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DRAFT CPD Evaluation: Perception Survey (re: Short term & Long term aims)

Overall thoughts on the scheme

1. Thinking back to when you started on the new CPD and your perceptions of it, on a scale of 1-5 to what extent do you agree or disagree with the following statements (where 1= Strongly Disagree and 5= Strongly Agree)

Statements	1	2	3	4	5
	Strongly Disagree	Disagree	Neither Disagree nor Agree	Agree	Strongly Agree
I embraced the new CPD scheme with an open mind					
I was anxious about the changes made					
I could see the benefits the scheme would bring to my practise					
I attended online webinars and/ or events to learn more					
I struggled with key components of the scheme					
I wanted to increase my professional networks					
I found it complicated to get to grips with					
I thought the changes to the scheme were burdensome and a wasted effort					
I could see the benefit of gaining					

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Statements	1	2	3	4	5
	Strongly Disagree	Disagree	Neither Disagree nor Agree	Agree	Strongly Agree
support from others					
I found it confusing to get to grips with					
I couldn't see the point of the changes made to the scheme					
Something else (please specify)					

2. Thinking about how you feel now about the CPD scheme, on a scale of 1-5 to what extent do you agree or disagree with the following statements (where 1= Strongly Disagree and 5= Strongly Agree)

Statements	1	2	3	4	5
	Strongly Disagree	Disagree	Neither Disagree nor Agree	Agree	Strongly Agree
I'm glad that I embraced the new CPD scheme with an open mind					
I still worry about the changes made and whether I've done them correctly					
My practice has benefited from the new CPD scheme					
I still find it confusing to get to grips with the scheme					
Through attending online webinars and/or					

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Statements	1	2	3	4	5
	Strongly Disagree	Disagree	Neither Disagree nor Agree	Agree	Strongly Agree
events I feel more confident to complete my CPD in accordance to the new CPD scheme					
I still struggle with key components of the scheme					
The CPD scheme has made no difference to the way I practise					
I have increased my professional networks					
I still can't see the point of the changes made to the scheme					
I still find it complicated to get to grips with					
I have benefited from gaining support from others					
I still think the changes to the scheme are burdensome and a wasted effort					
The CPD scheme has had an impact on the way I practise					
Something else (please specify)					

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Engaging with the scheme and enhancing practice with OPS

- Short term Aim 1: For osteopaths to engage with (to do) the scheme, meaning osteopaths do CPD in the four themes of the OPS (not just knowledge, skills and performance) and CPD that reflects the breadth of their practice; CPD in the area of communication and consent; an objective activity; maintaining a record of CPD and a peer discussion review (PDR).
 - Long term Aim 1: Osteopaths to practice in accordance with the OPS.
3. On a scale of 1-5 overall how easy or difficult has it been for you to do the main components of the CPD scheme

Components of the CPD Scheme	1	2	3	4	5
	Very difficult	Difficult	Neither easy nor difficult	Easy	Very easy
Total CPD hours (90 hours)					
Learning with others CPD hours (45 hours)					
Mapping to OPS					
Communication and consent-based activity					
Objective activity					
Peer Discussion Review (PDR)					
Planning your CPD across a 3- year period					
Recording my CPD					
Reflecting on my CPD					

4. What have been the benefits of undertaking the new CPD scheme for you?
5. Thinking about the components of the CPD scheme which have you found most challenging (e.g., beneficial and rewarding)? (select your Top 3).

Component of Scheme
Mapping to OPS
Communication and consent activity

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Objective activity
Recording CPD
Peer Discussion Review
Planning CPD across 3-years
None of them
Other (Please specify)

6. Thinking about the components of the CPD scheme which have you found most difficult (e.g., confusing, burdensome or unclear)? (select your Top 3).

Component of Scheme
Mapping to OPS
Communication and consent activity
Objective activity
Recording CPD
Peer Discussion Review
Planning CPD across 3-years
None of them
Other (Please specify)

7. Why did you find these component(s) difficult or challenging?
8. How did you manage to overcome these challenges with your CPD?
9. To what extent do you think the CPD scheme has enhanced your practice?

Very insignificantly	Insignificantly	Neither insignificantly nor significantly	Significantly	Very significantly

10. During last 12 months, please give an example of CPD that you have undertaken which covers Theme D: Professionalism?

11. What impact has the CPD scheme had on your practise? [leave open]

Getting support from colleagues as part of the new CPD scheme

- Short term Aim 2: is to get professional and personal support from colleagues by participating in the CPD scheme
- Long term Aim 2: Increased quality of care because fewer osteopaths will be professionally isolated. Osteopaths will be engaged in discussing CPD and

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practice, getting support for themselves and their practice within a community and gaining different perspectives.

12. On a scale of 1-5 how strongly would you agree or disagree with the following statements in terms of whether the CPD scheme has

	1 Strongly disagree	2 Disagree	3 Neither disagree nor agree	4 Agree	5 Strongly agree
Reduced your fears about professional isolation					
Made you feel less isolated as a professional					
Increased your confidence to practice CPD with others or discuss clinical practice with others					
Increased the number of discussions you have had on CPD and practise with others					
Enabled you to gain different perspectives from your own practice more frequently					

13. A significant part of getting support from colleagues as part of the CPD scheme is by completing an objective activity. On a scale of 1-5 how would you rate your experiences of undertaking an objective activity?

Very unhelpful	Unhelpful	Neither unhelpful or helpful	Helpful	Very helpful	Unsure
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14. In the last 12 months, which objective activity have you undertaken as part of your CPD?

Case based discussion

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Clinical audit
Patient Feedback
Patient Reported Outcome Measures
Peer Observation
Other*

If you selected Other, please specify:

Role of the Reviewer

15. Another significant part of getting support from colleagues as part of the CPD scheme is via the Peer Discussion process. On a scale of 1-5 how would you rate your experiences of undertaking a PDR?

Very unhelpful	Unhelpful	Neither unhelpful nor helpful	Helpful	Very helpful
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16. Based on your PDR experiences what worked well, what worked less well, and what would do differently next time?

What worked well	What worked less well	What would do differently
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17. To what extent do you agree or disagree with the following statements when thinking about your peer, where 1 = Strongly disagree and 5 = Strongly agree:

Statements	1	2	3	4	5
	Strongly Disagree	Disagree	Neither Disagree nor Agree	Agree	Strongly Agree
Acted as an impartial critical friend					
Acted as a sounding board to support you through your thought process with your CPD requirements					
Offered you non-judgemental support					
Asked you questions rather					

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than dictate or told you what to do					
Signposted you to other useful CPD related resources					

18. Are you still in touch with your peer?

Yes – My peer will be the same in my next CPD Cycle
Yes – But I'll be choosing someone else to be my peer in my next CPD cycle
No – It didn't work out, and I'll be finding someone else to be my peer for my next cycle

Thinking about your experiences of being a peer:

19. Have you undertaken a PDR for another osteopath?

Yes	No
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20. How equipped did you feel to undertake the role of Peer Reviewer, on a scale of 1 -5 (where 1 = Very unequipped and 5 = Very equipped)?

1	2	3	4	5
Very unequipped	Unequipped	Neither unequipped nor equipped	Equipped	Very Equipped

21. What 3 words would you use to describe your experience of being the peer for another osteopath?

Word 1	Word 2	Word 3
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22. Did you experience any pressure to sign-off a peer's Peer Discussion Review form?

Yes	No
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23. What did you learn about yourself and your practice being a peer for another osteopath?

24. How has the role of the Peer Reviewer contributed to the development of the following individuals, on a scale of 1-5, where 1= Very insignificantly and 5= Very Significantly

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Individuals	1	2	3	4	5	Other
	Very Insignificantly	Insignificantly	Neither Insignificantly nor significantly	Significantly	Very significantly	Don't Know
Yourself as an osteopath						
Your peer						

25. The following statements are taken from the PDR guidance, which of these statements match your experiences of the PDR:

The PDR was conducted in supportive way
The PDR helped us learn from each other
The value of the peer discussion was in the discussion itself
The conversation was situated in the context where uncertainty or mistakes were regarded as an opportunity for learning
I did not feel judged by my peer
My peer was able to support and provide assurance
During my PDR, we discussed interesting, difficult, or unusual cases and supported each other by exchanging ideas about ways to handle such cases
During my PDR you discussed your CPD and how it impacted your practice
I was able to give and receive constructive and helpful feedback

Creating communities of practise as part of the CPD scheme

- Short term Aim 3: is to increase community
- Long term aim 3: Reduced concerns and complaints. Enhanced communication between osteopaths and patients should lead to fewer concerns, or osteopaths will be able to manage appropriate complaints locally, rather than these being unnecessarily escalated to GOsC.

26. On a scale of 1-5 how strongly would you agree or disagree with the following statements that the CPD scheme has:

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	1 Strongly disagree	2 Disagree	3 Neither disagree nor agree	4 Agree	5 Strongly agree
Increased your professional network i.e. the number of other osteopaths or other healthcare providers that you talk to					
Created greater opportunities for you to get support from others within a professional community					
Enhanced my practice with my patients					
Enhanced my practice with other osteopaths or other healthcare professionals					
Enabled me to feel part of a professional community					
Made me consider that being part of a community could reduce my chances of concerns and complaints being made against me					

Final thoughts about the CPD Scheme

27. Thinking about your first impressions of the CPD Scheme to where you are now.
Have your attitudes towards the CPD scheme changed over time?

Yes
No

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Stayed the same

28. In your opinion, has the new CPD scheme been worth it?

Yes	No
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29. Please use the space provided below to provide any additional comments about your experiences of the CPD scheme, that you would like to add: