

Report on Registration and renewal form data 1 October 2019- 10 January 2021

1. Registration and renewal data are compiled from every osteopath providing evidence of compliance, through self-declaration, with all aspects of the CPD scheme including hours undertaken, the themes of the OPS, objective activities, CPD in communication and consent and completion of the Peer Discussion Review. This information must be completed by each osteopath as part of the renewal of their registration. The first complete set of registration and renewal data for year one will be available in December 2020 and then at the end of the first completed three-year cycle by December 2023.
2. During July-August 2020 we analysed **fifteen months of data (1 October 2019- 10 January 2021)** which allowed us to get a coherent picture of how the CPD was being implemented up to the beginning of the coronavirus pandemic.
3. Fifteen months of self-declared data provided us with a total sample size 5185 osteopaths, 2495 of which were male and 2613 of which were female

	Total Sample Size
Male	2495 (48%)
Female	2613 (50%)
Unknown	77 (2%)
Total	5185 (100%)

4. This data has provided us with the following initial insights:

Osteopathic Practice Standards

	Theme A - Communication and patient partnership	Theme B – Knowledge, Skills and performance	Theme C- Safety and quality	Theme D- Professionalism
Number self-declared	4275	4450	4202	3930
Percentage (%) of total sample	82%	86%	81%	76%

CPD Evaluation survey 2020-21 ¹ CPD declared in Theme	302	310	298	291
Percentage (%) of total sample	86%	89%	85%	83%

Table 3: CPD involving the four OPS Themes declared 1 October 2019- 10 January 2021

5. It would seem from this self-declared data that osteopaths are getting much more confident with the OPS themes and what activities can be undertaken under each of the Osteopathic Practice Standards themes, with the majority of osteopaths declaring that they have undertaken CPD across all four OPS themes (86%-76% -see Table 3) which is an increase on previous years for Themes A, C and D.² This is positive, as what we say prior to the implementation of the CPD scheme was most CPD declared being undertaken in theme B – Knowledge, skills and performance. Yet most concerns and complaints were arising in relation to Theme A – Communication and patient partnership.
6. We are still seeing that most CPD is undertaken in Theme B of the OPS: Knowledge, skills and performance (4450 osteopaths or 86%, which is similar to the findings of CPD Evaluation Survey 2020-21) but reassuringly this is now much more balanced compared to the other themes suggesting that the other themes are featuring in reflecting on and recording CPD.
7. CPD declared on Theme D: Professionalism is the lowest recorded (3930 osteopaths or 76%) compared to the other three standards, (as we found with the CPD Evaluation Survey 2020-21). Although, it is still significantly high, given that we already know from the CPD Evaluation Survey that there is a greater prevalence for osteopaths to be unsure if they have spent CPD hours on this area (8%). **This finding provides us with a further opportunity to highlight potential CPD in professionalism.**

¹ Total number of respondents for the CPD Evaluation Survey 2020-21 was 350

² (See for example, paragraph 25 of Annex A of the CPD Evaluation Survey Findings 2019 at <https://www.osteopathy.org.uk/news-and-resources/document-library/about-the-gosc/pac-october-2019-item-5a-annex-a-cpd-evaluation-survey-report/?preview=true> which shows that a considerably higher proportion of osteopaths are indicating CPD in the four themes compared to last year.)

Objective activity

8. Almost half of the osteopaths declared that they had undertaken their objective activity in their first year of the CPD cycle (2446 osteopaths or 47% - see Table 4). This is a 12% increase on the findings of CPD Evaluation Survey 2020-21, and 23% increase on 2019 where just 24% of the sample had undertaken a CPD activity aimed at receiving objective feedback on their practice as part of their CPD.
9. There is however still room for improvement here and **we will continue to promote communication messages, run webinars and provide resources for the various objective activities.**
10. A significant proportion of osteopaths (2205 osteopaths or 43%) have completed in the first year of their three-year CPD cycle both their objective and communication and consent-based activity. This is important because many osteopaths will find that in undertaking the objective activity they will also be able to meet other aspects of the scheme. This reduces the perception of the burden of the scheme.

	Objective activity	Objective activity and communication and consent activity³
Number self-declared	2446	2205
Percentage (%) of total sample	47%	43%
CPD Evaluation survey 2020-21	123	110
Percentage (%) of total sample	35%	31%

Table 4: Objective activity declared 1 October 2019- 10 January 2021

³ This is a cross tabulation of instances where an objective activity + communication and consent-based activity have both been self-declared by osteopaths in the sample

Communication and consent-based activity

11. The majority of osteopaths declared they had undertaken a communication and consent-based activity (3503 osteopaths or 68%), which strongly supports the findings of the CPD Evaluation Survey 2020-21 where 75% reported having undertaken this CPD activity.
12. This demonstrates that communication and consent is being more clearly cemented into osteopaths' practice (see Table 5).

	Communication and consent activity	Theme A – Communication and patient partnership	Communication and consent activity + Theme A)⁴
Number self-declared	3503	4275	3265
Percentage (%) of total sample	68%	82%	63%

Table 5: Communication and consent activity declared 1 October 2019- 1 January 2021

13. When filtering two or more self-declared components we see that 3265 osteopaths or 63% (of total sample) have completed CPD in both communication and consent and Theme A: Communication and patient partnership. This is important too, because in completing activity specifically on communication and consent, we want to encourage osteopaths to review the OPS in Theme A – communication and patient partnership, and we would expect that these activities would cover theme A.
14. Given the high proportion of osteopaths that have declared that they have done CPD in Theme A (82%), perhaps our communication messages about the connection between Communication and consent-based activities and Theme A: **Communication and patient partnership could be stronger, given that 19% of osteopaths have declared CPD in Theme A, but do not see that as their communication and consent -based activity CPD requirement.**

Peer Discussion Review

15. A small proportion of osteopaths have declared that they have completed their Peer Discussion Review (PDR) in their first year of their CPD cycle (565 osteopaths or 11% - see Table 6).

⁴ This is a cross tabulation of instances where a communication and consent- based activity + Theme A have both been self-declared by osteopaths in the sample

	Completed Peer Discussion Review (PDR)
Number self-declared	565
Percentage (%) of total sample	11%

Table 6: Completed PDR declared 1 October 2019- 10 January 2021

16. Through our CPD live webinars (where we have been supporting osteopaths with the knowledge and skills we have been promoting that osteopaths do not have to wait until the very end of their 3-year CPD cycle to start their PDR template and can actually start now and complete each section by section, as they go along on a piecemeal basis).
17. Consequently, osteopaths that say they have completed their PDR, rather than having completed their whole PDR, may have instead completed sections of their PDR template (either objective activity and/or communication and consent-based activity) based on the numbers when filtering PDR with both these attributes and the work we have been doing on the CPD webinars (see Table 7).

	Completed PDR and objective activity	Completed PDR and communication and consent-based activity	Completed PDR, objective activity and communication and consent-based activity⁵
Number self-declared	510	539	495
Percentage (%) of total sample	10%	10%	9.5%

Table 7: Completed PDR, objective activity and communication and consent-based activity declared 1 October 2019- 10 January 2021 (data filtering)

18. This also supports the findings from the CPD Evaluation Survey 2020-2021, as here, 14% reported that they planned to complete the Peer Discussion Review section by section as they met the different elements of the scheme.
19. Unfortunately, we have experienced some technical difficulties with downloading a piece of data from the Integra database, relating to: *Have you identified a peer?* So we have only been in a position to download this data from the beginning of January 2021, but going forward will get a much better picture of this data going forward.

⁵ This is a cross tabulation of instances where a PDR, an objective activity + communication and consent- based activity have all been self-declared by osteopaths in the sample

	Completed Peer Discussion Reviewer identified (PDR)
Number self-declared	196
Percentage (%) of total sample	4% ⁶

Table 6: Completed PDR declared 1 October 2019- 10 January 2021 NB Data capture only available from January 2021

CPD hours declared

20. In the majority of cases osteopaths self-declared their total CPD hours as between 11- 50 hours (3759 osteopaths or 73%). This is fairly consistent with the CPD Evaluation Survey 2020-21 finding, in which 70% of the respondents indicated that they anticipated completing between 11-50 CPD hours.
21. In the CPD Evaluation Survey 2019 we also predicted that 8% of the register may complete between 1-20 hours in their first CPD year, but this has doubled to 16% based on this self-declaration data and is 14% based on CPD Evaluation Survey 2020-21 findings.
22. Perhaps what is most interesting is the 61 osteopaths (1%) that have declared nil CPD hours and the 199 osteopaths (4%) that have declared 1-10 hours of CPD in Year 1 of their CPD cycle. This finding is consistent with the CPD Evaluation Survey 2020-21 results where 4% of osteopaths indicated that they anticipated completing between 1-10 hours of CPD.

Number of CPD hours Declared	Total CPD Hours Declared in Year 1		Total CPD Hours Declared in Year 2	
		%		%
None - zero	61	1%	2	
1-5 hours	62		0	
6-10 hours	137		5	
11-20 hours	572	11%	11	8%
21-30 hours	1439	28%	27	21%
31-40 hours	1202	23%	25	19%
41-50 hours	546	11%	18	14%
51-60 hours	308	6%	14	11%
61-70 hours	175		8	

⁶ This percentage is based on the total registration and renewal sample of 5565 osteopaths due to running the data query from 1 October 2019- 10 January 2021

Annex A to 14

Number of CPD hours Declared	Total CPD Hours Declared in Year 1		Total CPD Hours Declared in Year 2	
		%		%
71-80 hours	107		1	
81-90 hours	86		3	
91-100 hours	65		6	
101-110 hours	34		0	
111-120 hours	44		1	
121-130 hours	25		1	
131-140 hours	27		0	
141-150 hours	13		0	
151-160 hours	6		0	
161-170 hours	9		1	
171-180 hours	8		0	
181-190 hours	6		0	
191-200 hours	12		1	
200+ hours	39		2	
400+ hours	15		1	
Blank (not recorded)	187	4%	7	5%
Total	5185		131	

Table 7: Total CPD hours declared 1 October 2019- 10 January 2021

23. We are keen to support osteopaths who have minimal CPD in any particular year to help them comply with the CPD scheme over the three- year period and so this finding does support us to confirm that **targeting communications with this group and where appropriate up to 10% of verification and assurance is relevant.** (Please note that some osteopaths in this group may be on maternity /paternity leave or sick leave, and so we will be sensitive to ensuring that we communicate effectively to provide support to this group.) Verification and assurance activities will also help to give us more qualitative information about this issue.
24. In contrast, a total of 451 osteopaths or 9% have ticked every box on the registration and renewal form as completed (that is all four themes of the OPS, objective activity, communication and consent activity and completed their peer discussion review (PDR)).
25. When we look at key components of the CPD scheme according to year osteopaths are into their three- year CPD cycle, we see the majority of osteopaths will tend to declare
 - CPD across the four themes in Year 1
 - Objective activity in Year 2
 - Communication and consent- based activities are declared in high numbers across both Year 1 and 2

Annex A to 14

- Highest OPS themes for osteopaths in Year 2 are Theme D followed by C, suggesting osteopaths appear to be checking what they are missing in terms of mapping to the standards, so ensure a breadth of practice.

Year in CPD scheme	Total in each year	Objective activity	Communication and consent activity	CPD in OPS Theme A	CPD in OPS Theme B	CPD in OPS Theme C	CPD in OPS Theme D
Year 1	5011	2339 (47%)	3493 (70%)	4265 (85%)	4439 (89%)	4192 (84%)	3921 (78%)
Year 2	131	88 (67%)	108 (82%)	24 (18%)	26 (20%)	29 (22%)	31 (24%)
Total	5142						

Table 8: CPD declared in Year 1 and Year 2 of CPD scheme 1 October 2019- 10 January 2021

Learning with Others

26. The majority of osteopaths in this sample (3389 osteopaths or 65% in Year 1 and 76 osteopaths or 58% in Year 2) declared 11-40 CPD hours which involved learning with others.
27. When we specifically examine the self-declaration, data based on CPD hours which involved *Learning with Others (LWO)*, we see that this almost doubles the figure for nil CPD undertaken (117 osteopaths or 2%). This would indicate there are a small proportion of osteopaths out there having done some CPD hours 'happily' working on their own (see Table 7). We **remain keen to encourage osteopaths to engage with others and so it might be useful to explore further with this group to find out why they have not yet engaged with others and whether we can provide any support to help them to engage with others. For example, are there any implications arising for selection of a peer?**
28. Between 12 -15% of osteopaths declared 1-10 CPD hours which involved learning with others, depending on which year of their CPD cycle they are in.

Number of CPD hours Declared	Total LWO CPD Hours Declared in Year 1		Total LWO CPD Hours Declared in Year 2		Total CPD Hours Declared in Year 3
None – Zero	117	2%	3		
1-5 hours	202	4%	10	8%	
6-10 hours	441	9%	9	7%	
11-20 hours	1648	32%	39	30%	

21-30 hours	1100	21%	23	18%	
31-40 hours	641	12%	14	11%	
41-50 hours	338	7%	11	8%	
51-60 hours	180	3%	9	7%	
61-70 hours	77		6		
71-80 hours	62		1		
81-90 hours	39		1		
91-100 hours	41		2		
101-110 hours	25		0		
111-120 hours	20		0		
121-130 hours	11		0		
131-140 hours	5		0		
141-150 hours	4		0		
151-160 hours	6		0		
161-170 hours	7		0		
171-180 hours	4		0		
181-190 hours	6		1		
191-200 hours	7		0		
200+ hours	16		0		
400+ hours	16		0		
Blank (not recorded)	172	3%	2		
Total	5185		131		

Table 9: Learning with others CPD hours declared 1 October 2019- 10 January 2021

29. Please note that we do not at present hold sufficient quality data to undertake a cross-tabulation of responses compared to self-declared protected characteristics because data is of insufficient quality and incomplete. However, we are undertaking work to get to a point where we can do this analysis. We have designed a revised and refreshed equality, diversity and inclusion survey and we are in discussions with our IT provider to explore how we might better collate and hold this data and further information about this will be available in due course.