Illustrative modelling of numbers of osteopaths entering the three-year CPD scheme and completing the CPD scheme and key dates for understanding how osteopaths are complying with the CPD scheme and opportunities to take mitigating actions

# Table 1 – Key dates for understanding the transition of osteopaths from the old CPD scheme to the new CPD scheme and newly registered osteopaths joining the new CPD scheme on or after 1 October 2018

This table comprises all osteopaths currently on the Register. The first section outlines key dates explaining when osteopaths in each registration renewal month will enter the CPD scheme for those osteopaths on the Register prior to and at 1 October 2018.

The second section of the table provides information about osteopaths entering into the second three-year cycle.

The last section of the table provides information about osteopaths joining the Register after 1 October 2018 who will begin their CPD cycle on the date that they join the Register and will conclude their CPD cycle two months earlier in accordance with the end dates below. (So this first CPD period will always be two years and 10 months requiring 85 hours of CPD across that time with 42.5 hours of learning with others – following the current pattern of the first CPD year.) This table will include the c 220 osteopaths joining the Register each year.

Renewal of registration month	Number of registrants per renewal month	Start date of first three- year cycle	End date of first three-year cycle	CPD cycle	Renewal of registration month following completion of first three-year cycle
December 2018	80	October 2018	September 2021	2018-2021	December 2021
January 2019	98	November 2018	October 2021	2018-2021	January 2022
February 2019	70	December 2018	November 2021	2018-2021	February 2022
March 2019	42	January 2019	December 2021	2019-2021	March 2022
April 2019	42	February 2019	January 2022	2019-2022	April 2022
May 2019	1792	March 2019	February 2022	2019-2022	May 2022

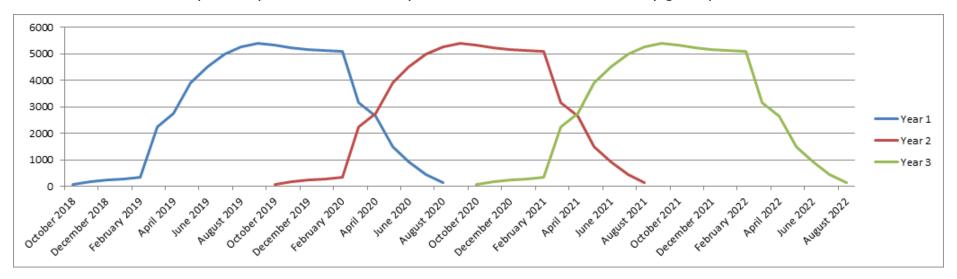
June 2019	506	April 2019	March 2022	2019-2022	June 2022
July 2019	1196	May 2019	April 2022	2019-2022	July 2022
August 2019	577	June 2019	May 2022	2019-2022	August 2022
September 2019	474	July 2019	June 2022	2019-2022	September 2022
October 2019	309	August 2019	July 2022	2019-2022	October 2022
November 2019	130	September 2019	August 2022	2019-2022	November 2022
December 2019		All osteopaths on the Register at 1 October 2018 have now begun the first year of the three-year CPD cycle. Osteopaths who renew in December 2019 will now enter the second year of the first CPD cycle			
Renewal of registration month (following completion of first CPD cycle)	Number of registrants per renewal month	Start date of second three-year cycle	End date of second three- year cycle	CPD cycle	Renewal of registration month following completion of first three-year cycle
registration month (following completion of	registrants per		second three-	2021 to 2024	registration month following completion of

December 2021	TBC	October 2021	September 2024	2021 to 2024	December 2024
January 2022	TBC	November 2021	October 2024	2021 to 2024	January 2025
February 2022	TBC	December 2021	November 2024	2021 to 2024	February 2025
March 2022	TBC	January 2022	December 2024	2022 to 2024	March 2025
April 2022	TBC	February 2022	January 2025	2022 to 2025	April 2025
May 2022	TBC	March 2022	February 2025	2022 to 2025	May 2025
June 2022	TBC	April 2022	March 2025	2022 to 2025	June 2025
Month of first registration	Number of new registrants per renewal month	Start date of first CPD cycle	End date of first CPD cycle	CPD cycle	Renewal of registration month following
					completion of first CPD cycle
October 2018	19	October 2018	July 2021	2018-2021	completion of first CPD cycle October 2021
November 2018	7	November 2018	August 2021	2018-2021	completion of first CPD cycle October 2021 November 2021
	7 6		August 2021 September 2021		completion of first CPD cycle October 2021
November 2018	7	November 2018	August 2021	2018-2021	completion of first CPD cycle October 2021 November 2021
November 2018 December 2018	7 6 12 6	November 2018 December 2018	August 2021 September 2021	2018-2021 2018-2021	completion of first CPD cycle October 2021 November 2021 December 2021
November 2018 December 2018 January 2019 February 2019 March 2019	7 6 12 6 7	November 2018 December 2018 January 2019 February 2019 March 2019	August 2021 September 2021 October 2021	2018-2021 2018-2021 2019-2022 2019-2021 2019-2021	completion of first CPD cycle October 2021 November 2021 December 2021 January 2022 February 2022 March 2022
November 2018 December 2018 January 2019 February 2019	7 6 12 6 7 6	November 2018 December 2018 January 2019 February 2019	August 2021 September 2021 October 2021 November 2021	2018-2021 2018-2021 2019-2022 2019-2021	completion of first CPD cycle October 2021 November 2021 December 2021 January 2022 February 2022
November 2018 December 2018 January 2019 February 2019 March 2019	7 6 12 6 7 6 4	November 2018 December 2018 January 2019 February 2019 March 2019	August 2021 September 2021 October 2021 November 2021 December 2021	2018-2021 2018-2021 2019-2022 2019-2021 2019-2021	completion of first CPD cycle October 2021 November 2021 December 2021 January 2022 February 2022 March 2022 April 2022 May 2022
November 2018 December 2018 January 2019 February 2019 March 2019 April 2019	7 6 12 6 7 6	November 2018 December 2018 January 2019 February 2019 March 2019 April 2019	August 2021 September 2021 October 2021 November 2021 December 2021 January 2022	2018-2021 2018-2021 2019-2022 2019-2021 2019-2021 2019-2022	completion of first CPD cycle October 2021 November 2021 December 2021 January 2022 February 2022 March 2022 April 2022

August 2019	40	August 2019	May 2022	2019-2022	August 2022
September 2019	47	September 2019	June 2022	2019-2022	September 2022
October 2019	17	October 2019	July 2022	2019-2022	October 2022

Figure 1: Pictorial representation of the implementation of the CPD Scheme for Osteopaths on the Register

This table illustrates osteopaths expected to be in each year of the new CPD scheme at any given point in time.



#### Table 2: Communications sent to or offered to existing osteopaths as they enter the new CPD scheme.

This illustrative example shows an osteopath who entered the new CPD scheme in December 2018 and who renews their registration in February 2019. The table also gives an indication of the responses received, where appropriate. It is designed to give a flavour of the levels of engagement and responses. In addition to the activities listed, the registrant could have viewed social media from the GOsC.

Date	Activity	Engagement	Sample of comments received
January 2019	January/February edition of The Osteopath includes articles such as:  • Types of concerns report (with learning points for CPD)  • How prepared are you for the new CPD survey? (CPD telephone survey results)  • What exactly is an objective activity?  • CPD Connect: summary of the GOsC's engagement events for CPD  • Case study: how a new CPD group was set up in Petersfield plus tips and links for setting up and joining CPD/regional groups  • Focus on updated OPS: boundaries  • Using research for CPD (tips and resources) including a focus on the Council for Allied Health Professions Research  • Communication and consent: managing uncertainty in clinical practice		
January 2019	January ebulletin (with subject line 'Plan your CPD') content included:	Opens: 3,731 (68%) Clicks: 674	

	<ul> <li>website with links to planning, OPS and CPD, objective activity, communication and consent, keeping CPD records and Peer Discussion Review.</li> <li>Links to CPD events and courses and how to set up a Skype group</li> <li>Not sure when you start the CPD scheme? – with a link to start date table</li> <li>Invitations to attend GOsC sessions at Institute of Osteopathy (iO) Roadshows</li> </ul>	rate for a GOsC ebulletin).  Top link clicks  Getting started  When do I start the new CPD scheme?  Planning your CPD Workbook  CPD events page	
January 2019	during 2019 CPD Microsite: 1 January to 31 January	Users: 1,522 Page Views: 8,346  Top pages viewed:	
January/ February 2019	This illustrative osteopath will receive email about 6 weeks after their registration renewal letter explaining that they will shortly receive their CPD pack.		
February 2019	Osteopaths who commenced the CPD scheme in December 2018 will be renewing their registration by February 2019.		
February 2019	Illustrative osteopath had the opportunity to attend the iO Roadshow in Bristol, Coventry,		I have a deeper understanding of the new CPD scheme

	Maidstone, Manchester or Perth and/or the iO main convention which takes place at Heathrow in November 2019.  At the iO Roadshow in Coventry (15 February) around 40 osteopaths attended a session giving an overview of the CPD scheme and a CPD Workshop.		Good communication and consent are vital  Get a peer ASAP  CPD requirements not drastically different  The shift away from an aggressive regulation to a more facilitative approach
February 2019	Online Q and A sessions offered to regional group leads to get a sense of the questions that osteopaths are asking as they prepare to enter their first three-year cycle.	Regional leads from the following locations took part: Bristol; Cambridgeshire; Dorset; Essex, Kent and East Sussex; London, North East England; North and Mid Wales and Petersfield	
February 2019	February 2019 ebulletin (with subject line 'Recording your CPD: GOSC February 2019 ebulletin') content included:  • Focus on keeping track of your CPD across the 3 years using tools including online CPD Diary  • When do I join the new CPD scheme?  • Getting started on the new CPD scheme (link to page on CPD site)  Sent out: Friday, 8 February	Opens: 3,470 (63%) Clicks: 729 Top link clicks  • Keeping CPD records Workbook  • When do I start the new CPD scheme?  • PDR section on CPD site  • Nov/Dec The Osteopath – CPD Diary	

February 2019	CPD Microsite: 1 February to 29 February	Users: 1,650 Page Views: 6,881  Top pages viewed:  • When do I join the scheme?  • Keeping CPD records Workbook  • Getting started	
March 2019	Osteopath will receive their CPD pack. This illustrative osteopath who renewed in February 2019 will receive personalised and eye-catching CPD branded pack which will include a booklet and a pocket guide to the CPD scheme	<b>3</b>	
March 2019	Face-to-face presentation: Norwich CPD group (23 March)		The changes in CPD are not as scary as originally thought  Most osteopaths are happy enough with everything except the PDR element
March 2019	Face-to-face presentation: Bristol iO Roadshow (29 March)		Record as you go along  I need to read the peer review form, I think this will help me understand the process

			Don't leave CPD until the last minute The CPD scheme is easier than I thought  Need to take time to study and plan my CPD using the printed materials and the website
March 2019	March 2019 ebulletin (with subject line 'Don't miss out – get help with your CPD) content included:  • Workbooks: planning and recording your CPD  • Have you used patient feedback for your CPD?  • Check when you start the new CPD scheme  Sent out: Saturday 9 March	Opens: 3,050 (56%) Clicks: 505 Top link clicks  Planning your CPD Workbook  When do I start the new CPD scheme?  Keeping CPD records Workbook  GOsC recruitment  CPD site resources	
March 2019	CPD Microsite: 1 March to 31 March	Users: 1,497 Page Views: 6,470  Top pages viewed:  • Planning your CPD Workbook  • When do I join the new CPD scheme?	

		<ul> <li>Keeping CPD records Workbook</li> </ul>	
March 2019	<ul> <li>March/April 2019 The Osteopath sent to all osteopaths on the Register (and final year students). Content included:</li> <li>Take part in the 3<sup>rd</sup> annual CPD evaluation survey including a table of 'You said, we did' to show what actions have been taken in response to feedback from registrants</li> <li>Communication and consent</li> <li>Updated OPS: safeguarding</li> <li>Cross profession working (CAIPE)</li> <li>Why research is good for osteopaths and their patients</li> <li>CPD courses</li> <li>Article explaining that CPD packs are being sent out to all registrants</li> </ul>		
March/April 2019	This illustrative osteopath will be sent a follow-up email with useful links and a digital version of the booklet and pocket guide which were sent out in the pack		
April 2019	Face-to-face presentation: Cambridge Osteopathic CPD Group (13 April 2019)		Planning in advance, not leave CPD until the last year
			Importance of peer review  How best to approach the new CPD scheme including

		Page Views: 5,756	
April	CPD Microsite: 1 April to 30 April	Users: 1,155	
	<ul> <li>Workbook</li> <li>When do I join the new CPD scheme?</li> <li>Read about CPD, communication and safeguarding in The Osteopath</li> <li>Sent out: Friday 5 April</li> </ul>	Workbook	
April 2019	April 2019 ebulletin (with subject line 'Don't miss out - help prepare yourself for the new CPD scheme') content included:  • Help prepare yourself for the new CPD scheme by taking part in this year's annual survey  • Read the new Case-Based Discussion	Opens: 2,739 (50%) Clicks: 477 <b>Top link clicks</b> • CPD survey  • When do I start the new CPD scheme?  • Case-based Discussion	
			applying the CPD and OPS to CPD, be more specific  Broad range of activities and their application to the standards  Not an overly onerous task compared to old CPD – just slightly different structure

		<ul><li>When do I join the scheme?</li><li>CPD events</li><li>CPD resources</li></ul>	
May 2019	Face-to-face presentation: Manchester iO Roadshow (10 May 2019)		That it is manageable and makes CPD more flexible  Keep on top of CPD requirement year to year  We should be fine with the new system but don't keep changing it, hopefully this is now good for ten years plus
May 2019	Face-to-face presentation: Seaford CPD Group (28 May 2019)		New CPD scheme is not too different and not too onerous  I have a much better understanding of the new CPD scheme, particularly the peer review  I feel going through the process will help me understand the process

May 2019	May 2019 ebulletin (with subject line 'Latest news plus new CPD resources') content included:  • Why osteopaths recommend taking part in this year's CPD survey  • Have you seen the new CPD workbooks?  • Look out for your new CPD scheme pack  • Regional and local groups: do you have any questions about the new CPD scheme?	Opens: 2,662 (49%) Clicks: 477 <b>Top link clicks</b> • CPD survey • When do I start the new CPD scheme? • Planning your CPD Workbook	
May 2019	Sent out: Friday 10 May CPD Microsite: 1 May to 31 May	Users: 1,134 Page Views: 5,499  Top pages viewed:  • Planning your CPD Workbook  • When do I join the scheme?  • CPD events	
June 2019	Face-to-face presentation: Perth iO Roadshow (9 June 2019)		Choosing a peer made clear and the process I need to do to move forward with the 3-year CPD process  Encouraged to work together to engage with communities of peers

			A bit of uncertainty regarding unchartered waters of the new CPD scheme  Confidence with Peer Discussion Review – probably ok but just not in comfort zone yet
June 2019	Face-to-face presentation: Maidstone iO Roadshow (21 June)		Clearer understanding of regulation towards supporting good practice: dialogue, boundaries and open communication  This was mainly for reinforcement, so I will take away reassurance
			It's more about discussion and reflection, less about clinical knowledge  Feels quite overwhelming: a lot to record/more paperwork
June 2019	June 2019 ebulletin (with subject line 'Don't miss out: latest news and resources in the June GOsC ebulletin') content included:	Opens: 2,671 (49%) Clicks: 477 <b>Top link clicks</b>	

	<ul> <li>5 days left to take the CPD Evaluation Survey</li> <li>Free GOsC CPD scheme webinars: places still available</li> <li>Get to grips with new CPD at the GOsC session at the iO Convention in November</li> <li>Find out when you'll join the new CPD scheme</li> <li>Sent out: Friday 7 June</li> </ul>	<ul> <li>New CPD scheme webinar series</li> <li>CPD survey</li> <li>When do I start the new CPD scheme?</li> <li>Patient Feedback Workbook</li> </ul>	
June 2019	CPD Microsite: 1 June to 30 June	Users: 1,312 Page Views: 6,484  Top pages viewed:  • Patient Feedback Workbook  • CPD events  • New CPD scheme webinar series	
July 2019	Face to face presentation: Waltham Forest Osteopathic Group (14 July)		I need to engage with this process and really try to understand what is involved Main themes  It is essentially what we already do, just making it more focused

			Always keep in mind the 4 themes of OPS, reflect back on them  I still feel GOsC feel scheme is easy and 'jolly ok' but I feel people are still unsettled
July 2019	July 2019 eBulletin (with subject line 'Latest news and resources in the July GOsC ebulletin') content included:  • 5 days left to take the CPD Evaluation Survey  • Free GOsC CPD scheme webinars: places still available  • Get to grips with new CPD at the GOsC session at the iO Convention in November  • Find out when you'll join the new CPD scheme  Sent out: Friday 5 July	Opens: 2,855 (52%) Clicks: 451  Top link clicks  New CPD scheme webinar series CPD survey When do I start the new CPD scheme?  iO convention	
July 2019	CPD Microsite: 1 July to 31 July	Users: 1,004 Page Views: 5,384  Top pages viewed:	

August 2019	August 2019 eBulletin (with subject line 'Latest news and resources in the August GOsC ebulletin') content included:  • Updated Osteopathic Practice Standards take effect from 1 September  • Take part in the NCOR OsteoSurvey  • Join the GOsC session at the iO Convention in November  • When do you start on the new CPD scheme?  Sent out: Wednesday 7 August	Opens: 1,962 (36%) Clicks: 225  Top link clicks	
August 2019	CPD Microsite: 1 August to 31 August	Users: 669 Page Views: 4,194  Top pages viewed:	
September 2019	Face to face engagement: Petersfield CPD Group presentation (19 September)		That this (the CPD scheme) is necessary in this modern world and may well have unexpected benefits  Keep up to date with notes on CPD and plan for the three years

September 2019	September 2019 eBulletin (with subject line 'Latest news and resources in the October GOsC ebulletin') content included:  • The updated Osteopathic Practice Standards are now in effect • Look out for your OPS pocket guide • Join the GOsC session at the iO Convention • Look our for your OPS pocket guide	Opens: 2,460 (50%) Clicks: 211  Top link clicks  OPS take effect Gosc Chair recruitment io Convention OsteoSurvey	Relating CPD back to OPS  What is professionalism, it appears to be unquantifiable and woolly
September 2019	Sent out: Friday 13 September  CPD Microsite: 1 September to 30 September	Users: 867 Page Views: 5,440	
	September	Top pages viewed:	
October 2019	Face to face engagement: Midland Osteopathic Society (3 October)		That CPD should be something constructive and helpful, not onerous

			The task is good for osteopathy, the profession
			What hours of CPD are required each year
			Details of the new CPD scheme that I was vaguely aware of, I now have better knowledge
October 2019	October 2019 eBulletin (with subject line 'Latest news and resources in the October GOsC ebulletin') content included:  • Connecting with others: setting up a group  • CPD resources and guidance are always to hand  • iO Convention: CPD session  • Read the latest edition of The Osteopath (OPS special)	Opens: 2,361 (48%) Clicks: 287 <b>Top link clicks</b> • CPD microsite  • Setting up a CPD group  • Non-CPD items (eg Matthew Redford's appointment, OsteoSurvey)	
October 2019	Sent out: Friday 5 October  CPD Microsite: 1 October to 31 October	Users: 1,030 Page Views: 6,242	
		<ul><li>Top pages viewed:</li><li>CPD events</li><li>CPD resources</li><li>Getting started</li></ul>	

Table 3: Key dates for understanding how osteopaths are complying with the new CPD scheme and opportunities to take mitigating actions

This table sets out key dates for gathering information and data about how osteopaths are engaging with the new features of the CPD scheme through the implementation of the three-year cycle.

Date	Activity	What does this mean?
1 October 2018	Day 1 of first three-year cycle for first osteopaths	Registration renewal form for October 2019 (end of Year 1 in new cycle) will be ready. Online CPD Diary ready for osteopaths to use if they wish to do so. Final CPD Guidance and PDR Guidance in place. Resources and CPD microsite in place.
March to July 2019	Annual CPD Evaluation tracking survey	Legislation in place.  Evaluation survey will help us to gauge engagement with the CPD scheme during the period between the start of the scheme and the collection of the complete first year of registration renewal data set by December 2020. A telephone survey will also take place with a random sample of osteopaths to help to ensure that the CPD Evaluation Survey findings are as robust as possible given that it is completed by a self-selected sample. Analysis report will be considered by the Policy Advisory Committee in October 2019.
1 October 2019	All existing osteopaths have now started their first three-year CPD period.  A few are in Year 2 but most are still in Year 1 of the CPD three-year cycle.	First renewal forms received with new CPD declaration. Early chance to flag any issues.  Assurance and verification of declarations to commence.  Key focus on awareness of CPD scheme, how to do various core elements, examples, case studies, sharing of stories and examples and identifying a peer.

Date	Activity	What does this mean?
1 December	First registration renewal declarations received	Over the course of the next year, we will build up a complete
2019	from osteopaths who completed their first	picture of progress within year one of the new CPD scheme
	CPD year in October 2019.	through registration renewal declarations. Responding
		appropriately to findings.
1 May 2020	Majority of osteopaths (more than half) will	Are osteopaths on track to comply looking at registration
	have completed Year 1 and submitting	renewal data?
	registration renewal data at the end of their	
	first year of the scheme. This will begin to	Yes/No
	give us a feel about compliance.	
	Assume as and configuration date will also	What actions should we be taking?
	Assurance and verification data will also	
1 1 2020	support us with an idea about compliance.	Mell I I I I I I I I I I I I I I I I I I
Late 2020	Annual CPD evaluation annual tracking survey	Will help us to track self-reported engagement with the scheme
		on an annual basis as the scheme beds in. It is hoped that levels of compliance with the new features of the scheme will increase
		each year. We will also be undertaking ongoing feedback from a
		number of sources including mini-surveys, GOsC enquiries, web
		statistics, face-to-face engagement, regional leads engagement
		etc.
1 December	First complete set of Year 1 registration	Are osteopaths on track to comply?
2020	renewal data available.	1 ,
		Yes/No
	A few osteopaths will be entering Year 3 and	
	so will really need to focus on getting all the	What actions should we be taking?
	features of the new scheme completed	
	including the peer discussion review.	
1 May 2021	Majority of osteopaths will have completed	High levels of activity related to supporting osteopaths to identify
	Year 2 and so this will give us a feel about	peers, complete new features and do peer discussion review.
	compliance.	

Date	Activity	What does this mean?
	Most osteopaths will be focussing on peer discussion review.	
1 December 2021	First set of registration renewal data for osteopaths who have completed their first three-year CPD cycles due. (Numbers will be small)	Early chance to flag any issues.
	Complete set of data for Year 2 compliance available.	
Late 2021	Annual CPD evaluation tracking survey	Will help us to track self-reported engagement with the scheme on an annual basis as the scheme beds in. It is hoped that levels of compliance with the new features of the scheme will increase each year.
By March 2022	Most osteopaths will be completing their first peer discussion reviews	High level of support for osteopaths about how to undertake peer discussion reviews and providing advice and guidance.
1 October 2022	All osteopaths on the Register from 1 October 2018 (and who have remained registered for three continuous years) will have completed their first peer discussion review	Review of peer discussion review learning and adaptation of guidance and resources etc.
Late 2022	Annual CPD evaluation tracking survey	Will help us to track self-reported engagement with the scheme on an annual basis as the scheme beds in. It is hoped that levels of compliance with the new features of the scheme will increase each year. In this final year of the initial three-year cycle of the new CPD scheme we would expect near 100% compliance.