



### Osteopathic Practice Committee

12 March 2015

### Bank of Conditions for the Health Committee

1. The Professional Conduct Committee panel chairs were asked to provide a collective view on the draft Bank of Conditions for the Health Committee.
2. The chairs stated "We are very grateful for the effort that has been committed to this matter. It represents a most useful draft."
3. The chairs had no specific comments on the individual requirements themselves, but they expressed reservations about linking sample requirements to specific categories of health condition. "We think that this is risky and misconceived - potentially discriminatory and likely to encourage formulaic thinking. Our strong preference would be to change the nature of the categories altogether".
4. The chairs recommended renumbering the existing requirements into a continuous sequence, and putting each one into a suggested alternative category or group.
5. The suggested alternative categories and groupings are set out below:

<b>Medical advice, supervision and notification – general</b>	1-7, 16, 21, 22, 31, 38, 39,
<b>Assessment and treatment</b>	23, 26, 27, 28, 29, 32, 33, 40
<b>Reports</b>	17, 30, 35, 36, 37,
<b>Testing</b>	8, 9
<b>Support and professional supervision</b>	10, 18, 19, 48, 49, 50, 51, 52, 53
<b>Practice</b>	12, 13, 20, 44, 45, 46, 47,
<b>Restrictions</b>	11, 14, 15, 24, 25, 43, 41, 42, 34

6. The renumbered conditions are at Annex A.
7. The chairs also noted that it would be desirable to consider whether some categories or requirements could ordinarily be made public where others would be private. The chairs recommended that the guidance give an indication as to which could be made public - for example in the lists for Restrictions and Supervision - or otherwise give encouragement to panels to decide.

**Recommendation:** to note the comments of the Health Committee panel chairs on the draft Bank of Conditions.

## Annex A-Renumbered conditions

1	To place yourself and remain under the supervision of a registered medical practitioner specialising in [ ]/ General Practitioner who is approved by the GOsC.
2	To attend appointments with [ ] as arranged, follow his/her advice/comply with his/her recommended treatment.
3	To inform the GOsC by [date] of the name and contact details of your general practitioner and any other registered medical practitioner responsible for your care and to consent to the GOsC corresponding with him/her about your health.
4	To arrange for the GOsC to receive medical reports from your supervising Consultant/GP every [ ] months or on reasonable request by the GOsC. To meet any costs associated with attending such supervision and the provision of medical reports.
5	To obtain the approval of a medical practitioner approved by the GOsC, before undertaking any post for which registration with the GOsC is required or before treating any patients.
6.	To keep your professional commitments under review and limit your practice in accordance with your medical supervisor's advice.
7.	To cease work immediately if your medical practitioner advises and to notify the GOsC immediately of this fact.
8.	To comply with arrangements made on or behalf of the GOsC for the testing [including unannounced testing breath/blood/urine/saliva/hair etc.] of [substance to be tested for] for the recent and long term ingestion of alcohol and/or [drug]. The costs of such testing to be borne by you.
9.	To arrange and undertake [type of test] for the recent and long term ingestion of alcohol and/or [drug] every [ ] months until the expiry of this order. The test must be undertaken in such a way that the chain of custody can be shown to be intact. The results of such tests should be promptly forwarded to the Council. The costs of such tests are to be borne by you.
10.	To attend meetings of Alcoholics Anonymous/Narcotics Anonymous /or any other support group if recommended to do so by your medical supervisor. The frequency of your attendance should be determined by your medical supervisor. To consent to the group leader writing to the GOsC to confirm your attendance at the meetings and to highlight any concerns/issues.
11.	To refrain from self-medication (apart from over the counter drugs which do not require a prescription) and to take drugs only as prescribed for you by your General Practitioner/registered medical or dental practitioner responsible for your care.
12.	Save in life threatening emergencies, to undertake all consultations with patients in the immediate presence of an osteopath registered and in good standing with the GOsC, or other person acceptable to the GOsC

13.	Save until otherwise notified by the GOsC, to refrain completely from providing the following types of osteopathic treatment....
14.	You must not possess any drugs listed in Schedules 1 to 3 of the Misuse of Drugs Regulations 2001 (as amended from time to time).
15.	You are to abstain absolutely from the consumption of alcohol/limit your alcohol consumption in accordance with the directions given by your medical supervisor, abstaining absolutely if they so require.
16.	You are to cease work immediately if you are so advised by your General Practitioner (GP).
17.	<p>You are to consent to your GP providing reports to the Council every three months. These reports are to cover your general state of health, together with assessments of the results of tests relevant to your abstinence from alcohol, including the following.</p> <ul style="list-style-type: none"> <li>• Full blood count.</li> <li>• Liver function tests.</li> <li>• 5 Carbohydrate-Deficient Transferrin (CDT).</li> </ul>
18.	You are to permit a [                    ] to provide the Council with a report every three months. This report is to include information as to your progress and insight relevant to the management of your condition; your engagement with supportive activities designed to sustain abstinence; and your action to cope with crisis and stress (including the maintenance and development of your support network).
19.	You must secure a Registered Osteopath to act as a mentor supporting your phased return to practice. The identified Registrant must be acceptable to the Council. This must be achieved, and notified to the Council, within 14 days of the date of this determination. He or she shall provide a report to the Council every three months about your progress in relation to your phased return to practice. Each report shall be based upon information obtained in the course of consultations with you, which shall take place monthly.
20.	<p>You are to prepare a Personal Development Plan (PDP) in consultation with your mentor within 28 days of your first meeting with him or her. The PDP shall include:</p> <ul style="list-style-type: none"> <li>• the steps you propose to take to build up your patient caseload in safe and manageable stages;</li> <li>• the measures you intend to take to refresh your knowledge of Council standards, guidance and protocols; and</li> <li>• your objectives for continuous professional development for the twelve month period from the date of this determination.</li> </ul> <p>Your mentor's three monthly reports shall include information as to</p>

	your progress in fulfilling your PDP.
21.	You are to inform the Council immediately if you move away from
22.	If you move away from [ ] or otherwise change your GP, you must: <ul style="list-style-type: none"> <li>a. register immediately with a GP in your new locality who confirms a preparedness to supply the reports and testing required under Condition 3 above;</li> <li>b. immediately provide the Council with the contact details for your new GP;</li> <li>c. immediately notify the Council of the support arrangements you intend to secure in your new location.</li> </ul>
23.	You are to consent to undergo a further full assessment by a Consultant Psychiatrist nominated by the Council, and at a time to be determined by the Council, before the expiry of this Order. You are further to consent to the Consultant Psychiatrist receiving the reports and results from [ ]
24.	You must notify the Council immediately if at any time it becomes apparent that you cannot comply with any of the Conditions specified in this Order.
25.	This Order is for a period of [ ] months to permit [the Registrant] time to re-establish his/her practice and to demonstrate his compliance with the Conditions themselves. The Committee considered that an order for [ ] months was sufficient and proportionate in all the circumstances.
26.	You are to seek treatment from/remain under the care of a consultant psychiatrist approved by the GOsC and/or mental health professional, until such time as you are formally discharged from their care.
27.	You must commence treatment if, at any point, your General Practitioner/Medical Supervisor recommends re-referral to a consultant psychiatrist and/or mental health professional.
28.	You are to comply with the advice and directions of your treating Psychiatrist and Community Mental Health Team, and to cease work immediately if so advised.
29.	You are to adhere to the medication as prescribed by your treating Psychiatrist.
30.	You are to permit the GOsC to liaise with your treating clinicians to secure and obtain reports from them as to your state of health. Such reports are to be submitted to the GOsC every six months.
31.	You are to permit [ ] and any successor to notify the GOsC of any change in your treatment/care/state of health and to confirm the position in writing every 3 months, even if there has been no change.
32.	You are to permit the GOsC to secure an independent psychiatric report on your health for the review of this order.
33.	You are to show a copy of these conditions to your treating Psychiatrist and Community Mental Health Team and to any

	potential osteopathic employer or potential osteopathic business partner.
34.	The Committee considered it sufficient and proportionate, given the nature of the risks it had identified, to impose this order for a period of [ ] years. There will be a review of this order before the expiry of [ ] months from the commencement of the order.
35.	You must secure a report from your General Practitioner for submission to the GOsC every 3 months, as regards your overall health record and in particular your mental health, including your assessed adherence to your GPs advice over prescribed medication. If your GP were to require tests relating to your possible use of drugs or alcohol, then you would be expected to take all reasonable steps to undergo them.
36.	You must secure a report from your Community Mental Health Care Co-ordinator for submission to the GOsC every 3 months, about progress in relation to your mental state, your compliance with medication, and action you are taking to cope with crisis and stress (including the development of your network of support).
37.	You must secure a report from a psychiatric practitioner with Membership of the Royal College of Psychiatrists for submission to the GOsC every 7 months. This report should include, but may not necessarily be limited to, a description of your treatment plan, an analysis of your adherence to it, and the assessed prognosis for the future. Each report should be based on the information contained in the reports referred to at Conditions 1 and 2 above and on a recent face-to-face consultation with you.
38.	You must inform the GOsC immediately if you move away from [ ].
39.	If you move from [ ], you must: <ul style="list-style-type: none"> <li>a) register immediately with a GP in your new locality who confirms a preparedness to supply the reports required at Condition 1 above;</li> <li>b) immediately provide the GOsC with the contact details for your new GP;</li> <li>c) immediately set out for the GOsC the support arrangements you intend to put in place in your new location.</li> </ul>
40.	You must inform the GOsC immediately if you are discharged by your existing Community Mental Health Care team.
41.	You must notify the GOsC immediately if at any time it becomes apparent to you that you cannot comply with any of the Conditions specified in this Order. This Order will apply for [ ] months. It must be reviewed before the beginning of 3 months ending                    on the date on which it is to cease to have effect (Rule 30(1)(a)) or on the written application

	of [the Registrant] (Rule 30(1)(b)). The Order may also be reviewed where it appears from information subsequently received that the osteopath is in a material respect not complying with a condition in the Order (Rule 30 (2)).
42.	To refrain from undertaking any Exposure Prone Procedures until such time as: you are on effective combination antiretroviral therapy and have a plasma viral load of less than 200 copies per ML OR; are an elite controller and are subject to plasma viral load monitoring every three months and are under the joint supervision of a Consultant Occupational Health Physician and your treating physician and are registered with the UKAP Occupational Health Monitoring Register.
43.	To provide evidence of your registration with the UKAP Occupational Health Register to the GOsC; and to allow the GOsC to receive regular reports from your Consultant Occupational Health Physician and/or other physicians
44.	You must obtain approval from the GOsC before accepting any post for which registration with the GOsC is required/accepting any person as an osteopathic patient
45.	You must practise only within a multi-handed practice in which the principal is a registered osteopath in good standing with the GOsC, who is willing to act as your mentor and supervisor.
46.	Save in life threatening emergencies, to undertake all consultations with patients in the immediate presence of an osteopath registered and in good standing with the GOsC, or other person acceptable to the GOsC.
47.	To limit your practice to [ ]
48.	To refrain absolutely from undertaking the following types of osteopathic treatment...
49.	To maintain a log detailing every case in which you have undertaken [ ] procedure and to provide a copy of this log to the GOsC prior to any review hearing.
50.	For the purpose of this requirement, supervision means that the supervising osteopath is on the premises, approves in advance the proposed treatment in the light of the case history and examination findings and has the clinical responsibility for the patient.
51.	You must furnish the GOsC with the full contact details of a professional colleague who is prepared to supervise your compliance with the conditions and provide a report to the GOsC every X months providing details of any progression or regression in the specified area. The supervising osteopath must be approved by the GOsC.
52.	You must place yourself under the supervision of a registered osteopath, who will on a weekly/monthly basis meet with you to review ... The supervising osteopath must be approved by the GOsC.

53.	You must place yourself under the supervision of a registered osteopath, who you should meet at intervals of not more than x and allow the supervisor to prepare a report on .... which should be sent to the GOsC. Each report should have specific regard to ... The supervising osteopath must be approved by the GOsC.
54	You must work with your supervisor to formulate a personal development plan, specifically designed to address the deficiencies in the following areas ...