



CPD Evaluation Questionnaire 2017-18 for PAC Comment Oct 2018

Survey is Open

Changes may result in lost or corrupted responses.

When creating your survey, we recommend the use of a privacy notice, this should explain to survey respondents about how you plan to use any personal information you collect, and how long you intend on keeping it. Your organisation's data protection officer may be able to provide advice and guidance on creating a suitable privacy notice for your survey.

p. 1



Add item



Instruction for Completion of Questionnaire



Add item



How prepared are you for the new CPD scheme and how can you make it work for you?



Your views can help the GOsC to tailor resources and support to help osteopaths undertake the new CPD scheme

Completing this CPD questionnaire will:

Enable you to consider your CPD and your practice – it therefore counts as CPD which you can claim on your CPD form.

May help you to consider how CPD contributes to safe practice and enhance patient care.

Help the GOsC to better understand the impact on effectiveness of the new CPD scheme as it is implemented, enabling support and resources to osteopaths to be tailored.

The CPD Evaluation Questionnaire will take about 30 minutes to complete.

The questionnaire has a total of 38 questions in areas, such as:

How many CPD hours you completed last year.

Who you undertake CPD with (e.g. osteopathic educational institutions, local, regional or shared interest groups)

How much of the new CPD scheme forms part of what you are doing now for example:

- CPD in the areas of [communication and consent](#) and [objective activities](#)
- CPD in relation to the four themes of the [Osteopathic Practice Standards](#)
- CPD involving collecting feedback from patients and colleagues, or other professionals

How you select, record and reflect on CPD activities.

How you discuss your CPD and concerns with others.

How you use the GOsC CPD resources and your preferred methods of communication

It would be helpful for you to have your most recent [CPD Annual Summary form](#) in front of you when completing the questionnaire and perhaps also a copy of the [Osteopathic Practice Standards](#).

Once you have completed the questionnaire you will be able to save an electronic copy of your responses to keep in your CPD record folder as evidence or print a copy if you prefer.

You will be able to claim 30 minutes of CPD for completion of the questionnaire, along with any additional time spent reflecting on the content and what that means for you either individually or collectively with a colleague.

All responses will be confidential and anonymous. There is no way of linking data to respondents.

Thank you for taking the time to complete this questionnaire. Your views are greatly valued and your participation is much appreciated.

If you have any questions about this reflective activity please do not hesitate to contact:

Dr Stacey M. Clift
PhD, MA, PGCert, BA (Hons)
Professional Standards
General Osteopathic Council
Direct line: 0207 357 6655 x233
Email: sclift@osteopathy.org.uk

Add Item

p.2 Osteopathic CPD Evaluation Survey



Add item



Section One: About You and Your CPD Hours



Add item



When completing this questionnaire you will probably find it helpful to have your most recent [CPD Annual Summary form](#) in front of you along with the [Osteopathic Practice Standards](#)



Add Item

1 Approximately how many hours of CPD did you record on the last CPD Annual Summary form that you completed and submitted? *

- 30 hours
- 31-40 hours
- 41-50 hours
- 51-60 hours
- 61-70 hours
- 71-80 hours
- 81-90 hours
- 91-100 hours
- 101-110 hours
- 111-120 hours
- 121 hours+
- Other

Show less

Add item

a If you selected Other, please specify: *

Add item

Add item

Add item

2 Did you undertake a greater amount of CPD hours than the amount you recorded on your last CPD Annual Summary form? *

Yes No

Add item

a If yes, approximately how many hours of CPD did you undertake during your last CPD year that you did not record on your last CPD Annual Summary form? *

- 1-10 hours
- 11-20 hours
- 21-30 hours
- 31-40 hours
- 41-50 hours
- 51-60 hours
- 61-70 hours
- 71-80 hours
- 81-90 hours


91-100 hours
101-110 hours
111-120 hours
121 hours+

[Show less](#)

Add item

Add item

Add item

3  Approximately how many of the hours declared on your CPD Annual Summary form were undertaken with others? *




15 hours only
16-20 hours
21-25 hours
26-30 hours
30+ hours

[Show less](#)

Add item

Add item

4  When thinking about your CPD activities which involve learning with others, which of the following types of CPD activities did you do in your last CPD year? (Learning with others refers to any relevant learning activity that involves interaction with osteopaths, healthcare practitioners or other professionals). Please complete all statements.



	Never	Rarely	Sometimes	Regularly	
Taught courses or session(s)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+ Add question column
Group or practice meeting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Undertaking teaching, mentoring or tutorials	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Undertaking a Higher Education qualification	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Working with others on research and publication activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Shadowing or observation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Case- based discussion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Interactive e-learning based activities (i.e. distance learning, or webinars)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Add item

Add item


5 Approximately how many of your CPD hours that you recorded on your last CPD Annual Summary form were in association with one of the UK accredited osteopathic educational institutions? *

- 1-5 hours
- 6-10 hours
- 11-15 hours
- 16-20 hours
- 21-25 hours
- 26-30 hours
- 30+ hours
- None

Show less

Add item

Add item

6  Approximately how many of your CPD hours that you recorded on your last CPD Annual Summary form were carried out in a group in your local area, for example with one of the regional society CPD groups, local practices or linking with colleagues in your own practice? *

1-5 hours

6-10 hours

11-15 hours

16-20 hours

21-25 hours

26-30 hours


30+ hours

None

[Show less](#)

Add item

Add item

7  Approximately how many of your CPD hours that you recorded on your last CPD Annual Summary form were with a shared interest group (e.g. Osteopathic Alliance, Osteopathic Sports Care Association member organisation) ? *

1-5 hours

6-10 hours

11-15 hours

16-20 hours

21-25 hours

26-30 hours


30+ hours

None

[Show less](#)

Add item

Add item

8  Approximately how many of your CPD hours that you have recorded on your last CPD Annual Summary form were in association with other professionals (e.g. NHS, surgeons, physiotherapists, orthotists, acupuncturists, nutritionists, homeopaths etc.)? *

1-5 hours

6-10 hours

11-15 hours

16-20 hours

21-25 hours

26-30 hours

30+ hours

None

Show less

Add item

Add item

9 Have you undertaken CPD in the area of communication and consent during your last CPD year? Please tick no more than two boxes. *



Yes – a course that solely focused on the area of communication and consent

Yes – a course or activity where communication and consent has featured as part of the activity, or which you feel has enhanced your practice in these areas

Yes - an activity that solely focused on the area of communication and consent that was not a course

No

Show less

Add item

a If yes, please specify. *



Add item

Add item

Add item

The next questions (Q11-Q16) are about your CPD and the *Osteopathic Practice Standards*.



Add item

10 Have you used the four themes of the Osteopathic Practice Standards to identify your learning needs during your last CPD year? *



Yes No

Add item


a Please provide a reason for your answer to Question 10:



Add item


Add item

Add item

11  Have you linked your CPD activities during your last CPD year to the four themes of the Osteopathic Practice Standards? *

Yes No

Add item

a  If yes, how did you go about linking or mapping your CPD activities to the four themes of the Osteopathic Practice Standards? *

I estimated the number of hours I had spent on each of the four Osteopathic Practice Standard themes

I identified the over-arching Osteopathic Practice Standard themes covered in each of my CPD activities

I identified with specific CPD content that clearly related to specific areas of the Osteopathic Practice Standards

Show all (5)

Add item


i  If you selected Other, please specify: *

Add item


Add item

Add item

Add item

 Thinking about the CPD hours that you declared on the last CPD Annual Summary Form that you submitted:

Add item

12  During the last CPD year please estimate how many hours of CPD on average have you spent on the area of Communication and patient partnership? (One of the four themes of the Osteopathic Practice Standards) Please tick one box. *

1-5 hours

6-10 hours

11-15 hours

16-20 hours

21-25 hours

26-30 hours


30+ hours

None

Unsure

Show less

[Add item](#)[Add item](#)

13  During the last CPD year please estimate how many hours of CPD on average have you spent on the area of Knowledge, skills and performance? (One of the four themes of the Osteopathic Practice Standards) Please tick one box. *




1-5 hours

6-10 hours

11-15 hours

[Show all \(9\)](#)

[Add item](#)[Add item](#)

14  During the last CPD year please estimate how many hours of CPD on average have you spent on the area of Safety and quality in practice? (One of the four themes of the Osteopathic Practice Standards) Please tick one box. *



1-5 hours

6-10 hours

11-15 hours

16-20 hours

21-25 hours

26-30 hours


30+ hours

None

Unsure

[Show less](#)

[Add item](#)[Add item](#)

15  During the last CPD year please estimate how many hours of CPD on average have you spent on the area of Professionalism? (One of the four themes of the Osteopathic Practice Standards) Please tick one box. *



1-5 hours

6-10 hours

11-15 hours

16-20 hours

21-25 hours

26-30 hours

30+ hours

None
Unsure
[Show less](#)

Add item

Add item

p. 3



Add item



Section Two: Planning, Selecting , Recording and Reflecting on Your CPD Activities
















Add item

16



When selecting a CPD activity, please tick to what extent you agree or disagree with each of the statements below:




	 			
	Never	Occasionally	Most of the time	Always
 I plan my CPD according to my learning needs that I have identified by myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 I plan my CPD according to my learning needs that I have identified after discussion with a colleague	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 I plan my CPD activities to incorporate all four themes of the Osteopathic Practice Standards	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 I plan my CPD around courses that are available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 I plan my CPD according to the activities provided by the accredited osteopathic educational institutions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 I plan my CPD according to activities provided by my local or regional group	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 I plan my CPD according to activities provided by shared interest groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 I plan my CPD according to activities provided by other professionals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 I plan my CPD around activities which are run by my colleagues/acquaintances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 I plan my CPD because of the evidence that is provided by the activity organisers (e.g. certificates, proof of attendance)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
 My selection of CPD activities is unplanned, to take advantage of good learning opportunities as they arise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

+ Add question column

Add item

Add item

17  Thinking about your capabilities and opportunities to reflect on your practice as an osteopath, please tick to what extent you agree or disagree to each of the statements below:



	Strongly Disagree	Disagree	Agree	Strongly Agree	Unsure
I have undertaken the new features of the CPD scheme to support the continual enhancement of patient care and patient safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have reflected on my practice with others to get professional and personal support to continually enhance patient care and patient safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have reached out to build broader networks with osteopaths and others to continually enhance patient care and patient safety.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

+ Add question column

Add item

Add item

18 What are the barriers that you face in reflecting on your practice? *

- I am not sure how to
- I don't know why I should
- I'm worried about recording things like this
- I don't want to
- It gets in the way of actual practice
- I don't feel I have a barrier to reflective practice
- Other

Show less

Add item

a If you selected other, please specify: *

Add item

Add item

Add item

19 Are you familiar with the current Continuing professional development guidelines for osteopaths? *

- Yes
- No

Add item

a If you answered yes, do you refer to the Continuing professional development guidelines for osteopaths when completing your CPD Annual Summary form? *

Yes No

Add item

Add item

Add item

20 Do you use the planning and evaluation form template in the current Continuing professional development guidelines for osteopaths to help you to plan, select or organise your CPD for the year ahead? *

Yes No

Add item

Add item

21 Have you referred to articles in the osteopath magazine when completing your CPD this year? (e.g. to provide you with some ideas as to how to go about a particular CPD activity, help you reflect on activities or claim reading hours) *

Yes No

Add item

a If yes, which of the following articles in the osteopath magazine have you referred to? *

New CPD scheme prepares for launch (October/November 2016)

How do you do your CPD? (October/November 2016)

Osteopaths share hopes and fears for new CPD scheme (December/January 2017)

Evaluate your CPD: deadline extension (December/January 2017)

Make the most of CPD opportunities (December/January 2017)

New CPD scheme: what is it all about (February/March 2017)

CPD evaluation (February/March 2017)

CPD: be discerning about your learning (April/May 2017)

CPD: reflecting, recording and reviewing (June/July 2017)

What you need to know about the new CPD scheme (June/July 2017)

Case based discussion: learning and engaging with peers (June/July 2017)

Go to the PROMs for your CPD (June/July 2017)

What do your patients really think? (August/September 2017)

Annual report: how NCOR can help you (August/September 2017)

Improving communication and handling complaints (August/September 2017)

Show less

Add item

Add item

Add item

22 Have you referred to the GOsC e-bulletin to inform your CPD? *



Yes No

Add item

Add item

23 Do you refer to the Osteopathic Practice Standards when completing your CPD Annual Summary form? *



Yes No

Add item

Add item

24. Do you use research articles (for example, from the International Journal of Osteopathic Medicine or other research journals available to all osteopaths through the o zone) to inform your CPD? *



Yes No

Add item

Add item

25 Have you visited the new CPD website to inform your CPD activities? *



Yes No

Add item

a If yes, which of the following areas of the new CPD website have you looked at? *



About the CPD scheme (content includes Early Adopters and the Team)

CPD in Action (content includes Planning, Getting Started and the 4 CPD standards)

CPD Connect (content includes thought pieces, resources, case studies and events)

FAQs


Contact

Show less

Add item

Add item


Add item

26  Do you feel that you adequately understand the new CPD scheme and its four key elements *



Yes No

Add item



a  If no, what questions do you have about the new CPD scheme? *



Add item

Add item

Add item

27   Which of the following are you currently using to record and reflect on your CPD activities? (Please tick no more than three options) *



GOsC CPD summary form

Reflective Diary

Hard copy folder containing CPD evidence

Electronic folder containing CPD evidence

Other

Show less

Add item

a  If you selected Other, please specify: *



Add item

Add item


Add item



Add item



 Section Three: Communication and Engagement  

Add item

28  Have you undertaken a CPD activity aimed at receiving objective feedback on your practice as part of your CPD during the last year? *

Yes No

Add item

a   If yes, which objective activities have you undertaken as part of your CPD during the last year? *

- Case - based discussion
- Clinical audit
- Patient feedback
- Patient Reported Outcome Measures (PROMs)
- Peer Observation
- Other

Show less

Add item

i  If you selected Other, please specify: *

Add item

Add item

Add item


Add item

29  Do you currently collect feedback from your patients? *

Yes No

Add item

Add item

30  During your last CPD year have you made any changes to the way in which you practise as a direct result of comment(s) made to you by a patient? (Please note, this is being collected to help make sure that there is no unintended impact on particular groups through CPD) *

Yes

No

Do not wish to answer

Add item

a  If yes, please specify: *



Add item

Add item


Add item

31 Do you currently collect feedback from external sources (e.g. via patient feedback questionnaire, clinical audit or feedback from another osteopath on your practice)? *



Yes No

Add item

a  If yes, please specify: *



Add item

Add item

Add item

32 Do you currently discuss your CPD and the value of it to you with a colleague? *



Yes No

Add item

Add item

33 Have you identified or begun to think about who might be your Peer Discussion Reviewer under the new CPD scheme? *



Yes No

Add item

Add item

34 Do you have access to someone you can discuss your CPD activity with (including areas of skills and development)? *



Yes No

Add item

Add item

35 Are you able to discuss concerns arising in practice with a trusted colleague? *

Yes No

Add item

Add item

36 Are you a CPD Early Adopter? *

Yes No

Add item

a Which CPD Early Adopter webinar series did you take part in? *

Case Based Discussion

Clinical Audit

Communication and Consent

Patient Feedback

Patient Reported Outcome Measures (PROMs)

Peer Observation

E-portfolio pilot

Other

Show less

Add item

i If you selected Other, please specify: *

Add item


Add item

Add item

b How useful did you find the webinar series that you took part in as a learning experience? *

Add item

Add item

c  Having taken part in the CPD Early Adopter scheme, do you feel adequately prepared for the new CPD scheme when it becomes mandatory for all osteopaths (i.e. do you feel ready for the new CPD scheme)? (Please provide an explanation for your answer) *

Add item

Add item

Add item

37  Where did you first hear about completing this questionnaire? *

- Received personal e-mail
- GOsC e-bulletin
- GOsC Osteopath Magazine
- Facebook
- Twitter
- LinkedIn
- Osteopath Today Magazine
- Institute of Osteopathy e-bulletin
- Passed on to me by osteopathic colleague
- Other

Show less

Add item

a  If you selected Other, please specify: *

Add item

Add item

Add item

p. 5

Add item

 Section 4: Demographic Information

Add item



We are asking this information about you and your practice to help us to make sure that there is support for all osteopaths to participate in the new CPD scheme. The more information you are able to provide the better our understanding of implementation will be.



This section also asks you about diversity and ethnicity information. We ask this information to help us to ensure that our implementation of the CPD scheme is not inadvertently discriminating against any particular group.

Add item

38



Are you currently: *



Practising as an osteopath

Working in education

Working in the NHS or with NHS funded patients

Providing other health services

Working in a field unrelated to osteopathy

Other

Show less

Add item

a



If you selected Other, please specify: *



Add item

Add item

b



Are you currently registered with another health and social care regulator? *



Yes, General Medical Council

Yes, Health and Care Professions Council (Physiotherapist)

Yes, Health and Care Professions Council (Other)

No

Other

Show less

Add item

i




If you selected Other, please specify: *



Add item

Add item

Add item

c  How many hours do you practise in a typical week *



- 5-14 hours
- 15-24 hours
- 25-34 hours
- 35-44 hours
- 45-54 hours
- 55 hours+
- Other

Show less

Add item


i  If you selected Other, please specify: *



Add item

Add item

Add item

d  How many patients do you see in a typical week? *



- 1-10 patients
- 11-20 patients
- 21-30 patients
- 31- 40 patients
- 41 patients +
- Other

Show less

Add item

i  If you selected Other, please specify: *



Add item

Add item

Add item


e  What is the age range of the patients that you see in a typical week? *



- 0-90+ years of age
- 18 years of age or above

Add item


Add item

f  Please tell us about your osteopathic practice in no more than two sentences (e.g. your osteopathic approaches to practice) *



Add item

Add item

g  In what ways do you practise with other osteopaths (please answer all statements)



	Never	Seldom	Sometimes	Often	Usually	Always
As a principal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working in practice as an associate or employee osteopath	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working as an osteopath in a practice with other osteopaths	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working as an osteopath in a practice with other health professionals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
As a locum osteopath	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In more than one practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In education or research setting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

+ Add question column

Add item

Add item

h  Your gender: *



Do not wish to answer

Male

Female

Prefer not to say

Other

Show less

Add item

T If you selected Other, please specify: *

Add item

Add item

Add item

☉ Your ethnicity: *

Do not wish to answer

Asian or Asian British (Bangladeshi, Indian, Pakistani or Any other Asian background)

Black or Black British (African, Caribbean or Any other Black bacground)

Chinese (Chinese or Any other East Asian background)

Mixed Ethnic Background (White and Asian, White and Black, White and Chinese or Any other Mixed ethnic background)

White or White British (English, Irish, Scottish, Welsh or Any other White background)

Prefer not to say

Other

Show less

Add item

T If you selected Other, please specify: *

Add item

Add item

Add item

☉ Your age: *

Do not wish to answer

20-24

25-29

30-34

35-39

40-44

45-49

50-54

55-59

60-64

65+

Prefer not to say

Show less

Add item

Add item

k  Your sexuality:



Do not wish to answer

Bisexual

Gay Man

Gay Woman/Lesbian

Heterosexual

Other

Prefer not to say

Show less

Add item

l  If you selected Other, please specify: *



Add item

Add item

Add item

i  Your religion: *



Do not wish to answer

Buddhist

Christian

Hindu

Jewish

Muslim

Sikh

None

Prefer not to say

Other

Show less

Add item

 **T** If you selected Other, please specify: *

Add item

Add item

Add item

m  Your marital status: *

Do not wish to answer

Married

Civil Partnership

Single, Never Married

Separated/Divorce

Widowed

Prefer not to say

Other

Show less


Add item

 **T** If you selected Other, please specify: *

Add item

Add item

Add item

n  Do you consider yourself disabled? *A disabled person is someone who has an impairment, experiences externally imposed barriers or self-identifies as a disabled person. *

Do not wish to answer



Yes

No

Prefer not to say

Show less

Add item

 **i**  If yes, what is the nature of your disability and what additional support do you need to complete your CPD? *

Add item

Add item

Add item

o  Geographical location: *



Greater London

South East England

South West England

Eastern and Home Counties

Central England

Northern England

Wales

Scotland

Northern Ireland

Europe

Rest of World

Show less

Add item

Add item

Add item

p. 6 Final Comments and Thank You



Add item



Thank you for taking the time to complete this questionnaire.



If you would like further information about this reflective activity, please email **Dr Stacey Clift** on sclift@osteopathy.org.uk. This will ensure that your data anonymity is preserved.

Don't forget that you can claim "30 minutes" CPD for completing this evaluation, plus any additional time that you spend reflecting on your answers.

Click to the next page to download an electronic copy or print out a copy of your response to keep in your CPD record folder as evidence. You will have 15 minutes to download your responses after pressing the submit button.

Please click on the finish button below.

Add item

p.7 Thank you



Add item



Thank you for taking the time to complete this questionnaire.



Don't forget that you can claim "30 minutes" CPD for completing this evaluation, plus any additional time that you spend reflecting on your answers.

Add item

