



# CPD Evaluation Survey 2024

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## Page 1: Instructions for completion

Dear osteopath,

The CPD evaluation survey has a total of 25 questions across 8 pages. You might find it useful to have your CPD records, such as your online [CPD Diary](#), at hand while you complete the survey. You might also find it useful to have the Osteopathic Practice Standards to hand, for example by having [standards.osteopathy.org.uk](https://standards.osteopathy.org.uk) open on a separate browser.

This survey should take between 15-20 minutes to complete. You can claim up to **2 hours of CPD by completing the survey**, along with any extra time spent reflecting on what this means for you, either individually or with a colleague.

### Benefits

- Claim up to 2 hours of CPD by completing the survey, which includes the short time it takes to complete the survey plus any additional time you spent reflecting either individually, or collectively with a colleague on the content and what it means for you.
- Share what the CPD scheme has been like for you, which will help us to continue offering support and resources tailored to the needs of osteopaths.

### Mobile device users

If you are completing this survey using a mobile device, you may find it useful to view certain questions in a list format, specifically questions that make use of a grid. To do this, above each question you should find the option to 'View as a separate question instead.'

### Saving and recording your responses

You can pause and save your progress with the survey at any time, just click on the 'Finish later' button at the foot of the page you are on, provide your email address in the box provided and press 'Send.' Remember to check your inbox for the link so you can return to your survey.

Once you have completed the survey, please remember to select 'Finish.' You should then see a confirmation page where you can save a pdf version of your responses to keep as part of your CPD records. Keep in mind, you will have 15 minutes to download your survey responses once you have selected 'Finish.'

**All responses will be confidential and anonymous. We will not try or be able to identify you from the responses you provide.**

Information about how we use your data is contained in our [Privacy Policy](#)

Thank you for taking the time to complete this survey. Your views are greatly valued and your participation is much appreciated.

The closing date for this survey is **Friday 12 April 2024**

If you have any questions about this survey please do not hesitate to contact:

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## Page 2: Section 1: Overall thoughts on the scheme

1. Thinking back to your first six months of starting the CPD scheme and your perceptions of it, on a scale of 1-5, to what extent do you agree or disagree with the following statements (where 1 = Strongly Disagree and 5 = Strongly Agree)

	* Required					
	1 - Strongly Disagree	2 - Disagree	3 - Neither Disagree nor Agree	4 - Agree	5 - Strongly Agree	6 - Can't Remember
I didn't understand the CPD scheme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I was anxious about the CPD scheme and the changes made	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I could see the benefits the CPD scheme would bring to my practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I attended online webinars and/or events to learn more	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I struggled with the changes to the CPD scheme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I wanted to increase my professional networks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I thought the changes to the CPD scheme were burdensome and a wasted effort	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I could see the benefit of gaining support from others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I found the CPD scheme confusing to get to grips with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think it was appropriate to review the CPD scheme periodically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Thinking about how you feel now about the CPD scheme, on a scale of 1-5, to what extent do you agree or disagree with the following statements (where 1 = Strongly Disagree and 5 = Strongly Agree)

	* Required				
	1 - Strongly Disagree	2 - Disagree	3 - Neither Disagree nor Agree	4 - Agree	5 - Strongly Agree
I don't understand the CPD scheme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I worry about whether I've met the requirements of the CPD scheme correctly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My practice has benefited from the CPD scheme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find it confusing to get to grips with the CPD scheme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Through attending online webinars and/or events I feel more confident to complete my CPD in accordance to the CPD scheme requirements	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I struggle with the changes made to the CPD scheme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The CPD scheme has made no difference to the way I practise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The CPD scheme has had a negative impact on the way I practise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have increased my professional networks as a result of the CPD scheme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have gained support from others as a result of the CPD scheme which has benefitted me and my practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think the changes to the CPD scheme are burdensome and a wasted effort	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The CPD scheme has had a positive impact on the way I practise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think it is appropriate for GOSc to have reviewed the CPD scheme periodically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Page 3: Section 2: Engaging with the scheme and using the Osteopathic Practice Standards in your practice

3. On a scale of 1-5, overall how easy or difficult has it been for you to do the main components of the CPD scheme (where 1 = Very Difficult and 5 = Very Easy):

	* Required				
	1 - Very Difficult	2 - Difficult	3 - Neither Difficult nor Easy	4 - Easy	5 - Very Easy
Total hours (90 hours)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45 hours of learning with others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding how my practice aligns with the Osteopathic Practice Standards (OPS)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communication and consent based activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Objective activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Peer Discussion Review (PDR)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Planning CPD across the three-year period	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Recording my CPD	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reflecting on my CPD	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Have you experienced any benefits from completing the CPD scheme? \* Required

- ☐ Yes
- ☐ No
- ☐ Unsure

4.a. If yes, what have been the benefits of completing the CPD scheme for you?

4.b. If no, please could you explain why you feel you have not experienced any benefits from completing the CPD scheme?

5. What have been the most beneficial or rewarding components of the CPD scheme for you? (Please select no more than 3) \* Required

Please select between 1 and 3 answers.

- ☐ Understanding how my practice aligns with the Osteopathic Practice Standards (OPS)
- ☐ Communication and consent based activity
- ☐ Objective activity
- ☐ Recording my CPD
- ☐ Peer Discussion Review (PDR)
- ☐ Planning CPD across a three year period
- ☐ Reflecting on my CPD
- ☐ None of them

☐ Other

5.a. If you selected Other, please specify:

6. Which components of the CPD scheme have you found most difficult? For example, those you may have found confusing, burdensome or unclear. Please select no more than 3. \* *Required*

Please select between 1 and 3 answers.

- ☐ Understanding how my practice aligns with the Osteopathic Practice Standards (OPS)
- ☐ Communication and consent based activity
- ☐ Objective activity
- ☐ Recording my CPD
- ☐ Peer Discussion Review (PDR)
- ☐ Planning CPD across a three year period
- ☐ Reflecting on my CPD
- ☐ None of them
- ☐ Other

6.a. If you selected Other, please specify:

7. Please could you explain why you think you found these components difficult? *Optional*

8. If you experienced challenges with aspects of your CPD, how did you manage to overcome those challenges? *Optional*

## Page 4: Section 2: Engaging with the scheme and using the Osteopathic Practice Standards in your practice (Continued)

9. On a scale of 1-5, to what extent do you agree or disagree with the following statement: 'I believe the CPD scheme has enhanced my practice' (where 1= Strongly Disagree and 5 = Strongly Agree)?

	* Required				
	1 - Strongly Disagree	2- Disagree	3- Neither Disagree nor Agree	4- Agree	5 - Strongly Agree
I believe the CPD scheme has enhanced my practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Some osteopaths have reported to us that when thinking about their CPD activities in terms of the [Osteopathic Practice Standards \(OPS\)](#), that the most difficult for them has been CPD activities on [Theme D: Professionalism](#). We are therefore trying to gather some examples of how osteopaths have covered this theme, to perhaps share with others who may be struggling with this element of the scheme.

10. During your CPD cycle, please give an example of a CPD activity you have done which covers Theme D: Professionalism of the Osteopathic Practice Standards (OPS)? \* Required

11. Thinking about the CPD scheme, what aspect has had the biggest impact on your practice? \* Required

## Page 5: Section 3: Getting support from colleagues as part of the CPD scheme

12. On a scale 1-5, how strongly would you agree or disagree with the following statements (where 1= Strongly Disagree and 5 = Strongly Agree), in terms of whether the CPD scheme has:

	* Required				
	1 - Strongly Disagree	2 - Disagree	3 - Neither Disagree nor Agree	4 - Agree	5 - Strongly Agree
Increased the number of discussions you have had on CPD and your practice with others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Made you feel less isolated as a professional	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Increased your confidence to practise CPD with others or discuss clinical practice with others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helped you to gain different perspectives on your own practice more frequently	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13. Osteopaths often find they get support from colleagues by completing their objective activity, as part of the CPD scheme. How would you rate your experience of completing your objective activity? \* Required

- ☐ Very Unhelpful
- ☐ Unhelpful
- ☐ Neither unhelpful or helpful
- ☐ Helpful
- ☐ Very Helpful

14. Which objective activity have you completed as part of your CPD: \* Required

- ☐ Case-based discussion
- ☐ Clinical audit
- ☐ Patient feedback
- ☐ Patient Reported Outcome Measures (PROMs)
- ☐ Peer observation
- ☐ Other

14.a. If you selected Other, please specify:

15. Osteopaths also often find they get support from their colleagues during their Peer Discussion Review (PDR). How would you rate your experience of completing a PDR? \* Required

- ☐ Very unhelpful
- ☐ Unhelpful
- ☐ Neither unhelpful nor helpful
- ☐ Helpful
- ☐ Very helpful

15.a. Was your peer: \* Required

- ☐ An osteopath you worked with
- ☐ An osteopath known to you, but who you do not work with directly
- ☐ An osteopath not known to you
- ☐ Another health professional
- ☐ Other

15.a.i. If you selected 'another health profession,' which healthcare profession do they practise?

15.a.ii. If you selected 'an osteopath not known to you,' how did you find them?

15.a.iii. If you selected Other, please specify:

## Page 6: Section 4: Peer Discussion Review (PDR) Experience

16. Based on your experience of completing your Peer Discussion Review, please could you tell us what worked well, what worked less well and what you would do differently next time? There are three boxes in this section, you may need to scroll right to fill in the third box.

	What worked well * Required	What worked less well * Required	What would you do differently * Required
Based on your PDR experience			

17. Thinking about your colleague who acted as your peer reviewer, to what extent do you agree or disagree with the following statements when thinking about your peer reviewer (where 1 = Strongly Disagree and 5 = Strongly Agree)

	* Required				
	1 - Strongly Disagree	2 - Disagree	3 - Neither Disagree nor Agree	4 - Agree	5 - Strongly Agree
They acted as an independent critical friend	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They made it feel like a test that I would either pass or fail	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They acted as a sounding board to support me through my thought process with my CPD requirements	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They insisted on validating my entire CPD record	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They offered non-judgemental support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They provided feedback that upset me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They asked me questions, rather than dictating or telling me what to do	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They overloaded me with too much feedback	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They signposted me to other useful CPD related resources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They had a different osteopathic or healthcare approach to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They were unsure that I'd done enough to meet a specific CPD standard	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They gave feedback that was generalised and not related to specific facts or observations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They used open questions to encourage my reflection (eg why, what, when or how)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They gave me feedback without any guidance on how to rectify issues identified	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
They had a similar osteopathic or healthcare approach to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

18. Do you still contact your peer about issues relating to professional practice? \* Required

- ☐ Yes, my peer will be the same in my next CPD cycle
- ☐ Yes, but I'll be choosing someone else to be my peer in my next CPD cycle.
- ☐ No, it didn't work out, and I'll be finding someone else to be my peer for my next CPD cycle
- ☐ Other

18.a. If you selected Other, please specify:



## Thinking about your experience of being a peer:

19. Have you carried out a Peer Discussion Review (PDR) for another osteopath? \* Required

☐ Yes

☐ No

19.a. To what extent do you agree or disagree with the statement: 'I felt equipped to be a peer reviewer' (where 1= Strongly Disagree and 5= Strongly Agree)

Please don't select more than 1 answer(s) per row.

Please select at least 1 answer(s).

Please don't select more than 1 answer(s) in any single column.

	1 - Strongly Disagree	2 - Disagree	3 - Neither Disagree nor Agree	4 - Agree	5 - Strongly Agree
I felt equipped to be a peer reviewer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

19.b. What 3 words would you use to describe your experience of being a peer reviewer for another osteopath?

19.c. Did you experience any pressure to sign-off an osteopath's Peer Discussion Review (PDR) form?

☐ Yes

☐ No

19.d. What did you learn about yourself and your practice as a result of being a peer reviewer for another osteopath?

20. The following statements are taken from the PDR guidance. Which of these statements match your experience of the Peer Discussion Review (PDR)? Please click the statements that apply to your experience. \* Required

- ☐ The PDR was carried out in a supportive way
- ☐ The PDR helped us learn from each other
- ☐ The value of the peer discussion was in the discussion itself
- ☐ The PDR conversation was situated in the context where uncertainty or mistakes were regarded as an opportunity for learning
- ☐ I did not feel judged by my peer
- ☐ My peer was able to support and provide assurance
- ☐ During my PDR, we discussed interesting, difficult, or unusual cases and supported each other by exchanging ideas about ways to handle such cases
- ☐ During my PDR I discussed my CPD and how it impacted my practice
- ☐ I was able to give and receive constructive and helpful feedback
- ☐ None of these statements taken from the PDR guidance match my experience
- ☐ Other

20.a. If you selected Other, please specify:



## Page 7: Section 5: Creating networks of support as part of the CPD scheme

21. On a scale of 1-5 (where 1 = Strongly Disagree and 5 = Strongly Agree), how strongly would you agree or disagree with the following statements that the CPD scheme has:

	* Required				
	1 - Strongly Disagree	2- Disagree	3- Neither Disagree nor Agree	4- Agree	5- Strongly Agree
Increased your professional network, for example, the number of other osteopaths or other healthcare providers that you talk to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Created greater opportunities for you to get support from others within a professional community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Enhanced your practice with your patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Enhanced your practice with other osteopaths	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Enhanced your practice with other healthcare professionals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helped you to feel part of the professional community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lessened the risk of professional isolation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lessened the risk of concerns and complaints being made against me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### Final thoughts about the CPD Scheme

22. Thinking about your first impressions of the CPD scheme compared to now, have your attitudes toward the CPD scheme changed over time?

\* Required

☐ Yes

☐ No

23. In your opinion, has the CPD scheme been worth it (eg enjoyable and useful, despite having to make considerable effort)? \* Required

☐ Yes

☐ No

24. In your opinion, how might the CPD scheme be improved going forward (including any changes that you might like to see)? Optional

25. Do you have any additional comments about your experience of the CPD scheme so far, that you would like to add?

## Page 8: Section 6: Equality, Diversity and Inclusion

We would now like to ask you some questions relating to diversity, such as age, ethnicity, gender identity and religion. We ask for this information so we can understand whether we are offering the CPD scheme in a way that is suitable to all osteopaths, and that does not inadvertently discriminate or negatively affect any particular group. This information may also help us as we try to identify how we might be able to improve equality for certain groups. GOsC as an organisation is also required by law to monitor diversity.

It would be very helpful to us if you would complete this information, and you will be able to select 'Do not wish to answer' to any questions you do not wish to complete. However, you can also choose not to answer this section by choosing 'No' to the following question: Q26: Would you like to continue with these questions?

26. Would you like to continue with these questions? \* *Required*

☐ Yes

☐ No

### Gender Identity

26.a. Gender identity: How do you currently identify yourself?

☐ Female

☐ Male

☐ Non-binary

☐ Prefer to self-describe

☐ Prefer not to say

26.a.i. If you selected 'prefer to self-describe,' please specify if you wish:

26.b. Is your gender identity the same as the sex you were assigned at birth?

☐ Yes

☐ No

☐ Prefer not to say

### Age

26.c. Your age:

☐ 20-24

☐ 25-29

☐ 30-34

☐ 35-39

☐ 40-44

☐ 45-49

☐ 50-54

☐ 55-59

☐ 60-64

☐ 65+

☐ Prefer not to say

## Disability

**26.d.** The Disability Discrimination Act defines a person as disabled if they have a physical or mental impairment which is substantial, long-term (ie has lasted or is expected to last at least 12 months) and has adverse effects on their ability to carry out day-to-day activities. Taking this into account, do you consider yourself to be a person with a disability?

- ☐ Yes
- ☐ No
- ☐ Prefer not to say

**26.d.i.** If yes, do you have any of the following disabilities, long term conditions or impairments?

Please select between 1 and 9 answers.

- ☐ Dyslexia, dyscalculia, dyspraxia
- ☐ Neurodiverse (eg autism, ADHD, Asperger's)
- ☐ Long term/chronic physical health condition
- ☐ Mobility impairment or musculoskeletal condition
- ☐ Hearing impairment
- ☐ Visual impairment
- ☐ Speech impairment
- ☐ Mental health condition
- ☐ I have a disability, impairment, health condition or learning difficulty that is not listed above (Please specify if you wish)
- ☐ Prefer not to say

**26.d.i.a.** I have a disability, impairment, health condition or learning difficulty that is not listed above. Please specify if you wish:

## Ethnic Origin

**26.e.** Your ethnic origin:

- ☐ Asian or Asian British
- ☐ Black or Black British
- ☐ Mixed Ethnic Background
- ☐ White or White British
- ☐ Other Ethnic Group
- ☐ Prefer not to say

**26.e.i.** Asian or Asian British

- ☐ Bangladeshi
- ☐ Indian
- ☐ Pakistani
- ☐ Chinese
- ☐ Any other Asian or Asian British

**26.e.i.a.** Any other Asian or Asian British background, please specify if you wish:

26.e.ii. Black or Black British:

- ☐ African
- ☐ Caribbean
- ☐ Any other Black or Black British

26.e.ii.a. Any other Black or Black British background, please specify if you wish:

26.e.iii. Mixed Ethnic Background:

- ☐ White and Asian
- ☐ White and Black African
- ☐ White and Black Caribbean
- ☐ White and Chinese
- ☐ Any other Mixed or Multiple Ethnic background

26.e.iii.a. Any other Mixed or Multiple Ethnic background, please specify if you wish:

26.e.iv. White or White British

- ☐ British
- ☐ English
- ☐ Irish
- ☐ Northern Irish
- ☐ Scottish
- ☐ Welsh
- ☐ Polish
- ☐ Gypsy/traveller
- ☐ Roma
- ☐ Any other White background

26.e.iv.a. Any other White background, please specify if you wish:

26.e.v. Other Ethnic Background:

- ☐ Arab
- ☐ Filipino
- ☐ Any other ethnic background

26.e.v.a. Any other ethnic background, please specify if you wish:

Religion

26.f. Which group do you identify with? Please tick one box. The options are listed alphabetically

- ☐ Agnostic
- ☐ Atheist
- ☐ Buddhist
- ☐ Christian
- ☐ Hindu
- ☐ Humanism/Humanist
- ☐ Jewish
- ☐ Muslim
- ☐ No religion or belief
- ☐ Pagan
- ☐ Sikh
- ☐ Spiritual
- ☐ Any other religion or belief
- ☐ Prefer not to say

26.f.i. Any other religion or belief, please specify if you wish:

#### Sexual Orientation

26.g. Which group do you identify with? Please tick one box.

- ☐ Asexual
- ☐ Bi/Bisexual
- ☐ Gay/Lesbian
- ☐ Heterosexual/straight
- ☐ Pansexual
- ☐ Queer
- ☐ Prefer to self-describe
- ☐ Prefer not to say

26.g.i. If you selected 'prefer to self-describe,' please specify if you wish:

#### Marriage and Civil Partnership

26.h. Marriage and Civil Partnership, which group do you identify with:

- ☐ Married
- ☐ Civil Partnership
- ☐ Single
- ☐ Divorced
- ☐ Widowed
- ☐ Cohabiting
- ☐ Prefer not to say

☐ Other

26.h.i. If you selected Other, please specify if you wish:

### Pregnancy and Maternity

26.i. Do you consider yourself to fall under the protected characteristic of 'pregnancy and maternity?' 'Pregnancy' refers to the condition of being pregnant or expecting a baby and 'maternity' refers to the period of 26 weeks after birth or miscarriage

- ☐ Yes  
☐ No  
☐ Prefer not to say

### Current working pattern

We understand that working pattern can vary widely for osteopaths. To help with this the definition being used here is: Full-time employment is usually considered between 30-40 hours a week, while part-time employment is usually less than 30 hours a week.

26.j. Which of the following best describes your current working pattern?

- ☐ Full time  
☐ Part time  
☐ Non-practising  
☐ Maternity leave, paternity leave, parental leave, adoption leave due to caring responsibilities  
☐ Prefer not to say  
☐ Other

26.j.i. If you selected Other, please specify if you wish:



## Page 9: Final comments and thank you

Thank you for taking the time to complete this survey.

If you would like further information about this survey, please email **Dr Stacey Clift** on [sclift@osteopathy.org.uk](mailto:sclift@osteopathy.org.uk). By using this email address it will ensure that your data anonymity is preserved.

Don't forget that you can claim up to 2 hours of CPD for completing this evaluation survey, plus any additional time that you spend reflecting on your answers.

If you would like to download or print a copy of your responses to keep in your CPD records as evidence, please make sure that you click '**Finish**' and then click '**My Responses**.' Remember, you will only have **15 minutes to download** your responses after pressing the 'Finish' button.

**Please click on the finish button below.**

## Page 10: Thank you

Thank you for taking the time to complete this survey.

Don't forget that you can claim up to 2 hours of CPD for completing this evaluation survey, plus any additional time that you spend reflecting on your answers.

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