



CPD Evaluation Survey 2020

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Instructions for completion of survey

The CPD evaluation survey has a total of 42 questions across 12 pages. It would be helpful for you to have your online [CPD Diary](#) open or CPD records in front of you when completing the survey and perhaps a copy of the Osteopathic Practice Standards or you could have a separate browser open at: standards.osteopathy.org.uk You might also find it useful to have any other records that you keep to hand for reference, such as the number of patients you treated etc.

Mobile device users: If you are completing the survey using a mobile phone, you may find it useful to view the grid type questions in a list format instead. To do this click the link 'View as a separate question instead,' which can be found above each of the grid type questions.

It is possible to complete the CPD evaluation survey in about 40 minutes, but if you want to spend longer and gain more from the process, you can claim a full hour of CPD. The survey will take longer this year because there is an additional section on the impact of COVID-19 on both your CPD and practise.

Links to key resources on particular aspects of the CPD scheme are included throughout the survey. This will help if you are unclear about elements of the scheme or you might just want to check out what resources are available for future use and bookmark the links in your browser.

Saving and recording the survey

Once you have completed the survey you will be able to save an electronic copy of your responses to keep in your [CPD Records](#) as evidence or print a copy if you prefer.

You can pause at any time during the survey, click on the 'finish later' button at the foot of the page you are on, and resume a little later by simply putting your email address in the box provided and pressing the 'send' button.

You will be able to **claim up to 1 hour of CPD** for completion of the survey, along with any **additional time spent reflecting** on the content and what that means for you either individually or collectively with a colleague.

Benefits of taking part

Completing this CPD survey will:

- enable you to consider your CPD annual activity (this counts as CPD which you can claim)
- help you to consider how CPD contributes to safe practice and enhances patient care
- help the GOsC to continually understand the impact of the CPD scheme as it is implemented, enabling us to offer tailored support and resources to osteopaths
- help the GOsC to further **understand the impact COVID-19** is having on both your **CPD and practise**

All responses will be confidential and anonymous. There is no way of linking data to respondents.

Thank you for taking the time to complete this survey. Your views are greatly valued and your participation is much appreciated.

The closing date for this survey is 31 January 2021.

If you have any questions about this survey please do not hesitate to contact:

Dr Stacey M. Clift

PhD, MA, PGCert, BA (Hons)

Senior Research and Policy Officer

General Osteopathic Council

Direct Line: +44 (0)207 357 6655 x233

Email: sclift@osteopathy.org.uk

Section One: About you and your CPD hours

We are asking for this information about you and your practise because thinking about the range and context of your practice will help you to think about your CPD.

1. Are you currently: (Please tick no more than three items that best describes you as a practitioner) * Required

Please select between 1 and 3 answers.

- Practising as an osteopath in private practice
- Practising as an osteopath in the NHS or seeing NHS patients
- Working in research
- Working in education
- Providing other health services (eg dry needling acupuncture, ultrasound treatment, sports massage, orthotic prescription, naturopath, herbal medicine, nutritionist)
- Working in a field unrelated to osteopathy
- Working as a contact tracer/NHS Clinical Contact Caseworker
- Non-practising
- Other

1.a. If you selected Other, please specify:

1.b. Are you currently registered with another health and social care regulator? * Required

- Yes, General Medical Council
- Yes, Health and Care Professions Council (Physiotherapist)
- Yes, Health and Care Professions Council (Other)
- Another professional body
- Not applicable

1.b.i. If you selected Other, please specify:

1.c. How many years have you been registered with the GOsC? * Required

- Less than 1 year
- 1-5 years
- 6-10 years
- 11-15 years

- 16-20 years
- 21-25 years
- 26-30 years
- 31-35 years
- 36-40 years
- 41+ years

1.d. How many hours do you practise as an osteopath per week?

	* Required							Other
	0-4 hours	5-14 hours	15-24 hours	25-34 hours	35-44 hours	45-54 hours	55 hours+	
During a typical week (before COVID-19)	<input type="radio"/>							
Since COVID-19	<input type="radio"/>							

1.e. How many osteopathy patients do you see per week?

	* Required					
	1-10 patients	11-20 patients.	21-30 patients	31-40 patients.	41 patients +	Other
During a typical week (before COVID-19)	<input type="radio"/>					
Since COVID-19	<input type="radio"/>					

1.f. Who do you normally treat? * Required

Please select between 1 and 4 answers.

- Adults only (18 years old and above)
- Adults (18 years old and above)
- Babies (under 1 year)
- Toddlers (1-3 years)/Children (4-17 years)
- Animals
- Not currently seeing patients

1.f.i. Are you currently not treating any particular patient groups as part of any measures you have put in place as a result of COVID-19? * Required

- Yes
- No

1.f.i.a. If yes, which of the following patient groups are you not currently treating:

Please select between 1 and 7 answers.

- Adults (18 years+)
- Adults Over 70
- Adults and children in the Extremely Vulnerable category
- Adults and children in the Clinically Vulnerable category
- Babies
- Toddlers/children

- Animals
- Not currently seeing patients

1.g. Which of the following best describes the way you practise? (Please tick the items that best describe you) * Required

- Sole practitioner
- Work with other osteopaths only
- Work with other osteopaths and healthcare professionals
- Work with other healthcare professionals only
- Other

1.g.i. If you selected Other, please specify:

Section Two: Thinking about your CPD and learning with others

2. Approximately how many of your CPD hours over the past 12 months were undertaken with others? Learning with others refers to any relevant learning activity that involves interaction with osteopaths, healthcare practitioners or other professionals. * Required

- 0-5 hours
- 6-10 hours
- 11-15 hours
- 16-20 hours
- 21-25 hours
- 26-30 hours
- 31-40 hours
- 41-50 hours
- 51-60 hours
- 61-70 hours
- 71-80 hours
- 81-90 hours
- 91-100 hours
- 100 hours +

3. When thinking about your CPD activities which involve learning with others, approximately how many of your CPD hours over the past 12 months were in association with the following? Please complete all statements.

	* Required							
	None	1-5 hours	6-10 hours	11-15 hours	16-20 hours	21-25 hours	26-30 hours	30+ hours
One of the UK osteopathic education providers	<input type="radio"/>							
A group in your local area (eg with one of the regional society CPD groups, local practices or linking with colleagues in your own practice)	<input type="radio"/>							
A shared interest group (eg Osteopathic Alliance, NCOR Research Hub, Osteopathic Sports Care Association member organisation, healthcare regulatory body or NHS Board)	<input type="radio"/>							
The Institute of Osteopathy (iO)	<input type="radio"/>							
Other healthcare professionals (eg NHS, surgeons, physiotherapists, orthotists, acupuncturists, nutritionists, homeopaths etc)	<input type="radio"/>							

4. When thinking about your CPD activities which involve learning with others, which of the following types of CPD activities did you do over the past 12 months? Please complete all statements.

* Required

	Never	Rarely	Sometimes	Regularly
Taught courses or session(s)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Group or practice meeting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bespoke group meeting to discuss specific clinical issues and share experiences for problem solving purposes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Undertaking teaching, mentoring or tutorials	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Undertaking a Higher Education qualification	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working with others on research and publication activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Interactive elearning based activities (ie distance learning, or webinars)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conference attendance (osteopathic and non-osteopathic)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Objective activity (eg case based discussion, clinical audit, patient feedback, peer observation or Patient Reported Outcome Measures)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communication and consent activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Section Three: Planning, recording and reflecting on your CPD activities

5. What motivates you to plan your CPD activities? (Please tick each of the statements according to the rating scale below)

	<i>* Required</i>			
	Never	Occasionally	Most of the time	Always
I motivate myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking to others about my CPD	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Skill development or practise (eg developing and keeping up to date with your clinical skills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Practice development (eg developing your practice, including business skills, developing a client base, introducing new technology to book appointments and record case histories and improvements to the customer journey/experience)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Courses that are available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Specific activities that are requirements of the scheme (eg objective activity, communication and consent activity, Peer Discussion Review, OPS themes)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Activities provided by specific providers (eg osteopathic education providers, commercial providers, regional or local group, GOsC, iO, shared interest groups or other professionals)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Activities run by colleagues or acquaintances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Certificate or proof of attendance provided by the activity organisers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nothing specific - I take advantage of good learning opportunities as they arise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Thinking about reflecting on your practise as an osteopath, please tick each of the statements according to the rating scale below:

	<i>* Required</i>			
	Never	Occasionally	Most of the Time	Always
I am confident in my ability to reflect and enhance my practise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have sought training and/or advice in order to develop skills in reflection	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I reflect I have recorded my experiences and reviewed my learning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have access to a trusted colleague I can discuss my reflections with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have found reflection with others valuable in developing my learning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. What are the barriers that you face in reflecting on your practise? ** Required*

Please select between 1 and 8 answers.

- I am not sure how to
- I'm not really sure what this means
- I don't understand why I should do this
- I'm worried about recording things like this

- I don't consider this necessary for me and my practise
- I find allocating time to reflect and record my reflections difficult, because it gets in the way of actual practise
- I feel comfortable about reporting my reflections
- I don't have any barriers
- Other

7.a. If you selected Other, please specify:

7.b. Please use this space to provide further details about any barriers that you face in reflecting on your practise:

8. Which of the following are you currently using to record and reflect on your CPD activities? (please tick no more than four options)
* Required

Please select between 1 and 4 answers.

- GOsC Online CPD Diary (via the o zone)
- My own reflective diary
- Paper record containing CPD evidence
- Electronic record containing CPD evidence (eg MS Word, Apple Pages, Google Doc, Dropbox, Google Drive)
- Eportfolio platform (eg Pebblepad, Folio Spaces, Padlet, Mahara)
- Other

8.a. If you selected Other, please specify:

9. Which year of your CPD cycle are you currently in? * Required

- First year
- Second year
- Third year
- Unsure

9.a. How many hours of CPD are you planning to do in this year of your cycle? *Optional*

- None
- 1-10 hours
- 11-20 hours
- 21-30 hours
- 31-40 hours
- 41-50 hours
- 51-60 hours
- 61-70 hours
- 71-80 hours
- 81-90 hours
- Other
- Unsure

9.a.i. If you selected Other, please specify:

Section Four: Communication and consent and the Osteopathic Practice Standards

10. Have you undertaken CPD in the area of [communication and/or consent](#) during the past 12 months? * Required

Yes No

10.a. If no, please use this space to provide any further information that you would like to add here:

10.b. If yes, which of the following [communication and consent](#) based activities have you undertaken in the last 12 months?

CPD activity that solely focused on the area of communication and consent
 CPD activity where communication and consent was an element or part of the activity

10.c. If yes, was your communication and consent based activity/ activities:

A taught course
 CPD event
 A face to face group discussion (eg practice meeting or local or regional group)
 An online activity (eg webinar or group discussion)
 Patient stories or case studies
 Reading activity (eg Osteopathic Practice Standards, journals, GOsC guidance: Obtaining patient capacity to consent)
 NCOR Research
 Other

10.c.i. If you selected Other, please specify:

10.d. If yes, was your communication and consent based activity related to your objective activity (eg case based discussion, patient feedback, peer observation, clinical audit)?

Yes No

10.e. Please provide details of the communication and/or consent activity undertaken (eg what was the activity undertaken):

The next questions (Q11- Q13) are about your CPD and the [Osteopathic Practice Standards](#)

11. When planning your CPD did you consider the four themes of the [Osteopathic Practice Standards](#) to help you identify your learning needs over the past 12 months? * Required

- Yes No

12. When recording your CPD have you linked your CPD over the past 12 months to the four themes of the [Osteopathic Practice Standards](#)? * Required

- Yes No

12.a. If yes, when do you link or map your CPD to the four themes of the [Osteopathic Practice Standards](#)?

- I map my CPD routinely - I do it as I go
- I map my CPD at the end of the year
- I look for CPD providers to identify and tell me which Osteopathic Practice Standards or themes would be covered
- Other

12.a.i. If you selected Other, please specify:

Thinking about the CPD hours that you have undertaken over the past 12 months in relation to the Osteopathic Practice Standards (OPS):

13. During the past 12 months please estimate how many hours of CPD on average you have spent on each of the four themes of the [Osteopathic Practice Standards](#)

	* Required									Please give an example of CPD that you have undertaken which covered this theme <i>Optional</i>	
	None	1-5 hours	6-10 hours	11-15 hours	16-20 hours	21-25 hours	26-30 hours	30+ hours	Unsure		
Communication and patient partnership (Theme A)	<input type="radio"/>	<div style="border: 1px solid black; height: 40px; width: 100%;"></div>									
Knowledge, skills and performance (Theme B)	<input type="radio"/>	<div style="border: 1px solid black; height: 40px; width: 100%;"></div>									

Safety and quality in practice (Theme C)	<input type="radio"/>									
Professionalism (Theme D)	<input type="radio"/>									

Section Five: Objective activity

14. Have you undertaken a CPD activity aimed at receiving [objective feedback](#) on your practice as part of your CPD during the past year? * *Required*

- Yes No

14.a. If yes, which objective activities have you undertaken as part of your CPD during the past year?

- Case-based discussion
- Clinical audit
- Patient feedback
- Patient Reported Outcome Measures (PROMs)
- Peer Observation
- Other

14.a.i. If you selected Other, please specify:

14.b. If yes, have you used any of the following [workbooks](#) to help you with your objective activity?

Please select between 1 and 6 answers.

- Case-based discussion
- Patient feedback
- Peer observation
- Keeping CPD records workbook
- Planning your CPD
- Communication and consent
- None

15. Do you have any concerns about **receiving** feedback as part of the objective activity? * *Required*

- Yes No

15.a. If yes, what concerns do you have?

16. Do you have any concerns about **giving** feedback to a colleague as part of the objective activity? * Required

Yes No

16.a. If yes, what concerns do you have?

17. Do you currently use any of the following mechanisms to give patients an opportunity to feedback? * Required

Please select between 1 and 9 answers.

- Verbal feedback on the day of appointment
- Questionnaire or survey (satisfaction, experience, PROMs or using other outcome measures)
- Focus groups or panels
- Patient stories
- Complaints and compliments (eg Google reviews, testimonials)
- Comment cards
- Online ratings
- Patient involvement in research
- None
- Other

17.a. If you selected Other, please specify:

18. During the past 12 months have you made any changes to the way in which you practise as a direct result of comment(s) made to you by a patient(s)? * Required

Yes No

18.a. If yes, please specify:

Not long to go now - Thank you your data is really important to us

Section Six: Peer Discussion Review

19. Are you able to discuss concerns arising in practice with a trusted colleague? (eg about a clinical issue or about the way a practice is managed) * Required

- Yes No

19.a. Do you currently discuss your CPD with a colleague? * Required

- Yes No

19.b. Do you have access to someone you can discuss your CPD activity with (including areas of skills and development)? * Required

- Yes No

Thinking about your peer for the Peer Discussion Review:

20. Have you identified who might be your peer for the [Peer Discussion Review](#)? * Required

- Yes No

20.a. If yes, have they agreed to be your peer for the Peer Discussion Review?

- Yes No

20.a.i. If no, when do you hope to have this agreed with your chosen peer?

- Soon as possible
- End of Year 1 of my CPD cycle
- End of Year 2 of my CPD cycle
- Towards the end of Year 3 of my CPD cycle
- I don't know

20.b. If yes, have you had an initial conversation with them about your Peer Discussion Review or CPD?

- Yes No

20.b.i. If no, when do you hope to have had an initial conversation with your peer about your Peer Discussion Review or CPD?

- Soon as possible
- End of Year 1 of my CPD cycle

- End of Year 2 of my CPD cycle
- End of Year 3 of my CPD cycle
- I don't know

20.c. If no, what is preventing you from identifying your peer for the Peer Discussion Review?

21. Thinking about your [Peer Discussion Review](#) under the CPD scheme: please answer each of the questions below:

	<i>* Required</i>	
	Yes	No
Have you been asked to be a peer discussion reviewer for another osteopath?	<input type="radio"/>	<input type="radio"/>
Have you ever experienced a Peer Discussion Review of your own practice?	<input type="radio"/>	<input type="radio"/>
Have you ever undertaken a Peer Discussion Review for another osteopath?	<input type="radio"/>	<input type="radio"/>

Thinking about the practitioner that might become your peer for the [Peer Discussion Review](#):

21.a. How do you know the practitioner that might be your peer for the Peer Discussion Review? ** Required*

- They are an osteopath I work with
- They are an osteopath I know but do not work with directly
- They are an osteopath not known to me
- They are another health professional
- Through a local / regional group
- Through a shared interest group or the Osteopathic Alliance
- Through the Institute of Osteopathy (iO)
- Don't know yet
- Other

21.a.i. If you selected Other, please specify:

22. Do you feel prepared for the [Peer Discussion Review](#) process which is part of the new CPD scheme? ** Required*

- Yes
- No
- Unsure

23. Have you reviewed the Peer Discussion Review [guidance](#) and [template](#)? * Required

- Yes No

23.a. If no, when are you planning to review them?

- Soon as possible
 End of Year 1 of my CPD cycle
 End of Year 2 of my CPD cycle
 Towards the end of Year 3 of my CPD cycle
 I don't know

24. Do you have any concerns about the Peer Discussion Review? * Required

- Yes No

24.a. If yes, what concerns do you have?

25. How are you preparing for your [Peer Discussion Review](#)? * Required

- I am planning to try a Peer Discussion Review early on in my CPD cycle to familiarise myself with the template
 I am planning on completing the Peer Discussion Review section by section as I meet different elements of the scheme (eg as I go along)
 I am going to find a peer to work with and discuss my CPD with them but not complete the Peer Discussion Review until nearer the end of the three-year cycle
 I am planning to leave both finding a peer and the Peer Discussion Review until later
 I haven't made any plans yet

26. How helpful have you found the following resources in beginning to prepare for your [Peer Discussion Review](#):

	* Required					
	Very unhelpful	Unhelpful	Helpful	Very helpful	Unsure	Not used
Peer Discussion Review guidance and template	<input type="radio"/>					
Articles in The Osteopath	<input type="radio"/>					
CPD Website	<input type="radio"/>					
GOsC webinars	<input type="radio"/>					
Meetings with peers where you have discussed the PDR	<input type="radio"/>					

Section Seven: Communication, engagement and resources - helping you prepare for CPD

27. Have you looked at the [Continuing professional development guidance for osteopaths?](#) * Required

Yes No

27.a. If yes, do you refer to the [Continuing professional development guidance](#) for osteopaths when completing or recording your CPD?

Yes No

28. Have you looked at the [Your guide to the CPD scheme?](#) * Required

Yes No

29. Have you referred to articles in [The Osteopath](#) magazine when completing your CPD this year? (eg to provide you with some ideas as to how to go about a particular CPD activity, help you reflect on activities or claim reading hours) * Required

Yes No

29.a. If yes, which of the following topics in The Osteopath magazine have you found useful?

- Planning my CPD
- Osteopathic Practice Standards
- Communication and consent
- Objective activity (case-based discussion, clinical audit, patient feedback, peer observation or Patient Reported Outcome Measures)
- Keeping CPD records (how to reflect and record your practice)
- Peer Discussion Review
- Connecting with others and learning together (CPD groups)
- COVID-19 updates and guidance
- Remote and virtual CPD

29.b. If yes, in relation to your CPD, what other topics or content would you like to see articles on in The Osteopath magazine?

30. Have you referred to the GOsC monthly news ebuletin to inform your CPD? (eg to provide you with some ideas as to how to go about a particular CPD activity, help you reflect on activities or claim reading hours) * Required

- Yes No

30.a. If yes, which of the following topics in the GOsC monthly ebuletin have you found useful?

- Planning my CPD
- Osteopathic Practice Standards
- Objective activity (case based, clinical audit, patient feedback, peer observation or Patient Reported Outcome Measures)
- Keeping CPD records (how to reflect and record your practice)
- Peer Discussion Review
- Connecting with others and learning together (CPD groups)
- COVID-19 updates and guidance.
- Remote and virtual CPD
- CPD webinars (practical CPD activities)

31. Do you use specific [research from peer-reviewed journals](#) (eg from the International Journal of Osteopathic Medicine or other research articles by [NCOR](#), osteopathic researchers, and other healthcare researchers available to all osteopaths through the o zone) to inform your CPD? * Required

- Yes No

32. Have you visited the [CPD website \(cpd.osteopathy.org.uk\)](http://cpd.osteopathy.org.uk) to inform your CPD activities? * Required

- Yes No

32.a. If yes, which of the following areas of the CPD website have you looked at?

- About the CPD scheme
- How to do your CPD
- Resources
- Events
- Learn from others (CPD stories, groups and communities)
- COVID-19 updates and guidance
- Planning your CPD
- Remote and virtual CPD

32.b. Are there any additional topic areas that you would like to see on the CPD website?

- Yes
 No
 Unsure

32.b.i. If yes, please specify the topic areas that you would like to see on the CPD microsite:

33. Do you feel confident about meeting the [CPD scheme](#) requirements? * Required

Yes No

33.a. If no, what questions do you have about the CPD scheme?

34. How confident do you feel about meeting the following elements of the CPD scheme, on a scale of 1-5? (Where 1 = very unconfident and 5 = very confident)

	1 - Very unconfident	2 - Unconfident	3 - Neither unconfident nor confident	4 - Confident	5 - Very confident
Planning my CPD across a 3 year cycle	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mapping my CPD to the Osteopathic Practice Standards	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communication and consent based activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Objective activity (case based discussion, clinical audit, patient feedback, peer observation or using Patient Reported Outcome Measures)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Keeping CPD Records	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reflection	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Peer Discussion Review	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Section Eight: Impact of COVID-19 on your CPD and practise

The nature of the COVID-19 crisis will inevitably mean that some osteopaths will find it easier than others to participate regularly in CPD activities at the current time. For example, osteopaths working in a frontline role caring for acute patients in some way, or who are ill or who have caring responsibilities or home-schooling responsibilities may have less time to undertake CPD.

The questions that follow attempt to explore how COVID-19 has impacted on your CPD and practice, so that we can help support you through this challenging time.

35. Have any of your CPD activities/events/courses that you had previously scheduled been cancelled or postponed as a result of COVID-19? * *Required*

Yes No

35.a. How many CPD hours did this cancelled or postponed event(s) involve?

1-5 hours
 6- 10 hours
 11-15 hours
 16-20 hours
 21-25 hours
 26-30 hours
 30+ hours

35.b. Were you able to replace these cancelled or postponed event(s) with an online virtual activity instead?

Yes No

35.b.i. If yes, did this replacement CPD activity provide you with:

Less CPD hours than I had originally scheduled
 Exactly the same number of CPD hours I had originally scheduled
 I had to do more online activities to equal the face to face event that was cancelled/postponed
 More CPD hours than I had originally scheduled

36. To what extent has COVID-19 affected your CPD in relation to the following key elements of the scheme:

	<i>* Required</i>			
	Not at all	Not very significantly	Significantly	Very significantly
Total CPD hours	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Learning with others CPD hours requirement (45 hours)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communication and consent based activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Objective activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Peer Discussion Review	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Planning my CPD	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Recording my CPD	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reflecting on my CPD	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

37. To what extent has COVID-19 affected your CPD activities which involve learning with others in association with the following CPD providers:

	* Required				
	Not at all	Rarely	Somewhat	Completely	Not applicable
One of the UK osteopathic education providers	<input type="radio"/>				
A group in your local area (eg with one of the regional society CPD groups, local practices or linking with colleagues in your own practice)	<input type="radio"/>				
A shared interest group (eg Osteopathic Alliance, NCOR Research Hub, Osteopathic Sports Care Association member organisation)	<input type="radio"/>				
The Institute of Osteopathy (IO)	<input type="radio"/>				
Other healthcare professionals (eg NHS, surgeons, physiotherapists, orthotists, acupuncturists, nutritionists, homeopaths etc)	<input type="radio"/>				

38. Do you have any concerns around completing your CPD cycle as a result of COVID-19? * Required

Yes No

38.a. If yes, please provide further details about your concerns:

39. Do you need support with your CPD as a result of the COVID-19 pandemic? * Required

Yes No

39.a. If yes, what support do you need with your CPD as a result of COVID-19?

40. How helpful have you found the following GOsC COVID-19 resources?

	* Required					
	Very unhelpful	Unhelpful	Helpful	Very helpful	Unsure	Not used
COVID-19 updates	<input type="radio"/>					
Infection control guidance	<input type="radio"/>					
YouTube infection control guidance video	<input type="radio"/>					
The Osteopath COVID-19 Issues	<input type="radio"/>					
GOsC website COVID-19 section: osteopathy.org.uk/covid-19	<input type="radio"/>					
COVID-19 mailbox	<input type="radio"/>					

If you are struggling with your CPD, feeling confused or anxious, or need some support to get started, please do send an email to cpd@osteopathy.org.uk We will happily get back to you and provide support to help you out.

41. Where did you hear about completing this survey? * Required

- Received email from GOsC
- GOsC ebulletin
- The Osteopath magazine
- GOsC social media (eg Facebook, Twitter, LinkedIn)
- Osteopath Today magazine
- Institute of Osteopathy Connections ebulletin
- Passed on to me by osteopathic colleague
- Osteopathic education provider
- Other

41.a. If you selected Other, please specify:

Section Nine: Demographic information

We ask for this information to help us ensure that our implementation of the CPD scheme is suitable for all osteopaths and is not inadvertently discriminating against any particular group. It also helps us determine potential discrimination and identify opportunities to advance equality for particular groups. We are also required as an organisation to monitor diversity.

It would be very helpful to us if you would complete this information, and you will be able to select 'Do not wish to answer' to any questions you do not wish to complete. However, if you do not wish to complete this section at all, just Click No to Q42 'Would you be prepared to complete the demographic information' and you will be asked your geographical location only and taken to the end of the survey.

42. Would you be prepared to complete the demographic information? * Required

- Yes
- No

42.a. Your gender identity: How do you currently identify yourself:

- Do not wish to answer
- Male
- Female
- Non-binary
- Other

42.a.i. If you selected Other, please specify:

42.b. Is your gender identity the same as the sex you were assigned at birth?

- Do not wish to answer
- Yes
- No

42.c. Your ethnicity:

- Do not wish to answer
- Asian or Asian British (Bangladeshi, Indian, Pakistani, Chinese or any other Asian background)
- Black or Black British (African, Caribbean or any other Black background)
- Mixed Ethnic Background (White and Asian, White and Black, White and Chinese or any other Mixed Ethnic Background)
- White or White British (English, Irish, Scottish, Welsh or any other White background)
- Other Ethnic Group (Arab, or any other ethnic group)

42.c.i. If you selected Other, please specify:

42.d. Your age:

- Do not wish to answer
- 20-24
- 25-29
- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65+

42.e. Your sexual orientation:

- Do not wish to answer
- Bisexual
- Gay/Homosexual
- Gay/Lesbian
- Heterosexual
- Other

42.e.i. If you selected Other, please specify:

42.f. Your religion:

- Do not wish to answer
- Buddhist
- Christian
- Hindu
- Jewish
- Muslim
- Sikh
- None
- Other

42.f.i. If you selected Other, please specify:

42.g. Your marital status:

- Do not wish to answer
- Married
- Civil partnership
- Single, never married
- Separated/divorced
- Widowed
- Unmarried and living with a partner
- Other

42.g.i. If you selected Other, please specify:

42.h. Do you consider yourself to have a disability? A disabled person is someone who has an impairment, experiences externally imposed barriers or self-identifies as a disabled person

- Do not wish to answer
- Yes
- No

42.h.i. If yes, please tick all which apply

Please select between 1 and 8 answers.

- Do not wish to answer
- Physical impairment or mobility issue
- Blind or visual impairment
- Deaf or hearing impairment
- Speech impairment
- Mental health condition
- Learning difficulties/disability
- Long term illness or medical condition (including anything for which you take regular prescribed medication or need regular medical treatment)
- An impairment, health condition or learning difficulty that is not listed

42.i. Your working pattern

- Do not wish to answer
- Full time

- Part time
- Maternity/Paternity leave
- Non-practising

42.j. Main geographical location: * Required

- Greater London or Middlesex
- South East England
- South West England
- Eastern or Home Counties
- Central England
- Northern England – East
- Northern England – West
- Wales
- Scotland
- Northern Ireland
- Europe
- Elsewhere in the world
- Do not wish to answer

Final comments and thank you

Thank you for taking the time to complete this survey.

If you would like further information about this survey, please email **Dr Stacey Clift** on sclift@osteopathy.org.uk. By using this email address it will ensure that your data anonymity is preserved.

Don't forget that you can claim up to 1 hour of CPD for completing this evaluation, plus any additional time that you spend reflecting on your answers.

On the next page you can print, email or download an electronic **completion receipt**. This will provide you with a record of completion, detailing the date and time that you completed the survey to keep in your CPD record as evidence.

If you would like to download or print a copy of your responses to keep in your CPD records as evidence, please make sure that you click **'Finish'** and then click **'My Responses.'** Remember, you will only have **15 minutes to download** your responses after pressing the 'Finish' button.

Please note, if you would like to keep copies of **both** the **completion receipt** and **your responses** you will need to **print** or **email** the **completion receipt** and **download 'My Responses.'** It is not possible to download both the completion receipt and your responses.

Please click on the finish button below.

Page 12: Thank you

Thank you for taking the time to complete this survey.

Don't forget that you can claim up to 1 hour CPD for completing this evaluation, plus any additional time that you spend reflecting on your answers.
