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Report on Registration and renewal form data 1 October 2019 - 26 November 2021

1. Registration and renewal data are compiled from every osteopath providing evidence of compliance, through self-declaration, with all aspects of the CPD scheme including hours undertaken, the themes of the OPS, objective activities, CPD in communication and consent and completion of the Peer Discussion Review. This information must be completed by each osteopath as part of the renewal of their registration. The first complete set of registration and renewal data for year one was available in December 2020 and then at the end of the first completed three-year cycle by December 2023.
2. During November-December 2021 we analysed CPD self-declaration data for the period **1 October 2019 - 26 November 2021**, which has allowed us to get a coherent picture of how CPD is being complied with for osteopaths in either their second or third year of their three- year CPD cycle.
3. This self-declared data provided us with a total sample size 5513 osteopaths, 2677 of which were male and 2836 of which were female

	Total Sample Size
Male	2677 (49%)
Female	2836 (51%)
Total	5513 (100%)

4. This data provides us with the following initial insights:

Osteopathic Practice Standards

	Theme A: Communication and patient partnership	Theme B: Knowledge, Skills and performance	Theme C: Safety and quality	Theme D: Professionalism
Number self-declared	4698	4804	4646	4486
Percentage (%) of total sample	85%	87%	84%	81%
CPD Evaluation survey	302	310	298	291

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	Theme A: Communication and patient partnership	Theme B: Knowledge, Skills and performance	Theme C: Safety and quality	Theme D: Professionalism
2020-21 ¹ CPD declared in Theme				
Percentage (%) of total sample	86%	89%	85%	83%

Table 3: CPD involving the four OPS Themes declared 1 October 2019- 26 November 2021

5. It would seem from this self-declared data that osteopaths are getting much more confident with the OPS themes and what activities can be undertaken under each of the Osteopathic Practice Standards themes, with the majority of osteopaths declaring that they have undertaken CPD across all four OPS themes (87%-81% -see Table 3) which is an increase on previous years for Themes A, C and D.² This is positive, as what we say prior to the implementation of the CPD scheme was most CPD declared being undertaken in theme B: Knowledge, skills and performance. Yet most concerns and complaints were arising in relation to Theme A: Communication and patient partnership.
6. We are still seeing that most CPD is undertaken in Theme B of the OPS: Knowledge, skills and performance (4804 osteopaths or 87%, which is similar to the findings of CPD Evaluation Survey 2020-21) but reassuringly this is now much more balanced compared to the other themes suggesting that the other themes are featuring in reflecting on and recording CPD.
7. CPD declared on Theme D: Professionalism is the lowest recorded (4486 osteopaths or 81%) compared to the other three standards, (as we found with the CPD Evaluation Survey 2020-21). Although, it is still significantly high and closer in range to figures for Themes A and C, given that we already know from the CPD Evaluation Survey that there is a greater prevalence for osteopaths to be unsure if they have spent CPD hours on this area (8%). This finding has provided us with a further opportunity to highlight potential CPD in professionalism through a series of case study scenarios and through our work on boundaries.

¹ Total number of respondents for the CPD Evaluation Survey 2020-21 was 350

² (See for example, paragraph 25 of Annex A of the CPD Evaluation Survey Findings 2019 at <https://www.osteopathy.org.uk/news-and-resources/document-library/about-the-gosc/pac-october-2019-item-5a-annex-a-cpd-evaluation-survey-report/?preview=true> which shows that a considerably higher proportion of osteopaths are indicating CPD in the four themes compared to last year.)

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Objective activity

8. Osteopaths declaring that they had undertaken their objective activity has steadily increased over time (3313 osteopaths or 60% - see Table 4). This is a 25% increase on the findings of CPD Evaluation Survey 2020-21, and 36% increase on 2019 where just 24% of the sample had undertaken a CPD activity aimed at receiving objective feedback on their practice as part of their CPD.
9. There is however still room for improvement here and we will continue to promote communication messages, and signpost osteopaths to existing resources for the various objective activities.
10. A significant proportion of osteopaths (2205 osteopaths or 43%) have completed in the first year of their three-year CPD cycle both their objective and communication and consent-based activity. This is important because many osteopaths will find that in undertaking the objective activity they will also be able to meet other aspects of the scheme. This reduces the perception of the burden of the scheme.

	Objective activity	Objective activity and communication and consent activity³
Number self-declared	3313	3025
Percentage (%) of total sample	60%	55%
CPD Evaluation survey 2020-21	123	110
Percentage (%) of total sample	35%	31%

Table 4: Objective activity declared 1 October 2019- 26 November 2021

³ This is a cross tabulation of instances where an objective activity + communication and consent-based activity have both been self-declared by osteopaths in the sample

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Communication and consent-based activity

11. The majority of osteopaths declared they had undertaken a communication and consent-based activity (4108 osteopaths or 75%), which mirrors the findings of the CPD Evaluation Survey 2020-21 where 75% reported having undertaken this CPD activity.
12. This demonstrates that communication and consent is being more clearly cemented into osteopaths' practice (see Table 5).

	Communication and consent activity	Theme A – Communication and patient partnership	Communication and consent activity + Theme A)⁴
Number self-declared	4108	4698	4000
Percentage (%) of total sample	75%	85%	72.5%

Table 5: Communication and consent activity declared 1 October 2019- 26 November 2021

13. When filtering two or more self-declared components we see that 4000 osteopaths or 72.5% (of total sample) have completed CPD in both communication and consent and Theme A: Communication and patient partnership. This is important because we can see from this that the majority of osteopaths are identifying with the connection between Theme A: Communication and patient partnership, and communication and consent.
14. Given the high proportion of osteopaths that have declared that they have done CPD in Theme A (85%), perhaps our communication messages about the connection between Communication and consent-based activities and Theme A: Communication and patient partnership could still be stronger, given that 12.5% of osteopaths have declared CPD in Theme A, but do not see that as their communication and consent -based activity CPD requirement

Peer Discussion Review

15. A small proportion of osteopaths have declared that they have completed their Peer Discussion Review (PDR) (815 osteopaths or 15% - see Table 6).

⁴ This is a cross tabulation of instances where a communication and consent- based activity + Theme A have both been self-declared by osteopaths in the sample

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	Completed Peer Discussion Review (PDR)
Number self-declared	815
Percentage (%) of total sample	15%

Table 6: Completed PDR declared 1 October 2019- 26 November 2021

16. Through our CPD live webinars (where we have been supporting osteopaths with the knowledge and skills) we have been promoting that osteopaths do not have to wait until the very end of their 3-year CPD cycle to start their PDR template and can actually start now and complete each section by section, as they go along on a piecemeal basis.
17. Consequently, some osteopaths that say they have completed their PDR, rather than having completed their whole PDR, may have instead completed sections of their PDR template (either objective activity and/or communication and consent-based activity) based on the numbers when filtering PDR with both these attributes and the work we have been doing on the CPD webinars (see Table 7).

	Completed PDR and objective activity	Completed PDR and communication and consent-based activity	Completed PDR, objective activity and communication and consent-based activity⁵
Number self-declared	520	660	479
Percentage (%) of total sample	9%	12%	9%

Table 7: Completed PDR, objective activity and communication and consent-based activity declared 1 October 2019- 26 November 2021 (data filtering)

18. This also supports the findings from the CPD Evaluation Survey 2020-2021, as here, 14% reported that they planned to complete the Peer Discussion Review section by section as they met the different elements of the scheme.
19. Unfortunately, we did previously experience some technical difficulties with downloading a piece of data from the Integra database, relating to: *Have you identified a peer?* So we have only been in a position to download this data from the beginning of January 2021, but going forward will get a much better picture of this data going forward.

⁵ This is a cross tabulation of instances where a PDR, an objective activity + communication and consent- based activity have all been self-declared by osteopaths in the sample

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	Completed Peer Discussion Reviewer identified (PDR)
Number self-declared	914
Percentage (%) of total sample	17% ⁶

Table 6: Completed PDR declared 1 October 2019- 26 November 2021 NB Data capture only available from January 2021

CPD hours declared

20. In the majority of cases osteopaths self-declared their total CPD hours as between 11- 50 hours (between 2435-3696 osteopaths or 43.5%-67%). The total CPD hours declared in Year 1 in particular is fairly consistent with the CPD Evaluation Survey 2020-21 finding, in which 70% of the respondents indicated that they anticipated completing between 11-50 CPD hours.
21. In the CPD Evaluation Survey 2019 we also predicted that 8% of the register may complete between 1-20 hours in their first CPD year, but this has almost doubled to 15% based on this self-declaration data and is 14% based on CPD Evaluation Survey 2020-21 findings.
22. Perhaps what is most interesting is the 63 osteopaths (1%) that have declared nil CPD hours and the 208 osteopaths (4%) that have declared 1-10 hours of CPD in Year 1 of their CPD cycle. This finding is consistent with the CPD Evaluation Survey 2020-21 results where 4% of osteopaths indicated that they anticipated completing between 1-10 hours of CPD.
23. With only a total of 54 osteopaths declaring CPD hours in Year 3 so far, the patterns that can be inferred here are limited at the moment, but it is positive that no osteopath in Year 3 has declared nil hours and it would appear that most in Year 3 may declare at least 21-30 CPD hours, indicating that osteopaths are distributing their CPD hours across their CPD cycle fairly evenly, as the CPD guidance recommends to osteopaths.

⁶ This percentage is based on the total registration and renewal sample of 5513 osteopaths due to running the data query from 1 October 2019- 26 November 2021

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Number of CPD hours Declared	Total CPD Hours Declared in Year 1		Total CPD Hours Declared in Year 2		Total CPD Hours Declared in Year 3	
None/zero	63	1%	41	0.7%	0	
1-5	64	1%	35		1	
6-10	144	3%	104		0	
11-20	551	10%	376	7%	1	
21-30	1419	26%	1013	18%	8	0.14%
31-40	1184	21%	683	12%	3	
41-50	542	10%	363	6.5%	6	0.10%
51-60	311	6%	256	5%	3	
61-70	179		167		1	
71-80	109		104		2	
81-90	85		106		7	0.12%
91-100	64		65		5	
101-110	57		29		5	
111-120	44		22		3	
121-130	22		26		4	
131-140	26		20		1	
141-150	14		17		1	
151-160	6		14		0	
161-170	9		5		0	
171-180	8		6		1	
181-190	7		7		0	
191-200	12		12		1	
200+	40		37		1	
400+	15		13		0	
Blank (not recorded)	538	10%	1992	36%	5459	99%
Total	5513		5513		5513	

Table 7: Total CPD hours declared 1 October 2019- 26 November 2021

24. We are keen to support osteopaths who have minimal CPD in any particular year to help them comply with the CPD scheme over the three-year period and so this finding does support us to confirm that targeting communications with this group and where appropriate up to 10% of verification and assurance is relevant. (Please note that some osteopaths in this group may be on maternity /paternity leave or sick leave, and so we will be sensitive to ensuring that we communicate effectively to provide support to this group.) Verification and assurance activities will also help to give us more qualitative information about this issue.

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25. In contrast, a total of 715 osteopaths or 13% have ticked every box on the registration and renewal form as completed (that is all four themes of the OPS, objective activity, communication and consent activity and completed their peer discussion review (PDR)⁷).
26. When we look at key components of the CPD scheme according to year osteopaths are into their three- year CPD cycle, we see the majority of osteopaths will tend to declare
- CPD across the four themes in Year 1
 - Objective activity in Year 2
 - Communication and consent- based activities in Year 2
 - Highest difference between Year 1 and Year 2 in OPS themes for osteopaths is in Theme D, suggesting osteopaths appear to be checking what they are missing in terms of mapping to the standards, so ensure a breadth of practice.
 - Osteopaths identifying a peer for their PDR increases with years into the scheme⁸
 - Osteopaths that declare that they have undertaken their PDR is fairly static, despite year into the CPD scheme, perhaps indicating a common misinterpretation

Year in CPD scheme ⁹	Total in each year	Objective activity	Communication and consent activity	CPD in OPS Theme A	CPD in OPS Theme B	CPD in OPS Theme C	CPD in OPS Theme D	Peer identified	PDR Completed
Year 1	4973	3253 (65%)	4030 (81%)	4614 (93%)	4718 (95%)	4563 (92%)	4406 (88%)	891 (18%)	796 (16%)
Year 2	3521	2519 (71.5%)	3036 (86%)	3378 (96%)	3419 (97%)	3358 (95%)	3291 (93%)	894 (25%)	606 (17%)
Year 3	54	53 (98%)	53 (98%)	54 (100%)	54 (100%)	54 (100%)	54 (100%)	50 (92.5%)	47 (87%)

Table 8: CPD declared in Year 1 and Year 2 of CPD scheme 1 October 2019- 26 November 2021

⁷ Have you identified your peer is not included due to the gaps in this field of data

⁸ Gaps exist in this data due to only being able to collect this from January 2021 due to technical issue

⁹ Based on Total CPD hours having been declared in Year 1, Year 2 or Year 3

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Learning with Others

27. The majority of osteopaths in this sample declared 11-50 CPD hours which involved learning with others.
28. When we specifically examine the self-declaration, data based on CPD hours which involved *Learning with Others (LWO)*, we see that this almost doubles the figure for nil CPD undertaken (118 osteopaths in Year 1 or 2%). This would indicate there are a small proportion of osteopaths out there having done some CPD hours 'happily' working on their own (see Table 7). We remain keen to encourage osteopaths to engage with others and so it might be useful to explore further with this group to find out why they have not yet engaged with others and whether we can provide any support to help them to engage with others. For example, there may be implications arising for selection of a peer, Given that:
- Only 8 of 118 osteopaths that declared nil/zero hours involving learning with others in their Year 1 have identified a peer
 - Only 10 of 102 osteopaths that declared nil/zero hours involving learning with others in their Year 2 have identified a peer

But we do need to be cautious with this finding due to the gaps which exist in the peer identified data (NB: this has only been accurately collected from Jan 2021)

29. Between 12 -15% of osteopaths declared 1-10 CPD hours which involved learning with others, depending on which year of their CPD cycle they are in.

Number of CPD hours Declared	Total LWO CPD Hours Declared in Year 1		Total LWO CPD Hours Declared in Year 2		Total CPD Hours Declared in Year 3	
	Count	Percentage	Count	Percentage	Count	Percentage
None – Zero	118	2%	102	1.85%	1	
1-5 hours	203	4%	183	3%	1	
6-10 hours	434	8%	348	6%	0	
11-20 hours	1640	30%	1207	22%	10	0.18%
21-30 hours	1094	20%	690	12.5%	5	0.09%
31-40 hours	627	11%	317	6%	7	0.12%
41-50 hours	340	6%	245	4%	10	0.18%
51-60 hours	182		144	3%	3	
61-70 hours	78		74		5	0.09%
71-80 hours	63		53		1	
81-90 hours	42		41		5	
91-100 hours	39		23		0	
101-110 hours	25		15		2	
111-120 hours	21		16		2	

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Number of CPD hours Declared	Total LWO CPD Hours Declared in Year 1		Total LWO CPD Hours Declared in Year 2		Total CPD Hours Declared in Year 3	
121-130 hours	11		5		0	
131-140 hours	5		9		0	
141-150 hours	4		7		0	
151-160 hours	7		6		0	
161-170 hours	7		3		0	
171-180 hours	4		6		1	
181-190 hours	6		3		1	
191-200 hours	7		7		0	
200+ hours	16		13		0	
400+ hours	1		3		0	
Blank (not recorded)	539	10%	1993	36%	5459	99%
Total	5513		5513		5513	

Table 9: Learning with others CPD hours declared 1 October 2019- 26 November 2021

30. Please note that we do not at present hold sufficient quality data to undertake a cross-tabulation of responses compared to a full set of self-declared protected characteristics because data is of insufficient quality and incomplete. However, we can provide this data in relation to two of the protected characteristics of gender and age in terms of number of years on the Register. We are also undertaking work to get to a point where we can do an analysis of all nine protected characteristics. We have designed a revised and refreshed equality, diversity and inclusion survey and are currently beginning an EDI pilot with the profession and we are in discussions with our IT provider to explore how we might better collate and hold this data and further information about this will be available in due course.

Equality, Diversity and Inclusion: Protected characteristics – Gender and Length of time on Register

31. When we look at key components of the CPD scheme according to gender we can see that:

- A higher proportion of females have completed a communication and consent- based activity than males.
- A marginal higher proportion of males have completed their objective activity compared to females.
- Females are more likely to have undertaken CPD in Theme A and D.
- Females are slightly more likely to have identified their peer for their PDR.

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Gender	Total	Objective activity	Communication and consent activity	CPD in OPS Theme A	CPD in OPS Theme B	CPD in OPS Theme C	CPD in OPS Theme D	Peer identified	PDR Completed
Male	2677 (49%)	1637 (61%)	1954 (73%)	2253 (84%)	2311 (86%)	2222 (83%)	2138 (80%)	417 (15.5%)	411 (15%)
Female	2836 (51%)	1676 (59%)	2154 (76%)	2445 (86%)	2493 (88%)	2423 (85%)	2438 (86%)	497 (17.5%)	404 (14%)
Total	5513	3313	4108	4698	4804	4646	4486	914	815

Table 10: Self- declared elements of the CPD scheme according to gender from 1 October 2019- 26 November 2021

32. When we look at key components of the CPD scheme according to length of time on the Register, we can see that:

- 5% joined the Register in 2021
- Osteopaths on the register between 1-5 years were more inclined to have completed CPD according to the 4 themes of the OPS
- Osteopaths on the Register between 6-20 years were more inclined to have completed CPD across the 4 themes of the OPS and a communication and consent- based activity
- The likelihood of an osteopath having undertaken a communication and consent- based activity appears to steadily increases with the length of time they have been on the Register
- Osteopaths having been registered for 21+ years were more inclined to have undertaken their objective activity
- The likelihood of an osteopath identifying their peer for the PDR appears to increase with time spent on the register.

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Length of time on Register	Total	Objective activity	Communication and consent activity	CPD in OPS Theme A	CPD in OPS Theme B	CPD in OPS Theme C	CPD in OPS Theme D	Peer identified	PDR Completed
Less than a year (2021)	268 (5%)	0	0	1	1	1	1	0	0
1-5 years (2020-2016)	1144 (21%)	654 (57%)	763 (67%)	891 (78%)	917 (80%)	881 (77%)	837 (73%)	167 (14.5%)	195 (17%)
6-10 years (2015-2010)	1189 (22%)	741 (62%)	924 (78%)	1085 (91%)	1118 (94%)	1073 (90%)	1029 (86.5%)	189 (16%)	184 (15%)
11-15 years (2009-2005)	786 (14%)	496 (63%)	620 (79%)	708 (90%)	729 (93%)	704 (89.5%)	663 (84%)	146 (18.5%)	136 (17%)
16-20 years (2004-2000)	1122 (20%)	699 (62%)	919 (82%)	1043 (93%)	1059 (94%)	1018 (91%)	992 (88%)	205 (18%)	150 (13%)
21 years+ (1999-1998)	1004 (18%)	723 (72%)	882 (88%)	970 (97%)	980 (98%)	969 (96.5%)	964 (96%)	207 (21%)	150 (15%)

Table 11: Length of time on register and self- declared components of the CPD Scheme 1 October 2019- 26 November 2021 (NB: Percentages in columns C-J are of the year group totals rather than total 5513 osteopaths)