



General
Osteopathic
Council

CPD Evaluation Survey 2019

Page 1

Instruction for Completion of Questionnaire

CPD Evaluation: Making the [new CPD scheme](#) work for you and your colleagues

Completing this CPD questionnaire will:

- enable you to consider your CPD and your practice (this counts as CPD which you can claim on your CPD form)
- help you to consider how CPD contributes to safe practice and enhanced patient care
- help the GOsC to better understand the impact of the [new CPD scheme](#) as it is implemented, enabling us to offer tailored support and resources to osteopaths.

The CPD Evaluation Questionnaire will take about 30 minutes to complete. It has been reported by osteopaths that the questionnaire is short enough to be completed in a coffee break between patients.

The CPD Evaluation Questionnaire has a total of 39 questions across 6 pages.

It would be helpful for you to have your most recent [CPD Annual Summary form](#) or [CPD Records](#) in front of you when completing the questionnaire and perhaps also a copy of the [Osteopathic Practice Standards](#).

Once you have completed the questionnaire you will be able to save an electronic copy

of your responses to keep in your [CPD Records](#) as evidence or print a copy if you prefer.

You can pause at any time during the questionnaire, click on the 'finish later' button at the foot of the page you are on, and resume a little later by simply putting your email address in the box provided and pressing the 'send' button. You will then receive an email from Jisc online surveys stating that you have not yet completed the survey and that you can click on the link provided in the email to carry on with the survey. However, note that this link will only be available for 24 hours for you to continue to complete the survey.

You will be able to claim 30 minutes of CPD for completion of the questionnaire, along with any additional time spent reflecting on the content and what that means for you either individually or collectively with a colleague.

All responses will be confidential and anonymous. There is no way of linking data to respondents.

Thank you for taking the time to complete this questionnaire. Your views are greatly valued and your participation is much appreciated.

If you have any questions about this reflective activity please do not hesitate to contact:

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Page 2: CPD Evaluation Survey for Osteopaths

Section One: about you and your CPD hours

About your practice

We are asking for this information about you and your practice because thinking about the range and context of your practice will help you to think about your CPD.

1. Are you currently: (Please tick no more than three items that best describes you as a practitioner) * *Required*

Please select between 1 and 3 answers.

- Practising as an osteopath in private practice
- Practising as an osteopath in the NHS or seeing NHS patients
- Working in research
- Working in education
- Providing other health services
- Working in a field unrelated to osteopathy
- Other

1.a. If you selected Other, please specify:

1.b. Are you currently registered with another health and social care regulator? * *Required*

- Yes, General Medical Council

- Yes, Health and Care Professions Council (Physiotherapist)
- Yes, Health and Care Professions Council (Other)
- No
- Other

1.b.i. If you selected Other, please specify:

1.c. How many hours do you practise in a typical week * Required

- 5 - 14 hours
- 15 - 24 hours
- 25 - 34 hours
- 35 - 44 hours
- 45 - 54 hours
- 55 hours+
- Other

1.c.i. If you selected Other, please specify:

1.d. How many patients do you see in a typical week? * Required

- 1 - 10 patients
- 11 - 20 patients
- 21 - 30 patients
- 31 - 40 patients
- 41 patients +
- Other

1.d.i. If you selected Other, please specify:

1.e. Who do you currently treat? * Required

Please select between 1 and 4 answers.

- Adults only (18 years old and above)
- Adults (18 years old and above)
- Babies
- Children
- Animals
- Not currently seeing patients

1.f. On average, in what ways do you practise with other osteopaths (please answer each of the statements as an estimated percentage of your time in a typical week)?

	* Required					
	None	Less than 25% of the time	25% of the time	50% of the time	75% of the time	100% of the time
With other osteopaths	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
With other osteopaths and other healthcare professionals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
With other healthcare professionals only	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Thinking about your CPD and learning with others:

2. Approximately how many of your CPD hours over the past 12 months were undertaken with others? Learning with others refers to any relevant learning activity that involves interaction with osteopaths, healthcare practitioners or other professionals. * *Required*

- 15 hours only
- 16-20 hours
- 21-25 hours
- 26-30 hours
- 30+ hours

3. When thinking about your CPD activities which involve learning with others. Approximately how many of your CPD hours over the past 12 months were in association with the following: Please complete all statements.

	<i>* Required</i>							
	1-5 hours	6-10 hours	11-15 hours	16-20 hours	21-25 hours	26-30 hours	30+ hours	None
One of the UK osteopathic education providers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A group in your local area (eg with one of the regional society CPD groups, local practices or linking with colleagues in your own practice)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

A shared interest group (eg Osteopathic Alliance, Osteopathic Sports Care Association member organisation)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Institute of Osteopathy (iO)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other healthcare professionals (eg NHS, surgeons, physiotherapists, orthotists, acupuncturists, nutritionists, homeopaths etc)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. When thinking about your CPD activities which involve learning with others, which of the following types of CPD activities did you do over the past 12 months? Please complete all statements.

	<i>* Required</i>			
	Never	Rarely	Sometimes	Regularly
Taught courses or session(s)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Group or practice meeting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Undertaking teaching, mentoring or tutorials	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Undertaking a Higher Education qualification	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working with others on research and publication activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shadowing or observation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Case-based discussion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Patient feedback	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clinical audit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Patient Reported Outcome Measures (PROMs)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Interactive elearning based activities (ie distance learning, or webinars)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conference attendance (osteopathic and non-osteopathic)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Group meeting based on the area of communication and/or consent	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. Have you undertaken CPD in the area of [communication and/or consent](#) during the past 12 months? * *Required*

- Yes - Communication Only
- Yes - Communication and Consent
- Yes - Consent Only
- No

5.a. If yes, which of the following [communication and/or consent](#) based activities have you undertaken in the last 12 months?

- A taught course that solely focused on the area of communication and/or consent
- A taught course or CPD where communication and/or consent has featured as part of the activity or which you feel has enhanced your practice in these areas
- CPD that solely focused on the area of communication and/or consent that was not a taught course

5.a.i. Please provide details of the communication and/or consent activity undertaken:

The next questions (Q6-Q11) are about your CPD and the [Osteopathic Practice Standards](#)

6. Have you used the four themes of the [Osteopathic Practice Standards](#) to identify your learning needs over the past 12 months? * *Required*

- Yes No

7. Have you linked your CPD over the past 12 months to the four themes of the [Osteopathic Practice Standards](#)? * *Required*

- Yes No

7.a. If yes, how did you go about linking or mapping your CPD to the four themes of the [Osteopathic Practice Standards](#)?

- I identified CPD content that related to specific areas of the Osteopathic Practice Standards
- I estimated the number of hours I had spent on each of the four Osteopathic Practice Standards themes at the end of the year
- I identified the overarching Osteopathic Practice Standards themes covered in most of my CPD activities
- I linked the Osteopathic Practice Standards to CPD on a post-hoc basis
- I looked to CPD providers to identify and tell me which Osteopathic Practice Standards or themes would be covered
- Other

7.a.i. If you selected Other, please specify:

Thinking about the CPD hours that you have undertaken over the past 12 months:

8. During the past 12 months please estimate how many hours of CPD on average you have spent on the area of Communication and patient partnership: (one of the four themes of the [Osteopathic Practice Standards](#)) Please tick one box. * *Required*

- None
- 1-5 hours
- 6-10 hours
- 11-15 hours
- 16-20 hours
- 21-25 hours
- 26-30 hours
- 30+ hours
- Unsure

8.a. Please give an example of CPD that you have undertaken which covered [Communication and patient partnership](#): *Optional*

9. During the past 12 months please estimate how many hours of CPD on

average you have spent on the area of Knowledge, skills and performance: (one of the four themes of the [Osteopathic Practice Standards](#)) Please tick one box. * *Required*

- None
- 1-5 hours
- 6-10 hours
- 11-15 hours
- 16-20 hours
- 21-25 hours
- 26-30 hours
- 30+ hours
- Unsure

10. During the past 12 months please estimate how many hours of CPD on average you have spent on the area of Safety and quality in practice: (one of the four themes of the [Osteopathic Practice Standards](#)) Please tick one box. * *Required*

- None
- 1–5 hours
- 6–10 hours
- 11–15 hours
- 16–20 hours
- 21–25 hours
- 26–30 hours
- 30+ hours
- Unsure

10.a. Please give an example of CPD that you have undertaken which covered [Safety and quality in practice](#): *Optional*

11. During the past 12 months please estimate how many hours of CPD on average you have spent on the area of Professionalism: (one of the four themes of the [Osteopathic Practice Standards](#)) Please tick one box. * *Required*

- None
- 1-5 hours
- 6-10 hours
- 11-15 hours
- 16-20 hours
- 21-25 hours
- 26-30 hours
- 30+ hours
- Unsure

11.a. Please give an example of CPD that you have undertaken which covered [Professionalism](#): *Optional*

Section Two: planning, selecting, recording and reflecting on your CPD activities

12. When selecting a CPD activity, please tick to what extent you agree or disagree with each of the statements below:

	<i>* Required</i>			
	Never	Occasionally	Most of the time	Always
I plan my CPD according to my learning needs that I have identified by myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD according to my learning needs that I have identified after discussion with a colleague	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD activities to incorporate all four themes of the Osteopathic Practice Standards	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD activities to incorporate objective activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD activities in order to prepare for my Peer Discussion Review	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD around courses that are available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD according to the activities provided by commercial CPD providers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD according to the activities provided by the osteopathic education providers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I plan my CPD according to activities provided by my local or regional group	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD according to activities provided by shared interest groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD according to activities provided by the Institute of Osteopathy (iO)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD according to activities provided by GOsC	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD according to activities provided by other professionals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD around activities which are run by my colleagues/acquaintances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan my CPD because a certificate or proof of attendance will be provided by the activity organisers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My selection of CPD activities is unplanned, to take advantage of good learning opportunities as they arise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13. Thinking about reflecting on your practice as an osteopath, please tick to what extent you agree or disagree with each of the statements below:

	<i>* Required</i>			
	Never	Occasionally	Most of the Time	Always
I am confident in my ability to reflect on my practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have sought training and/or advice in order to develop skills in reflection	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I reflect I have recorded my experiences and reviewed my learning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have access to a trusted colleague I can discuss my reflections with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have found reflection with others valuable in developing my learning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

14. What are the barriers that you face in reflecting on your practice? * Required

I am not sure how to
 I don't understand why I should do this
 I'm worried about recording things like this
 I don't consider this necessary for me and my practice
 It gets in the way of actual practice
 I find allocating time to reflect and record my reflections difficult
 I don't feel I have a barrier to reflective practice
 Other

14.a. If you selected Other, please specify:

15. Thinking about the resources that are available to assist you in [recording your reflective practice](#), which of the following have you found most helpful? (please tick no more than 3 options) * Required

Please select between 1 and 3 answers.

Resources available through the GOsC CPD webpages such as the CPD workbooks
 Articles in GOsC publications such as The Osteopath

- Undergraduate training activity/ Pre-registration
- Postgraduate training course/ Post-registration
- Resources available on the Osteopathic Practice Standards (such as standards.osteopathy.org.uk)
- Research articles
- Resources available through the iO
- Other

15.a. If you selected Other, please specify:

16. Which of the following are you currently using to record your CPD activities?
(please tick no more than four options) * *Required*

Please select between 1 and 4 answers.

- GOSc CPD summary form
- GOSc diary
- My own reflective diary
- Hard copy folder containing CPD evidence
- Electronic folder containing CPD evidence
- Other

16.a. If you selected Other, please specify:

17. Have you entered the [new CPD scheme](#) (ie are you on your first three year CPD cycle)? * *Required*

- Yes
- No
- Unsure

17.a. If yes, approximately how many hours of CPD are you planning to do during your first year of the three year CPD cycle?

- None
- 1-10 hours
- 11-20 hours
- 21-30 hours
- 31-40 hours
- 41-50 hours
- 51-60 hours
- 61-70 hours
- 71-80 hours
- 81-90 hours
- Other
- Unsure

17.a.i. If you selected Other, please specify:

Section Three: communication, engagement and resources: helping you prepare for CPD

18. Are you familiar with the current (since October 2018) [Continuing professional development guidance for osteopaths?](#) * *Required*

- Yes No

18.a. If yes, do you refer to the [Continuing professional development guidance](#) for osteopaths when completing or recording your CPD?

- Yes No

19. Have you referred to articles in [The Osteopath](#) magazine when completing your CPD this year? (eg to provide you with some ideas as to how to go about a particular CPD activity, help you reflect on activities or claim reading hours) * *Required*

- Yes No

19.a. If yes, which of the following content areas in The Osteopath magazine have you referred to?

- Planning my CPD (update on planning CPD workbook)
- Osteopathic Practice Standards
- Communication and consent
- Objective activity (case-based discussion, clinical audit, patient feedback, peer observation or Patient Reported Outcome Measures)
- Keeping CPD records (how to reflect and record your practice)

- Peer Discussion Review
- Connecting with others and learning together (CPD groups)

19.b. Would you like us to continue with this sort of coverage in future editions of The Osteopath magazine?

- Yes No

20. Have you referred to the GOsC monthly news ebulletin to inform your CPD? (eg to provide you with some ideas as to how to go about a particular CPD activity, help you reflect on activities or claim reading hours) * *Required*

- Yes No

21. Do you use specific [research from peer-reviewed journals](#) (eg from the International Journal of Osteopathic Medicine or other research articles by [NCOR](#), osteopathic researchers, and other healthcare researchers available to all osteopaths through the [o zone](#)) to inform your CPD? * *Required*

- Yes No

22. Have you visited the [CPD microsite](#) to inform your CPD activities? * *Required*

- Yes No

22.a. If yes, which of the following areas of the CPD microsite have you looked at?

- About the CPD scheme

- How to do your CPD
- Resources
- Events
- Learn from others (CPD stories, groups and communities)

22.b. Are there any additional topic areas that you would like to see on the CPD microsite

- Yes
- No
- Unsure

22.b.i. If yes, please specify the topic areas that you would like to see on the CPD microsite:

23. Do you feel that you understand the [new CPD scheme](#)? * *Required*

- Yes
- No

23.a. If yes, which of the following elements of the new CPD scheme do you feel you understand?

- Please select between 1 and 6 answers.
- Planning my CPD across a 3 year cycle
 - Osteopathic Practice Standards
 - Communication and Consent
 - Objective activity (case-based discussion, clinical audit, patient feedback, peer

observation or Patient Reported Outcome Measures)

- Keeping CPD Records
- Peer Discussion Review

23.b. If no, what questions do you have about the new CPD scheme?

24. Do you feel prepared for the new CPD scheme? * *Required*

- Yes
- No
- Unsure

24.a. If yes, which of the following elements of the new CPD scheme do you feel prepared for?

Please select between 1 and 6 answers.

- Planning my CPD across a 3 year CPD cycle
- Osteopathic Practice Standards
- Communication and consent
- Objective activity (case-based discussion, clinical audit, patient feedback, peer observation or Patient Reported Outcome Measures)
- Keeping CPD Records
- Peer Discussion Review

24.b. If no, what would help you to become prepared?



Well done - Not long to go now - Thank you your data is really important to us

Section Four: giving and receiving feedback

25. Have you undertaken a CPD activity aimed at receiving [objective feedback](#) on your practice as part of your CPD during the last year? * *Required*

Yes

No

25.a. If yes, which objective activities have you undertaken as part of your CPD during the past year?

Please select between 1 and 6 answers.

Case-based discussion

Clinical audit

Patient feedback

Patient Reported Outcome Measures (PROMs)

Peer Observation

Other

25.a.i. If you selected Other, please specify:

26. Do you currently collect feedback from your patients? * *Required*

Yes

No

27. During the past 12 months have you made any changes to the way in which you practise as a direct result of comment(s) made to you by a patient? * *Required*

Yes

No

27.a. If yes, please specify:

28. Are you able to discuss concerns arising in practice with a trusted colleague? * *Required*

Yes

No

29. Do you currently discuss your CPD and the value of it to you with a colleague? * *Required*

Yes

No

30. Do you have access to someone you can discuss your CPD activity with (including areas of skills and development)? * *Required*

Yes

No

Thinking about your [peer discussion reviewer](#) under the new CPD scheme:

31. Have you identified who might be your [peer discussion reviewer](#)? * Required

- Yes No

31.a. If yes, have they agreed to be your peer discussion reviewer?

- Yes No

31.b. If yes, have you had an initial conversation with them about your peer discussion review or CPD?

- Yes No

32. Thinking about your [Peer Discussion Review](#) under the new CPD scheme: please answer each of the statements below:

	* Required	
	Yes	No
Have you been asked to be a peer discussion reviewer for another osteopath?	<input type="radio"/>	<input type="radio"/>
Have you ever experienced a Peer Discussion Review of your own practice?	<input type="radio"/>	<input type="radio"/>
Have you ever undertaken a Peer Discussion Review for another osteopath?	<input type="radio"/>	<input type="radio"/>

Thinking about the practitioner that might become your [Peer Reviewer](#):

32.a. How do you know the practitioner that might be your peer reviewer? * Required

- They are an osteopath I work with
 They are an osteopath I know but do not work with directly
 They are an osteopath not known to me

- They are another health professional
- Through a local group
- Through a clinical interest group or the Osteopathic Alliance
- Don't know yet
- Other

32.a.i. If you selected Other, please specify:

33. Do you feel prepared for the [Peer Discussion Review](#) process which is part of the new CPD scheme? * *Required*

- Yes
- No
- Unsure

33.a. If yes, what has been most helpful to you in preparing for your Peer Discussion Review?

33.b. If no, what do you think would help you to prepare for your Peer Discussion Review?

34. Do you have any concerns about **receiving** feedback as part of Peer Discussion Review? * *Required*

Yes

No

34.a. If yes, what concerns do you have?

35. Do you have any concerns about **giving** feedback to a colleague as part of Peer Discussion Review? * *Required*

Yes

No

35.a. If yes, what concerns do you have?

36. How are you planning to prepare for your [Peer Discussion Review](#)? * *Required*

- I am planning to try a Peer Discussion Review in Year 1 of the new CPD scheme to familiarise myself with the template
- I am planning on completing the Peer Discussion Review on a piecemeal basis as I meet the different elements of the scheme
- I am going to find a peer to work with and discuss my CPD with them but not complete the Peer Discussion Review until nearer the end of the three-year cycle
- I haven't made any plans yet

37. How helpful have you found the following resources in beginning to prepare for your [Peer Discussion Review](#):

	<i>* Required</i>					
	Very unhelpful	Unhelpful	Helpful	Very helpful	Unsure	Not used
Webinars	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Regular CPD section in The Osteopath	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Peer Discussion Review guidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Workbooks on CPD webpages	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Taught courses or session(s)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Meetings with peers (eg network events)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

38. Where did you first hear about completing this questionnaire? ** Required*

- Received personal email
- GOSc ebulletin

- The Osteopath
- Facebook
- Twitter
- LinkedIn
- Osteopath Today Magazine
- Institute of Osteopathy ebulletin
- Passed on to me by osteopathic colleague
- Other

38.a. If you selected Other, please specify:

Section Five: demographic information

This section asks you about diversity and ethnicity. We ask for this information to help us ensure that our implementation of the CPD scheme is suitable for all osteopaths and is not inadvertently discriminating against any particular group. We are also required as an organisation to monitor diversity.

It would be very helpful to us if you would complete this information, and you will be able to select 'Do not wish to answer' to any questions you do not wish to complete. However, if you do not wish to complete this section at all, just Click No to Q38 'Would you be prepared to complete the demographic information' and you will be asked your geographical location only and taken to the end of the questionnaire.

39. Would you be prepared to complete the demographic information? * *Required*

Yes

No

39.a. Your gender

Do not wish to answer

Male

Female

Other

39.a.i. If you selected Other, please specify:

39.b. Your ethnicity:

- Do not wish to answer
- Asian or Asian British (Bangladeshi, Indian, Pakistani or any other Asian background)
- Black or Black British (African, Caribbean or any other Black background)
- Chinese (Chinese or any other East Asian background)
- Mixed Ethnic Background (White and Asian, White and Black, White and Chinese or any other Mixed Ethnic Background)
- White or White British (English, Irish, Scottish, Welsh or any other White background)
- Other

39.b.i. If you selected Other, please specify:

39.c. Your age:

- Do not wish to answer
- 20-24
- 25-29
- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65+

39.d. Your sexuality:

- Do not wish to answer
- Bisexual
- Gay Man
- Gay Woman/Lesbian
- Heterosexual
- Other

39.d.i. If you selected Other, please specify:

39.e. Your religion:

- Do not wish to answer
- Buddhist
- Christian
- Hindu
- Jewish
- Muslim
- Sikh
- None
- Other

39.e.i. If you selected Other, please specify:

39.f. Your marital status:

- Do not wish to answer
- Married
- Civil partnership
- Single, never married
- Separated/divorced
- Widowed
- Unmarried and living with a partner
- Other

39.f.i. If you selected Other, please specify:

39.g. Do you consider yourself to have a disability? A disabled person is someone who has an impairment, experiences externally imposed barriers or self-identifies as a disabled person

- Do not wish to answer
- Yes
- No

39.h. Geographical location: * Required

- Greater London and Middlesex
- South East England
- South West England
- Eastern and Home Counties
- Central England

- Northern England – East
- Northern England – West
- Wales
- Scotland
- Northern Ireland
- Europe
- Elsewhere in the world

Page 7: Final comments and thank you

Thank you for taking the time to complete this questionnaire.

If you would like further information about this reflective activity, please email **Dr Stacey Clift** on sclift@osteopathy.org.uk. This will ensure that your data anonymity is preserved.

Don't forget that you can claim 30 minutes CPD for completing this evaluation, plus any additional time that you spend reflecting on your answers.

On the next page you can print, email or download an electronic **completion receipt**. This will provide you with a receipt detailing the date and time that you completed the survey to keep in your CPD records as evidence.

If you would like to keep a copy of your responses to the survey please make sure that you click '**Finish**' and then click '**My Responses**' to download an electronic copy or print out a copy of your response to keep in your CPD records as evidence. Remember, you will only have **15 minutes to download** your responses after pressing the 'Finish' button.

Please click on the finish button below.

Page 8: Thank you

Thank you for taking the time to complete this questionnaire.

Don't forget that you can claim 30 minutes CPD for completing this evaluation, plus any additional time that you spend reflecting on your answers.
