safe and competent osteopathic approach.			
3.4 Show critical awareness of the effectiveness and risk indicators of osteopathic management and respond appropriately.			
3.5 Apply appropriate solutions in practice to issues surrounding patient modesty within current norms for assessment and effective osteopathic care.			
3.6 Ensure that the environment is safe. Adhere to data collection guidelines and ensure full, accurate and timely patient records and data collection are maintained, in line with contemporary legal requirements.			
3.7 Avoid, minimise and control difficult situations.			
3.8 Apply appropriate complaints procedures, when necessary, ensuring relevant others are aware of these procedures.			

# Theme of osteopathic practice

Theme 4
Professionalism

Revalidation Criteria	Level of ability to provide supporting evidence		
	Green	Amber	Red
Can you provide evidence to support that you:			
4.1 Understand and respect the role of other healthcare professionals and support a climate that allows the choice of multi-professional care when appropriate.			
4.2 Work within the parameters of the <i>Osteopathic Practice Standards</i> , acknowledge your limitations and recognise when to seek advice or to refer.			
4.3 Competently seek current information to inform your osteopathic practice.			
4.4 Document all relevant information about patient management and your osteopathic practice.			
4.5 Care for and manage your patients in a manner that complies with equality and anti-discrimination laws.			
4.6 Care for and manage your patients in a manner that abides by the <i>Osteopathic Practice Standards</i> .			